

Emotional wellbeing and mental health provision for children and young people (birth to 18) in Stoke-on-Trent.

Contact information

CAMHS Tier 1 training:

For any frontline children and young people practitioner

Changes y.p

Tel no: 01782 413355

joanne.changes@yahoo.co.uk

Or www.camhs-stoke.org.uk

Upside on line resource:

For young people aged 11+, parents/carers and frontline practitioners. Information, advice, guidance about child/young people's emotional wellbeing (inc. young people themselves). Fact sheets, on-line 1 - 1 support message boards and access to on line counselling for young people (aged 11- 18)

www.upsideonline.co.uk

(Please note, live element is not 24/7, check for opening hours)

Community Wellbeing groups. Children and young people and parents/carers can self refer, either directly or via the CAMHS hub (aged 8 - 18)

Changes y.p tel no:01782 413355

Stoke and North Staffs CAMHS Central Referral Hub.

For urgent and emergency enquiries and to make referrals for assessment and potential allocation to a care pathway (such as counselling, CBT, trauma and attachment, ASD assessment, parenting programmes, looked after children, Young Offenders, learning disability etc.)

0300 123 0907 press option 4.

Stoke CAMHS webpages.

Contact details for a range of providers and services supporting children and young people with emotional and mental health issues including Third Sector provision. Includes CAMHS Tier 1 Training information and CAMHS Central Referral Hub referral form.

www.camhs-stoke.org.uk

Mind ed

National on line training and information portal for front line practitioners and school staff.

www.rcpch.ac.uk/minded



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