Atherton Start Well Family Centre

Activity Timetable

From 9th September - 18th October 2019

Part of the Start Well Family Network

Atherton Start Well Family Centre
Tyldesley Linked Site
Mosley Common Linked Site
<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Time</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>The Ark Toddlers</td>
<td>9.15am - 11.15am</td>
<td>Atherton Baptist Church</td>
<td>A stay &amp; play session for children aged 0-5 years £2 for 1 child, £3.50 2 or more</td>
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<td></td>
<td>Mini Explorers</td>
<td>9.30am - 10.30am</td>
<td>Atherton Start Well Family Centre</td>
<td>A lovely interactive session for children 1-2 years</td>
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<td>Swim Tots</td>
<td>10.00am - 10.45am</td>
<td>Howe Bridge Leisure Centre</td>
<td>A fun swim session for ages 0-4 years building water confidence with music &amp; toys</td>
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<td></td>
<td>Level 2 Supporting</td>
<td>9.30am - 12noon</td>
<td>Atherton Start Well Family Centre</td>
<td>A qualification for adults wanting to work in schools</td>
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<td></td>
<td>Skittles</td>
<td>10am - 12noon</td>
<td>Atherton Start Well Family Centre</td>
<td>A well being and confidence building group for adults</td>
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<tr>
<td></td>
<td>Breastfeeding Support Group</td>
<td>10.45am - 12.15pm</td>
<td>St Michael's Primary School</td>
<td>A friendly group for parents who are breastfeeding. Pregnant ladies welcome</td>
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<td></td>
<td>Physibodies</td>
<td>9.30am - 10.30am</td>
<td>Meadowbank Primary School</td>
<td>A fun &amp; physical session for children who are walking - 5 years</td>
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<tr>
<td></td>
<td>Toddler Group £</td>
<td>9.15am - 10.15am</td>
<td>Atherton Start Well Family Centre</td>
<td>A group for children aged 0-5 St Michael's Primary School Registration required</td>
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<tr>
<td>Tuesday</td>
<td>Little Gems £</td>
<td>9.30am - 11.30am</td>
<td>Atherton Evangelical Church</td>
<td>A play session for Parents/ Carers with a child under 4 years</td>
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<td>Healthy Routes 1-1 Support</td>
<td>9am - 12.30pm</td>
<td>Howe Bridge Leisure Centre</td>
<td>Booking required</td>
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<td></td>
<td>Bright Lights Parent &amp; Tots £</td>
<td>9.30am - 11.00am</td>
<td>Atherton Salvation Army</td>
<td>A group for ages 0-5 years</td>
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<td>Gigantic Giants (Ready Steady Play)</td>
<td>10am - 11am</td>
<td>Atherton Start Well Family Centre</td>
<td>A stay &amp; play session for children aged 2 - 4 Years</td>
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<tr>
<td>Wednesday</td>
<td>Childminder Drop In</td>
<td>9.00am - 11.30am</td>
<td>Atherton Start Well Family Centre</td>
<td>A Play &amp; Session for childminders</td>
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<td></td>
<td>Dee’s Tots Kingdom / Little Stars</td>
<td>9.15am - 11am</td>
<td>Atherton Start Well Family Centre</td>
<td>For children 0 - 5 Years £2 for 1 child, £1 for each additional child, Juice and biscuits provided. Atherton Scouts</td>
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<tr>
<td></td>
<td>Physibodies</td>
<td>9.30am - 10.30am</td>
<td>St Michael's Primary School</td>
<td>A fun &amp; physical session for children who are walking - 5 years</td>
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<tr>
<td>Thursday</td>
<td>Credit Union Drop In</td>
<td>8.30am - 9.15am</td>
<td>Meadowbank Primary School</td>
<td>A Stay &amp; Play session for childminders</td>
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<td></td>
<td>Well Baby Clinic</td>
<td>9.15am - 11.30am</td>
<td>Atherton Start Well Family Centre</td>
<td>Come along to get your child weighed and see a Health Visitor, children ages 0-5 years Last weigh in at 11.15am Atherton Start Well Family Centre</td>
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<tr>
<td>Friday</td>
<td>Parent &amp; Child Swimming Lesson £</td>
<td>9.10-9.40 &amp; 10.10-10.40am</td>
<td>Howe Bridge Leisure Centre</td>
<td>A block of fun swimming lessons for ages 2-4 years to gain water confidence Booking Required Howe Bridge Leisure Centre</td>
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<td>Business Bees</td>
<td>9.15am - 11.15am</td>
<td>Atherton Start Well Family Centre</td>
<td>A stay &amp; play session for children aged 0-5 years £2 for 1 child, £3.50 2 or more Atherton Baptist Church</td>
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<td></td>
<td>Level 1 Helping &amp; Working in Schools</td>
<td>9.30am - 11.30am</td>
<td>Atherton Start Well Family Centre</td>
<td>A qualification for adults wanting to work in schools</td>
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<td></td>
<td>Toddler Group £</td>
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<td>Atherton Start Well Family Centre</td>
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<td></td>
<td>Sessions with a £ may have a small charge</td>
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<tr>
<td>Day</td>
<td>Events</td>
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<tr>
<td>Monday</td>
<td>Baby Sensory £ 10am - 11am 6-13 Months 11.30am - 12.30am 0-6 Months 1pm - 2pm 0-13 Months A lovely sensory session for babies ages 0-13 months <strong>Booking Required</strong> - Contact Angela on 07786 442215 Atherton Central Methodist Church</td>
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<td></td>
<td>Freedom Programme 10.00am - 12noon A course that explains violent &amp; abusive behaviour and helps people to change their own behaviour &amp; recognise when they are being controlled <strong>Booking Required</strong> 01942 262270 Atherton Start Well Family Centre</td>
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<td>Young Ones &amp; Young Once Yoga £ 10am - 11am Please book on by following the website: <a href="http://www.ToniMarieYoga.com">www.ToniMarieYoga.com</a> Fit’N’Funky Ladies Gym</td>
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<td></td>
<td>Street Dance £ 5:30pm - 6:30pm Age 8 - 16 Years <strong>Dorset Road Community Centre</strong></td>
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<td></td>
<td>Nagashi Shukokai Karate £ 7pm - 8.30am Classes available for all ages. Contact 07919 810158 for more information <strong>Dorset Road Community Centre</strong></td>
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<tr>
<td>Tuesday</td>
<td>Hag Fold Community Café 11.30am - 2pm £ Pay as you feel Café, come along and try some delicious food, menu varies each week <strong>Dorset Road Community Centre</strong></td>
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<td></td>
<td>Volunteer Training 12.45pm - 2.45pm <strong>Booking Required</strong> Atherton Start Well Family Centre</td>
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<td></td>
<td>Baby Gym 1.15pm - 2.00pm Please contact LWFG to book on 01942 496496 <strong>Atherton Start Well Family Centre</strong></td>
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<td>Baby Massage £ 3.30pm - 4.30pm A block of massage classes for babies aged 0-6months <strong>Booking Required</strong> <strong>Atherton Start Well Family Centre</strong></td>
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<tr>
<td>Wednesday</td>
<td>Health Walk/Daily Mile 10.00am - 11.00am A pram friendly health walk for up to 1 hour, a great way to get into exercise <strong>Meeting at Atherton Start Well Family Centre</strong></td>
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<td>Get it right for you and your baby 5pm - 7pm on 04/09, 02/10 &amp; 06/11/2019 An information session for Ante-Natal parents delivered by Health Visitors <strong>Atherton Start Well Family Centre</strong> Please call 01942 777903 to book your place</td>
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<td></td>
<td>Youth CAF &amp; sports 6:30pm - 8:30pm Age 10 - 16 Years <strong>Atherton Fire Station</strong></td>
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<td>Thursday</td>
<td>Active Adventurers 9.45am - 10.30am A lovely interactive session for children walking to 5 years <strong>St Richards Primary School</strong></td>
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<td>Giggles, Wiggles, Stories &amp; Rhymes 1.30pm - 2.30pm Term Time Only A story &amp; craft session for ages 0 - 5years <strong>Atherton Library</strong></td>
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<td></td>
<td>Ladies Boot Camp £1 Term Time Only Get fit ready for Christmas 5:30pm - 6:30pm <strong>Atherton Start Well Family Centre</strong></td>
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<tr>
<td>Friday</td>
<td>Let’s Talk with your Baby 11.30am - 12.30pm Communication session for babies aged 0-12 Months <strong>Atherton Start Well Family Centre</strong></td>
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<td></td>
<td>Swim Tots £ 11.15am - 12noon A fun swim session for ages 0-4years building water confidence with music &amp; toys <strong>No Booking Required Howe Bridge Leisure Centre</strong></td>
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<td>Fun &amp; Floats Monday, Wednesday, Thursday &amp; Fridays 6.30pm - 7.30pm <strong>Howe Bridge Sports Centre</strong></td>
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<td></td>
<td>Saturday &amp; Sundays 2.30pm - 3.30pm <strong>Howe Bridge Sports Centre</strong></td>
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“When babies’ need for love and comfort are met, they will be calmer and grow up to be more confident”
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<tr>
<td>Monday</td>
<td><strong>Mini Giants Parent &amp; Toddler Group £</strong>&lt;br&gt;9.30am - 11.30am&lt;br&gt;A fun group for ages 0-5 years&lt;br&gt;<em>Kings Church Centre</em>&lt;br&gt;&lt;br&gt;<strong>Fur Clemt @ Tyldesley Site</strong>&lt;br&gt;Wigan’s ‘Real Junk Food’ Project. Join us for drinks, snacks &amp; hot food between 10am &amp; 2pm. Pay as you feel Café.&lt;br&gt;<em>Tyldesley Linked Site</em>&lt;br&gt;&lt;br&gt;<strong>Well Baby Clinic</strong>&lt;br&gt;1.30pm - 3.30pm&lt;br&gt;Come along to get your child weighed and see a Health Visitor, children ages 0-5 years&lt;br&gt;Last weigh in at 3:15pm&lt;br&gt;<em>Dam House, Astley Hall</em></td>
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<td>Tuesday</td>
<td><strong>Mini Giants Parent &amp; Toddler Group £</strong>&lt;br&gt;9.30am - 11.30am&lt;br&gt;A fun group for ages 0-5 years&lt;br&gt;<em>Kings Church Centre</em>&lt;br&gt;&lt;br&gt;<strong>Baby Massage £</strong>&lt;br&gt;9.30am - 10.30am&lt;br&gt;A block of massage classes for babies aged 0-6 months&lt;br&gt;<em>Booking Required</em>&lt;br&gt;<em>Tyldesley Linked Site</em>&lt;br&gt;&lt;br&gt;<strong>Story &amp; Rhyme</strong>&lt;br&gt;9.30am - 10.15am&lt;br&gt;Story &amp; craft session for children 1 Year +&lt;br&gt;<em>Tyldesley Library</em>&lt;br&gt;&lt;br&gt;<strong>Mini Stay &amp; Play</strong>&lt;br&gt;10am - 11am&lt;br&gt;A lovely interactive session for children 0-5 Years.&lt;br&gt;<em>Tyldesley Linked Site</em></td>
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<td>Thursday</td>
<td><strong>Mini Stay &amp; Play</strong>&lt;br&gt;10am - 11am&lt;br&gt;A lovely interactive session for children 0-5 Years.&lt;br&gt;<em>Tyldesley Linked Site</em>&lt;br&gt;&lt;br&gt;<strong>Skittles</strong>&lt;br&gt;10am - 12noon&lt;br&gt;A Well Being and confidence building group for adults&lt;br&gt;<em>Booking required please contact the Start Well Family Centre if you would like to attend</em>&lt;br&gt;&lt;br&gt;<strong>Family Bingo £</strong>&lt;br&gt;7pm - 8.30pm&lt;br&gt;Come and join the fun!!&lt;br&gt;<em>Shakerley Community Centre</em></td>
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<tr>
<td>Friday</td>
<td><strong>Mini Giants Parent &amp; Toddler Group £</strong>&lt;br&gt;9.30am - 11.30am&lt;br&gt;A fun group for ages 0-5 years&lt;br&gt;<em>Kings Church Centre</em>&lt;br&gt;&lt;br&gt;<strong>Place of Welcome</strong>&lt;br&gt;10am - 12noon&lt;br&gt;A relaxed safe place for everyone! A chance to meet new people and find out what’s on in your community. Everyone is welcome - Free refreshments&lt;br&gt;<em><a href="http://www.placeofwelcome.org">www.placeofwelcome.org</a></em>&lt;br&gt;<em>St Georges Church</em>&lt;br&gt;&lt;br&gt;<strong>Family Bingo £</strong>&lt;br&gt;7pm - 8.30pm&lt;br&gt;Come and join the fun!!&lt;br&gt;<em>Shakerley Community Centre</em></td>
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"Play is our brain’s favourite way of learning"

"Looking at your face is the best way for babies to learn. Talking, listening and smiling triggers oxytocin and helps your baby’s brain grow."
CALLING ALL DADS!

Grandads, stepdads, uncles & male carers

We want to get your views for future projects and sessions

Like us on Facebook, let us know what type of sessions you would be interested in attending

www.facebook.com/athertonstartwellfamilycentre

We need YOU!

Research shows that dads spending more time with their children helps them to do better at school and in life!

Wednesday

Mini Maestros
11.00am - 11.45am
A fun musical session for children aged 2 years and up
Tyldesley Linked Site

For all children, the quality of the home learning environment is more important for intellectual and social development than parental occupation, education or income. What parents do is more important than who parents are

Youth Club £
5pm - 6pm 5 - 8 Year Olds
6pm - 7pm 8 - 15 Year Olds
Shakerley Community Centre

Term Time Only

Community Run

Start Well Offer

Sessions with a £ may have a small charge

Thursday

Boys
Ages 14+
5:30pm - 6:30pm
every Thursday at
Atherton Start Well Family Centre
Formby Avenue
Atherton M46 0HX
only £1 per person

Ladies
Boot Camp
Ages 14+
5:30pm - 6:30pm
every Thursday at
Atherton Start Well Family Centre
Formby Avenue
Atherton M46 0HX
only £1 per person

Men and their Children
10am - 10.45am
Dad’s and other male carers and their babies aged 0-6m
Tyldesley Linked Site

Dad’s / Male Carers Group £
10am - 1pm
An informal stay & play session for dad’s / male carers and their children ages 0-5 years
Astley Tot’s Plot

Fun Swim
1.30pm - 2.30pm
Pelican Centre

Saturday

MatCh
Men and their Children
10am - 10.45am
Dad’s and other male carers and their babies aged 0-6m
Tyldesley Linked Site
Astley / Mosley Common Area

Monday

St Ambrose Mums & Tots £9.30 9:30am - 11.30am
Everyone Welcome
Mums, Dads, Grandparents, Carers & Children
St Ambrose Parish Hall

Well Baby Clinic
1.30pm - 3.30pm
Come along to get your child weighed and see a Health Visitor, children ages 0-5 years
Dam House, Astley Hall
Last weigh in at 3:15pm

Tuesday

Moo Music £9.20am - 10am
Crawling to 5 Years
11.20am - 12 noon
From Birth to Crawling
A lovely music session for children from birth to 5 years
Please book on by following the website:
www.bookwhen.com/moo-music-tal
For more information please contact Samantha on
07468488756
Astley Pensioners Centre

Little Angels Parent & Toddler Group £9am - 11.30am
A fun group for children aged 0-5 years
Phone Judith for availability
07505 567 467
St Stephen’s Church

Wednesday

Let’s Talk with your Baby
1:30pm - 2:30pm
Communication session for babies aged 0-12 Months
Mosley Common Community Centre

Thursday

Childminder Stay & Play
Mondays 10.00am - 12noon
Thursdays 9.30am - 11.30am
A stay & Play session for childminders & their childminded children
Astley Tots Plot

Stay & Play £9am - 11am
A session with toys & activities for children aged 0-5 years
Applewood Farm

Friday

Seedlings £9.30am - 11.00am & 1.00pm - 2.30pm
A stay & play session for children aged 0-5 years
Astley Christian Fellowship

Breastfeeding Support Group
10.00am - 11.30am
A friendly group for parents who are breastfeeding. Pregnant ladies welcome
Dam House

Baby Massage £11.30am - 12.30pm
Suitable from birth to crawling
Please book by calling Lynda 07581435504
The Community Room
Dam House, Astley Hall

Saturday

First Kicks Pre-School Soccer
Juniors Kicks 2.5 - 3.5 yrs
9am - 9.45am
First Kicks 18 mths - 2.5 yrs
9.55am - 10.40am
Big Kicks 3.5 - 5 yrs
10.50am - 11.35am
To book, please follow the link:
www.firstkickspreschoolsoccer.com
Beehive Community Centre

Toddler Group £9.30am - 11.00am
A friendly group for children aged 0-5 years
St John’s Church

Grow Baby Sensory Group £9.45am - 10:45am
A friendly group for babies 0 - 12 Months
To book please contact Jamie on 07986 871202
St Ambrose Parish Hall

Beehive Community Centre Café
Thursdays & Fridays
10am - 1pm
Come and join us, 2 courses and a drink for £3
Beehive Community Centre

Parents are children’s first and most enduring educators

Sessions with a £ may have a small charge
A-Z Session Overview

**Active Adventures**
Walking +
Let’s get physical and creative through fun, active games, songs, stories and challenges to develop children’s fundamental movement skills. We will use different themes to guide our activities such as The Circus, Train Ride, Animals. Please wear comfy clothing that you can easily move/be on the floor in.

**Baby Gym**
This session is a unique postnatal exercise program which is aimed at helping mum to recover from the demands of pregnancy and giving birth, getting mum fit and helping to cement the important bond between mum and baby. Each session will help mum to repair weakened muscles, improve posture, flexibility, mobility and overall strength and stamina.

**Breastfeeding Drop In**
A Friendly drop-in group for pregnant ladies and breastfeeding mums offering support and advice.

**Childminder Drop In**
An opportunity for local childminders to meet and share best practice. Also a chance for the children in their care to enjoy some social time, games and stories with their friends.

**Citizens Advice Bureau**
We are here to help and support you in lots of different areas from benefits, debt, housing to law, immigration and lots more!

**Freedom Programme**
Women only
A course that explains violent & abusive behaviour and helps people to change their own behaviour & recognise when they are being controlled.

**Get it right for you and your baby**
An information session for Ante-Natal parents delivered by Health Visitors.

**Gigantic Giants**
(Ready Steady Play)
2 - 4 Years
Come and explore a range of activities which will develop all areas of learning.

**Health Walk — All ages**
A Free Walk — suitable for prams get out and about with our fun, friendly guided health walks! They are a great way to get back into being active.

**Helping & Working in School**
Level 1 & 2
For adults who wish to work within education helping teachers to develop and deliver lessons to children and young adults.

**Ladies Bootcamp**
Adult 16+
Come along and enjoy getting fit!

**Let’s Talk with your Baby**
0 - 12 Months
This session is about helping your baby to develop their communication skills. There are lots of exciting things to do including messy play, tummy time, water play, twinkle lights and making footprints. The session also includes time for parents and carers to chat to each other to share ideas and get support.

**Physibodies**
Walking +
Come along and enjoy some physical fun with your child. This session will help build confidence and skills through using climbing frames & play equipment. £1 per child.

**Physicomes**
Walking +
Come along and enjoy some physical fun with your child. This session will help build confidence and skills through using climbing frames & play equipment. £1 per child.

**Skittles**
A Well Being and confidence building group for adults.

**Story & Rhyme**
1 Year +
Story & craft session at Tyldesley Library

**Well Baby Clinic**
Our Clinics will support, advise and assist you to keep your little-ones healthy and happy. Call in to weigh and measure your baby and to meet your local Health Visitor.

**Baby Massage**
0 - 6 Months
This is a nice way to bond with your baby and learn some relaxing massaging techniques that you can do at home through nurturing touch.

**Baby Gym**
This session is a unique postnatal exercise program which is aimed at helping mum to recover from the demands of pregnancy and giving birth, getting mum fit and helping to cement the important bond between mum and baby. Each session will help mum to repair weakened muscles, improve posture, flexibility, mobility and overall strength and stamina.

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Come along and enjoy some physical fun with your child. This session will help build confidence and skills through using climbing frames & play equipment. £1 per child.

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**Adult Learning**
Various adult learning opportunities please contact Atherton Start Well Family Centre for more information

**Ante-Natal Drop In**
Pregnant mums’ to be can meet our midwife and enjoy all your ante-natal care from the comfort of your local Start Well Centre Booking Essential

**Baby Massage**
0 - 6 Months
This is a nice way to bond with your baby and learn some relaxing massaging techniques that you can do at home through nurturing touch.
Everyone Welcome
All our sessions are open to families in the Atherton, Tyldesley, Mosley Common & Astley areas with a child under 5. All we ask is that you become a member of Start Well. Please see the receptionist at Atherton Start Well Family Centre to fill out a membership form or phone and we will post one out.

Find out how you can access the 30 hours free entitlement!
All 3-4 year olds are entitled to 15 hours per week of free early education and childcare for 38 weeks of the year form the term after their 3rd birthday. From September 2017, qualifying working parents can increase their entitlement of 3-4 year old free childcare up to an additional 15 hours. This is equivalent to an additional 570 hours over the year.

How do I apply?
1. Find out if you’re eligible
2. Set up a Government Gateway account
3. Apply for the extended entitlement and get your 11 digit code
4. Take your 11 digit code to your provider and complete the application process.


Citizens Advice Bureau
If you need support with Benefits, Work, Housing, Debt, Health, Immigration and lots more.
Please contact Ally to book your place on 01942 709709
Did you know... that your child is now entitled to free early education and childcare?

I get 15 hours free childcare every week!

Further support to find a childcare provider of your choice is available at your local Children Centre which is detailed below.

If you receive one of these postcards through your door this means you are eligible for 15 hours free childcare. Please take this postcard to the nursery of your choice and ask them about availability.
Captain Seaweed’s Pirate Park
Atherton Start well Centre, Formby Avenue, Atherton, M46 0HX
A fabulous play area open Monday to Friday 9am - 5pm
For ALL families and children aged under 7

Introducing Solid Foods
For pregnant women and parents with babies up to 6 months old. Course includes support around infant feeding, Breastfeeding and Introducing Solid Foods.

To book a place on a course - Contact Atherton Start Well Family Centre on 01942 486366 opt 2
Health Information

Healthy Start Vitamins
You can purchase your vitamins from:
Atherton Start Well Family Centre everyday
Tyldesley Linked Site - During session times
Mosley Common Linked Site – During session times
Adults - 90p / Children’s Drops - £1.80 or free, if you are in receipt of your green vitamin voucher.

Parent Craft & Breastfeeding Workshops
For more information, please contact the Peer Support Team on 01942 777903

Early Years Worker
Some of the Start Well Sessions are delivered by our Early Years Workers; Nicola and Kelley. They have lots of experience and qualifications in Early Years and a passion for working with children. Their fun sessions focus on encouraging learning & development through play!
You can contact them with any queries or suggestions on their mobiles or by contacting the Start Well Family Centre on 01942 486366 opt 2.

Nicola
Kelley

Health Visitors
We provide advice, support and information to parents to help them make decisions that improve their families future health and wellbeing. Our service is open to all families including children with additional needs. Please see our local offer at www.bridgewater.nhs.uk/healthvisiting Tel: 01942 481018

Healthy Routes
Eat healthier, stop smoking and get more active.
The Healthy Routes team have a drop in session at Atherton Start Well Family Centre every Wednesday 9am - 12.30pm, please call in and have a chat with them.

Midwife
If you need to contact your local Midwife please contact 01942 264004
Between 9am - 10am

Facebook
For regular updates, please visit our Facebook page
www.facebook.com/athertonstartwellfamilycentre
### Venue Addresses

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Contact Details</th>
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<tbody>
<tr>
<td><strong>Atherton</strong></td>
<td>Atherton Start Well Family Centre (ASWFC), Formby Ave, Atherton, M46 0HX</td>
<td>01942 486366 opt 2 or text 07825832685</td>
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<td>Atherton Baptist Church, Tyldesley Rd, M46 9DQ 07783 053175</td>
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<td>Atherton Evangelical Church, Alma Street, M46 0DY 01942 797048</td>
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<td>Atherton Fire Station, Gloucester Street, Atherton, M46 0JT</td>
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<td>Atherton Library, York St, M46 9JH 01942 404817</td>
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<td>Atherton Scouts, Leigh Road, Atherton, M46 0BE 01942 387060</td>
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<td>Atherton St George’s CE Primary School, Derby Street, M46 0HJ 01942 883971</td>
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<td>Dorset Road Community Centre Dorset Road, M46 9GJ 01942 884184</td>
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<td>Howe Bridge Sports Centre, Eckersley Fold Lane, M46 0PJ 01942 870403</td>
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<td>Little Dragons Pre-School, Derby Street, M46 0HJ 01942 883971</td>
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<td>Salvation Army, 6-8 George Street, M46 0EL 01942 888382</td>
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<td>St George’s Church, Elliot Street, Tyldesley, M29 28G</td>
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<td>St Richard’s RC Primary, Flapper Fold Lane, M46 0HA 01942 882980</td>
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<td>The Green Grass Centre, 49-51 Spa Road, M46 9NR 01942 892168</td>
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<td>Kings Church Centre, Upper George St, M29 8HQ 01942 797951</td>
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<td>Pelican Centre, Castle St, M29 8E 01942 882722</td>
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<td>Sacred Heart Primary School, Lodge Lane, Atherton, M46 9BN</td>
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<td>Shakerley Community Centre, Cumberland Ave, M29 8FU 01942 874403</td>
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<td>The Lilford Centre, Lancaster Avenue, Tyldesley, M29 8LN</td>
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<td>Tyldesley Library, Stanley St, M29 8AH 01942 404738</td>
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<td>01942 486366 opt 2 or text 07825832685</td>
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<td>Applewood Farm, Astley Park Way, Worsley M28 1FJ 0161 703 3611</td>
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<td>Astley Christian Fellowship, Manchester Road, M29 7BP 07794060025</td>
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<td>Astley Pensioner Centre, 356 Manchester Road, Astley, M29 7DX 07966 284185</td>
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<td>Astley St Stephen’s Church, Manchester Road, M29 7BP. 01942 883313</td>
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<td>Dam House, Astley Hall Drive, Astley, M29 7TX</td>
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<td>St Ambrose Barlow Church Hall Manchester Road, M29 7DZ 01942 883912</td>
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<td>St John’s Church, Mosley Common Rd, Tyldesley, M28 1AN 0161 790 2957</td>
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