

**Carers Week 2018**  
Monday 11 - Sunday 17 June



## Carer's Week 2018—What's On Guide



### Monday 11th June, 11am from Sale Sports Club, Clarendon Crescent, M33 2DE

To launch Carers Week, meet us at Sale Sports Club where volunteers from Trafford's Walking for Health will be leading a 45 minute gentle walk to and around Worthington Park.

The walk will be followed by tea/coffee and a buffet which Sale Sports Club are very generously providing. **The buffet will be served at approximately 12:15pm.**

Our team will also be on hand to offer support, advice or even just a friendly ear.

The walk is open to all carers and their loved ones.

**In order to cater for the buffet please let us know if you can join us by calling 0161 848 2400 (option 1)**



### Wednesday 12th June, A Day At Haydock Park Races

Working in partnership with The Jockey Club, a number of free tickets have been offered for carers (and families) to enjoy the races.

Tickets are limited so please book early to avoid disappointment by calling Jo Fowler on 0161 848 2400 or email [joanne.fowler@traffordcarerscentre.org.uk](mailto:joanne.fowler@traffordcarerscentre.org.uk)

We would love to see carers make the most of our events during Carers Week. If you are interested in attending and would like more information call our helpline on **0161 848 2400**.

*"Be  
Our  
Guest"*

### Thursday 14th June, 10:30am - 2:30pm, Tea Party & Pampering, Cresta Court Hotel

You are invited to join us for a Tea Party at Cresta Court Hotel, Altrincham.

Come along and treat yourself to a lovely summer afternoon of tea, delicious cakes, live music, good friends, cooking demonstrations, pampering treatments & information Stalls. Relax as you mingle, chat, & make new friends. Afternoon tea will be served from 12:30pm.

**FREE** goody bag for all carers attending.

Book your place by calling the carers centre on **0161 848 2400** or email [info@traffordcarerscentre.org.uk](mailto:info@traffordcarerscentre.org.uk)

**FUN  
DAY**

### Saturday 16th June, From 9:30am, Re:Love&Care, Stretford Mall

Our charity shop, Re:Love & Care (next to Greggs in Stretford Mall) will be serving up a fun day of activity to celebrate the end of Carers Week 2018.

Meet the team; find out about volunteering; have a go on the tombola; enjoy some free cake and maybe even bag yourself a few bargains!



### Information & Advice Awareness Stands

Our team will be at your local Sainsbury's over Carers Week to offer support, guidance and advice.

Find out what support is available to you as a carer and find out more about our service.

The team will be available between 9:30am - 3:30pm

**Tuesday 12th June - Sale (Welfare & Benefits Advice 10am—12pm)**

**Wednesday 13th June - Urmston (Welfare & Benefits Advice 10am—12pm)**

**Friday 15th June - Sale**

Find us in the foyer

**Sainsbury's**