Wolverhampton Suicide Prevention Resource List

ADDICTIONS
AQUARIUS
Offering a free confidential service to anyone with or affected by someone else’s alcohol, drugs or gambling problems.
1 Connaught Road, Chapel Ash, Wolverhampton, WV1 4SJ
0300 2002 322
wolverhampton@aquarius.org.uk
www.aquarius.org.uk

WOLVERHAMPTON SUBSTANCE MISUSE SERVICE
We help anyone who is concerned about their own drinking or drug use or someone else’s. It only takes one call.
0300 200 2400 (Lines are open 24/7)
talktous@recoverynearyou.org.uk
www.recoverynearyou.org.uk/wolverhampton360

ADVICE
WOLVERHAMPTON CITIZENS ADVICE BUREAU
We help people resolve their legal, money and other problems by providing free, independent and confidential advice, and by influencing policymakers.
2nd Floor, 26 Snow Hill, Wolverhampton, WV2 4AD
01902 572006
district@wcabx.org
www.citizensadvice.org.uk

ALZHEIMERS
ALZHEIMER’S SOCIETY
Working to improve the quality of life of people affected by dementia.
Blackcountryoffice@alzheimers.org.uk
0121 5213020
www.alzheimers.org.uk

BEREAVEMENT
CRUSE (DUDLEY & WOLVERHAMPTON BRANCH)
Offering support after the death of someone close.
01384 262878
dudleywolves@cruse.org.uk
www.cruse.org.uk

CARERS
CARER SUPPORT TEAM
Offers Carer Support Assessments, a carer Emergency card scheme, a carer Aware online training course, benefits advice, support groups and forums, emotional support, information and advice as well as signposting to relevant support services.
01902 553409
Carer.support@wolverhampton.gov.uk
www.wolverhampton.gov.uk/carers

AFRICAN-CARIBBEAN COMMUNITY CENTRE (ACCI)
Social inclusion, confidence building, increased Empowerment and community participation
217 Waterloo Terrace, Newhampton Road East, WV1 4BA
01902 571231
Support@acci.org

CLINICAL MENTAL HEALTH SUPPORT
MENTAL HEALTH DUTY TEAM
For Mental Health Act Assessment, people in crisis, self-Referral - referrals, assessment for respite care/supported housing, or any social care needs
300 Dunstall Rd, Whitmore Reans, WV6 0NZ
01902 553446

POSITIVE PARTICIPATION
Positive Participation is a commissioned provider of Asian mental health services in Wolverhampton. We provide mental health, learning disabilities and direct payments services.
The Bob Jones Community Hub, Bromley Street, Wolverhampton, WV2 3AS
01902 552275/ 07967743803
positivework1@outlook.com

WOLVERHAMPTON HEALTH MINDS
A psychological therapies service for people who are experiencing common mental health problems such as depression, anxiety and stress
0800 923 0222
www.wolverhamptonhealthminds.nhs.uk

EARLY INTERVENTION TEAM
For those who are experiencing a first episode of psychosis, or who seem at risk of going through a first episode of psychosis.
St Johns House, Church Street, WV2 4AT
01902 445386

ONLINE HEALTH AND SOCIAL CARE SUPPORT
WOLVERHAMPTON INFORMATION NETWORK.
This website is for everyone who lives and works in Wolverhampton where you can find all the information and advice in one place about a range of statutory services to support health and social care needs.
01902 553413
infoportal@wolverhampton.gov.uk
http://win.wolverhampton.gov.uk

OLDER PEOPLE
AGE UK
Aims to improve later life for everyone through information and advice, services, campaigns, products, training and research.
House, 93-94 Darlington Street, WV1 4EX
01902 572060
www.ageukwolves.org.uk

DEMENTIA CAFES
07714139678 / 07714139679

WOLVERHAMPTON ELDER ASIANS & DISABLED GROUP
Informal support, advice, companionship, information and group work
16 Temple Street, Wolverhampton, WV2 4AN
01902 448552
elderasians@btconnect.com

VOLUNTARY SECTOR
WOLVERHAMPTON VOLUNTARY SECTOR COUNCIL (WVSC)
WVSC support the development and sustainability of an effective voluntary and community sector
16 Temple Street, Wolverhampton WV2 4AN
01902 773761
info@wolverhamptonvsc.org.uk

CITY OF WOLVERHAMPTON COUNCIL
Wolverhampton Suicide Prevention Resource List

RETHINK - WOLVERHAMPTON
Community based, individual or small group work across the City.
Merridale Lodge, 1 Jeffcock Road, WV3 7AA
01902 779615
www.rethink.org

CREATIVE SUPPORT - WOLVERHAMPTON
Mental Health Floating Support Service offering short term- Housing related support and advice.
Old Boot Factory, 22 Cleveland Rd, WV2 1BH
01902 458797
www.rethink.org

gladson.morrison@creativesupport.org.uk

RELATIONSHIPS
RELATE - WOLVERHAMPTON
Offering advice, relationship counselling by phone and through their website.
346 Newhampton Road East, WV1 4AD
01902 428447
admin@relatewolverhampton.org
www.relate-wolverhampton.org.uk

TRAINING AND SUPPORT
FORWARD FOR LIFE
Offering specialist licensed and tailored training, advice and strategic support in the areas of suicide prevention, wellbeing and mental health.
07585776800
info@forwardforlife.org
www.forwardforlife.org

COMMON UNITY SOCIAL ENTERPRISE
A Health and Social Care organisation specialising in mental health and wellbeing with ‘hard to reach’ communities. Specialist training in suicide prevention, health and well-being.
0121 554 9360 (ext. 4)
caront@common-unity.org
www.common-unity.org

WALK IN CENTRE
Forward for life

THE PHOENIX HEALTH & WALK IN CENTRE
A nurse led Centre that offers on-the-spot treatment and advice for minor health problems, ailments and injuries. No appointment needed.
Parkfield Rd, Wolverhampton, WV4 6ED.
01902 444677

THE SHOWELL HEALTH & WALK IN CENTRE
Fifth Avenue, Low Hill, Wolverhampton, WV10 9ST
01902 446711

YOUNG PEOPLE
ENGAGE YOUTH EMPOWERMENT SERVICE (EYES)
Youth Engagement, information giving, rights and responsibilities, police, probation, service work, literacy, numeracy and discrimination workshops.
3 Market Plaza WV3 0NL
01902 426 650
info@eyes2success.org
www.eyes2success.org

BASE 25
Supports young people in Wolverhampton aged 11 – 25 in shaping their lives with targeted work with under 11’s
Castle House, Wheelers Fold, WV1 1HN
01902 572040
www.youthlink.btck.co.uk

SUICIDE PREVENTION - NATIONAL
THE SAMARITANS
If something’s troubling you, then get in touch. We’re here 24 hours a day, 365 days a year.
Beryl House, 8 Albion Street, DYS 3EE
116 123
jo@samaritans.org
www.samaritans.org.uk

CAMPAIGN AGAINST LIVING MISERABLY (CALM)
A registered charity, which exists to prevent male suicide in the UK.
0800 58 58 58
www.thecalmzone.net
ONLINE WEB CHAT SERVICE ALSO AVAILABLE

PAPYRUS
A registered charity that looks to prevent young suicide up to the age of 35.
0800 068 41 41
www.papyrus-uk.org
pat@papyrus-uk.org

OTHER NATIONAL LINKS// CONTACTS// HELPLINES
MENTAL HEALTH FOUNDATION
www.mentalhealth.org.uk

MIND
0208 519 2122

RETHINK NATIONAL ADVICE SERVICE
0845 456 0455

CENTRE FOR MENTAL HEALTH
0207 827 8300

SURVIVORS OF BEREAVEMENT BY SUICIDE
0844 561 6855

SANE
www.sane.org.uk
08457 67 8000

HELP IS AT HAND
Guide for support after someone may have died from suicide
http://www.nhs.uk/Livewell/Suicide/Document s/Help%20is%20at%20Hand.pdf

NATIONAL SUICIDE PREVENTION ALLIANCE
an alliance of public, private, voluntary and community organisations in England who care about suicide prevention and are willing to take action to reduce suicide and support those affected by suicide.
http://www.nspla.org.uk/