

## Thinking about your future and your independence

Other things that are important for you to start thinking and talking about for the future are:

- How can you start to become more independent?
- What type of job or skills you would like?
- Are you able to travel independently?
- Money that you might need?
- What friends and relationships do you have?
- Where would you like to live?

At the age of 16 specific decision making rights about education health and care plans apply to you directly from the end of the compulsory age. However your rights to make decisions are subject to your capacity to do so as set out in the Mental Capacity Act 2005. If this is confusing, ask an adult what it means.

**The young person's voice is paramount and an Advocacy Service is available to ensure the young person's voice is always heard.**



#580517



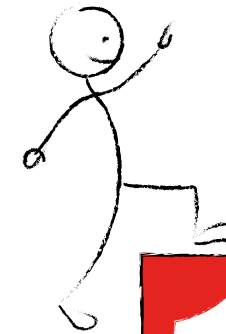
**Stockton-on-Tees**  
BOROUGH COUNCIL

# Pathway to Adulthood

(Leaflet 3)

## Specialist Provision

### Post 16



# 16 to 19+

Planning for  
leaving school and  
moving to Post 16  
Education/Training

## Preparing for your Pathway into Adulthood

As you enter Key Stage 4 it is important that you start to think about your future, your aspirations, the career you want and how you can reach your goals. Stockton Local Authority want to help you with this and set you on the right pathway to achieve your full potential.



## Year 13 - What Happens?

- You will have a review of your Education Health Care Plan (EHCP)
- In the review we will talk about your future plans and whether it is time to move to a new setting. Everyone in the meeting will talk about how your course/training apprenticeship is progressing and if you are enjoying it.
- At this meeting you may discuss your new college or placement and plan for this possible transition.

### Information and Advice:

Talk to your parents/carers or Social Worker.

Talk to the SENCo at your school

Contact Youth Direction 01642 677600

### Useful websites:

[www.gov.uk/careers-helpline-for-teenagers](http://www.gov.uk/careers-helpline-for-teenagers)

[nationalcareersservice.direct.gov.uk/](http://nationalcareersservice.direct.gov.uk/)

[www.preparingforadulthood.org.uk/](http://www.preparingforadulthood.org.uk/)

## Year 12 - What Happens?

- At the Review Meeting you will talk about your hopes and ideas to help you continue with your future plans. Everyone in the meeting will talk about how your course/training is progressing and if you are enjoying it.
- If you are involved or will be involved with Adult Social Care we will start talking about planning what support you may need when you transition into Adult Social Care.

## Year 14 Onwards

- Every year you will have a review of your Education Health Care Plan (EHCP) to see if you are continuing to make academic progress and if you are meeting all of your educational targets.
- We will talk a lot more about your future plans to move in adulthood.

