What can Adult Placement Shared Lives do for you?

This leaflet explains what Adult Placement Shared Lives means for people in West Berkshire.

Call us on: 01635 520187

Or come and see us at:
The Phoenix Centre, Newtown Road, Newbury
Berkshire RG14 7EB

How to contact us

Equal Opportunities

If you need this information in a different language, or recorded and spoken aloud, please ask someone to contact the Complaints Manager:

by telephone on 01635 503391

by email on complaintsadultssocialcare@westberks.gov.uk
What is Adult Placement Shared Lives (APSL)?

We can support you to:

- Stay safe and healthy in your home
- Join in activities
- Be independent and to help you to learn and improve your skills
- Help you to make decisions about your own life

We can offer support to any adult with learning disability, physical disability, mental health illness or dementia as long as they meet the criteria for Adult Social Care Services.

How can we help?

We can arrange a placement for you which is the support you get from an APSL carer. There are different kinds of APSL placement:

- Living with the carer in their home
- Day support in the carer’s home or in the community
- A respite break

We would like to help you live an ordinary life, enjoy activities in your community and be part of your carer’s family life.

What support can we offer?

You may need support with:

- Shopping
- Cooking
- Cleaning
- Paying bills
- Day activities
- Religion
- Help with personal care
- Health appointments

Getting the right support

A care manager and someone from the APSL team will talk to you and other important people in your life to find out what support you need.

We will work with you to choose someone who is right for you.

We keep checking to see if the placements are working and the APSL team regularly go out to visit carers and the people they support.

You can help to choose new carers by sitting on our panels.