





**Tel: 01553 616200**  
**www.asklily.org.uk**



## **Helping adults in west Norfolk get involved in our community**

-  **Telephone information line**
-  **Online directory**
-  **Lily Advisor home visits**
-  **Community locations**



**in  
good  
company**

in association with



**Norfolk** County Council

Borough Council of  
King's Lynn &  
West Norfolk



**Things to do**

**Housing and care homes**

**Transport and getting around**

**Learning, work and volunteering**

**Health and wellbeing**

**Money matters**

**Care and support for you**

**Advice and advocacy**

**Caring for others**

**Staying safe**

**Childcare and family support**

**Lily in your community**



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