

Thinking about your future and your independence

Other things that are important for you to start thinking and talking about for the future are:

- How can you start to become more independent?
- What is the type of job you would like?
- Are you able to travel independently?
- Money that you might need?
- What friends and relationships do you have?
- Where would you like to live?



At the age of 16 specific decision making rights about education health and care plans apply to you directly from the end of the compulsory age. However your rights to make decisions are subject to your capacity to do so as set out in the Mental Capacity Act 2005. If this is confusing, ask an adult what it means.

Pathway to Adulthood (Leaflet 2)

Specialist Provision Secondary



14 to 16

Planning for
leaving school



Stockton-on-Tees
BOROUGH COUNCIL

Preparing for your Pathway into Adulthood

Year 9 - What Happens?

- Think about what you want to do in the future when you are an adult.
- Talk to your teachers and parents about your future.
- Have a meeting in school with your teachers and parents.
- Everything will be written down and will help you choose your Pathway.
- This will be known as your Transition Plan.
- You can ask for support and advice to help you with your choices.

Year 10 - What Happens?

- You will have a review of your Education Health Care Plan (EHCP)
- In the review we will talk about 'Preparing for Adulthood'
- Your Transition Plan will be updated
- Your Plan should be used to support you and your family to look at courses and places you would like to go to after Year 11.
- You may go on visits to local colleges or training providers



Information and Advice:

Talk to your parents/carers or Social Worker.

Talk to the SENCo at your school

Contact Youth Direction 01642 677600

Useful websites:

www.gov.uk/careers-helpline-for-teenagers

nationalcareersservice.direct.gov.uk/

www.preparingforadulthood.org.uk/

Year 11 - What Happens?

- You will have a Transition Review
- We will talk a lot more about which college or place you would like to go to when you leave school.
- We can arrange tours and taster days so that you get to know your new placement and the staff
- We will also make a backup plan in case something changes

