Monday 10 June – **Carers Café at the Lighthouse Media Centre** This is our monthly carers café which runs from 10am till 11.30am on the second Tuesday of every month. Open to all carers and during carers week (10th to 15th June), carers can get 20% off a meal at the café (not including crisps/cake/confectionary) and a cinema ticket for £4.50 with the carer going in free of charge on production of a carers card.

Monday 10 June – **Information Stand at Waitrose** from 2.30pm to 4pm. Pop in for information and advice at the Wolverhampton store.

Tuesday 11 June – **Carers Celebratory Lunch** from 12.00 till 2.00pm at the Nickelodeon, Bentley Bridge Way, Wednesfield, Wolverhampton, WV11 1BP. It’s a carvery lunch and the cost will be as follows: For a small at £4.99, Medium at £5.99 or a large at £7.99. Payment on the day - booking your place is essential by calling 01902 553429/553409

Wednesday 12 June – **Craft Taster: Felt Jewellery/Felt Fascinator** Learn to make felt to create beads or make a fast fascinator. Choose your own colours to make a bracelet or necklace to match your favourite outfit or venture into the art of hat making by creating a small fascinator. Take time for yourself, improve your health and wellbeing, learn a new practical skill and try something fun. At the Maltings, Herbert Street, Wolverhampton, WV1 1NQ from 1pm to 3pm. To book your place call 01902 553429 or email: carer.support@wolverhampton.gov.uk

Thursday 13 June - **Carers Celebratory Lunch** from 12.00 till 2.00pm at The Gatehouse, Donington Grove, Mercury Dr, Wolverhampton WV10 6EE. It’s a ‘two meals for £7.99’ offer. We will go through the meal choices when you call to book. Payment on the day - booking your place is essential by calling 01902 553429/553409

Friday 14 June – **Craft Taster: Fantasy film flower taster** Learn to make a fantasy film flower which can be displayed to catch the sunlight. Design and make your own flower shape and explore your creative flair. Take time for yourself, improve your health and wellbeing, learn a new practical skill and try something fun. At the Maltings, Herbert Street, Wolverhampton, WV1 1NQ from 1pm to 3pm. To book your place call 01902 553429 or email: carer.support@wolverhampton.gov.uk

For more information about any of the above contact Melinder on 01902 553429.

**Carer Support Team, City of Wolverhampton Council**

Carer Support Team Drop in service is at Central Library, Snow Hill, WV1 3AX on Mondays, Wednesdays and Fridays from 10am to 12 noon, Tuesday’s and Thursday’s from 2pm till 4.30pm.

Call: 01902 553409 (9am to 5pm) Visit: [www.wolverhampton.gov.uk/carers](http://www.wolverhampton.gov.uk/carers)

Email: carer.support@wolverhampton.gov.uk Follow us: @WolvesCarers