2014/15 SHORT BREAKS SERVICE STATEMENT FOR CHILDREN AND YOUNG PEOPLE WITH A DISABILITY

MAY 2015
1.1: What are we doing and why?

Paragraph 6(1) of Schedule 2 to the Children Act 1989 requires local authorities to provide services designed to give breaks for carers of disabled children. Regulations relating to this duty, which came into force on the 1st April 2011, require each local authority to provide a Short Breaks Service Statement so that families know:

- What services are available
- How these services can be accessed
- How the range of services are designed to meet the needs of families with disabled children in their area

Click [here](#) to see the full range of short breaks for 2014/15:

PIPS have been involved in the review of the Short Breaks 2015/16 statement.

For more information call the Short Breaks Team:
Shane O’Neill 0161 474 2561 or Jane Dwyer 0161 474 2562
Email:    shane.oneill@stockport.gov.uk
          jane.dwyer@stockport.gov.uk
1.2: **How are we putting this statement together?**

We have undertaken a wide range of consultation in Stockport around the provision of short breaks to find out what family’s needs are, and how we can meet them through the short breaks. The initial work was undertaken with children and young people with a disability at the start of the short breaks programme and we have continuously gained feedback from young people and their families as the programme has been delivered. All of this information, plus continuous feedback from families and from the providers of the projects has been used to determine projects for the financial year 2015/16.
SECTION 2: DEFINITIONS

2.1:  Definition of Disability (In accordance with the Equality Act 2010)

A person is disabled if:
- They have a mental or physical impairment.
- The impairment has a substantial* and long term* adverse effect on their ability to perform normal day to day* activities.

*Substantial means more than minor or trivial;
*Long term means that the effect of the impairment has lasted or is likely to last for at least twelve months
*Normal day to day activities include everyday things like eating, washing, walking and going shopping.
2.2: Definition of Short Breaks

Short breaks form part of a continuum of services, which support disabled children, young people and their families. Short breaks are provided to give:

- Children and young people enjoyable experiences away from their primary carers, thereby contributing to their personal and social development and reducing social isolation.
- Parents, carers and families receive a necessary and valuable break from their caring responsibilities and to enable them to maintain and improve the quality of care they provide.
There are two main categories of short breaks Stockport provides which are:

**Lower level**
These short breaks are for any child or young person with a disability to access who requires a short break activity. These breaks can be accessed through the short breaks team. A Common Assessment Frame form (CAF) needs to be completed (if there is not one in place already) to ensure the needs of the child or young person can be met on the proposed short break.

**Higher Level**
These short breaks are accessed through the Short Breaks Panel (if funded solely by the council) or Continuing Care Panel (if jointly funded with the PCT) and are for families where there is a greater level of need and complex disability. These families require a tailored package of individual support to be commissioned to meet those needs. These short breaks will consist of a package of one to one support, direct payments or overnight short breaks, depending on level of need.
2.3: Range of Short Breaks

Short breaks can include day, evening, overnight and weekend activities and can take place in the child’s home, the home of an approved carer, a residential or community setting. They come in a range of formats and each one can last just a few hours to a few days, and occasionally longer depending on the type of provision and the needs of the child and their family.
3.1: Stockport Council’s Vision for Short Breaks

The needs of disabled children, young people and their families are at the heart of Stockport’s vision to develop and deliver short breaks. By listening to their needs, aspirations and innovative ideas, we aim to ensure short breaks are available to enable children and young people with disabilities to get out and about having fun accessing activities and opportunities away from their primary carers. In addition we aim to ensure primary carers have a necessary and valuable break from their caring responsibilities. This will be achieved by continuing to develop our short breaks provision and ensuring responsive and timely services that are accessible.

We will continue to develop targeted services to those children and families who have additional needs or require a specialised response.
3.2: **Outcomes**

As part of this consultation, the following outcomes have been identified as being important in relation to short breaks;

Outcomes for: Children and Young people with disabilities

- To make friends and widen their social networks
- To have fun and reach their full potential
- To have a choice of activities to engage in
- To have time away from their families and carers
- To develop social skills, independence and life skills

Outcomes for: Carers and families

- To have time away from caring responsibilities
- To be confident that their children are safe and well cared for
- To access a break so that parents/carers are better able to maintain caring roles
3.3: **Short Breaks Received in 2014/15**

<table>
<thead>
<tr>
<th>Year</th>
<th>2010/11</th>
<th>2011/12</th>
<th>2012/13</th>
<th>2013/14</th>
<th>2014/15</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Level of Short Break</strong></td>
<td>Low</td>
<td>High</td>
<td>Low</td>
<td>High</td>
<td>Low</td>
</tr>
<tr>
<td>Number of individuals children &amp; Young people receiving a short break.</td>
<td>550</td>
<td>307</td>
<td>477</td>
<td>179</td>
<td>448</td>
</tr>
<tr>
<td>Number of overnight short breaks</td>
<td>412</td>
<td>2,132</td>
<td>140</td>
<td>2,401</td>
<td>264</td>
</tr>
<tr>
<td>Number of family based or day care sessional hours provided (1:1 support or Direct Payments).</td>
<td>17,458</td>
<td>54,154</td>
<td>16,168</td>
<td>40,108</td>
<td>9,256</td>
</tr>
<tr>
<td>Number of group based specialist support hours provided (Aiming High funded activities)</td>
<td>8,895</td>
<td>2,149</td>
<td>19,607</td>
<td>554</td>
<td>15,350</td>
</tr>
</tbody>
</table>

**How have I got these figures?**

1. Numbers of children: From the tracker. 332 are the level 2 cases only. Level 3 cases are from Fiona they either have 1:1, DP’s or Overnights. Click here for the tracker.
2. Number of overnights: 44 are from the ASD and Together Trust: 2,170 are ALL overnights funded by social care.
3. Family based or day care specialist: 29,999 – level 2 cases who have 1:1 support or DP’s. 50,134 – level 3 cases who have 1:1 or DP’s. Bit unsure of things such as a level three children who attends MPMO as a result of extra hours awarded at panel and need 1:1 support ie RH. I’ve included these figures such as 5.5 hours at MPMO in this section as it’s 1:1 support.
4. Group based specialist hours: These are All Aiming High hours only – gone through the tracker and highlighted level 2 and level 3 cases; Click here for the tracker. Added up all the level 3 children’s hours: And taken them away from the total number of hours.

* Jane will no doubt want to check these figures herself anyway 😊
**SECTION 4: OUR SHORT BREAKS PROVISION**

### 4.1: Our Short Breaks Provision 2015/16

Below is a table outlining the types and amount of short breaks provided in 2015/16

<table>
<thead>
<tr>
<th>Name of Short Break</th>
<th>Spaces available</th>
<th>Type of Break</th>
<th>Parental Contribution</th>
<th>Age Range</th>
<th>When</th>
<th>Duration</th>
<th>How do you access this?</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASD Youth club (Together Trust)</td>
<td>15 primary 15 Secondary</td>
<td>Weekly Youth Club</td>
<td>£5.00</td>
<td>Primary 5 – 11 Secondary 11-18</td>
<td>Tues 6 till 8 Thurs 6 till 8</td>
<td>2 hours</td>
<td>Contact Aiming High Team</td>
</tr>
<tr>
<td>Aspirations (ASGMA)</td>
<td>Varied</td>
<td>Day Trip</td>
<td>Charge varies depending on activity.</td>
<td>Secondary aged 11 up to 18th Birthday.</td>
<td>School holidays</td>
<td>Up to 8 hours</td>
<td>Contact Aiming High Team</td>
</tr>
<tr>
<td>Leisure for Autism</td>
<td>Up to 8 depending on children’s needs</td>
<td>Day Trip</td>
<td>£15</td>
<td>4 up to their 18th birthday</td>
<td>School Holidays</td>
<td>5 hours</td>
<td>Contact Aiming High Team</td>
</tr>
<tr>
<td>Teenage away Group (TAG) Together Trust</td>
<td>10 per day</td>
<td>Day Trip</td>
<td>£10</td>
<td>11 up to their 18th birthday</td>
<td>School Holidays</td>
<td>5 Hours</td>
<td>Contact Aiming High team</td>
</tr>
<tr>
<td>11 plus Scheme Stockport CP</td>
<td>2 groups of 6 12 young people</td>
<td>Day Trip</td>
<td>£25</td>
<td>11 up to their 18th birthday</td>
<td>School Holidays</td>
<td>5 hours</td>
<td>Contact Aiming High team</td>
</tr>
<tr>
<td>CADS Seashell Trust</td>
<td>Maximum of 9 per day</td>
<td>Group Based Multi-sport</td>
<td>£5.00</td>
<td>5 up to their 18th birthday</td>
<td>Early Summer Late Summer October holiday Christmas</td>
<td>6 Hours</td>
<td>Contact Aiming High team</td>
</tr>
<tr>
<td>Centre</td>
<td>Type of Scheme</td>
<td>Support Hours</td>
<td>Age Range</td>
<td>Holidays</td>
<td>Hours</td>
<td>Contact</td>
<td></td>
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<td>-------------------------------------------</td>
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<td></td>
</tr>
<tr>
<td>MPMP (Edgeley children’s Centre)</td>
<td>Holiday play</td>
<td>£7.50</td>
<td>4 up to 11</td>
<td>Easter, whit, Summer, October, Christmas, February Holidays</td>
<td>5.5 hours</td>
<td>Contact Aiming High Team.</td>
<td></td>
</tr>
<tr>
<td>Castle Hill After School Club</td>
<td>90 Minute session per week</td>
<td>£5.00</td>
<td>Secondary age – Castle Hill School pupils only</td>
<td>Term time only</td>
<td>90 minutes</td>
<td>Contact Pure innovations or School</td>
<td></td>
</tr>
<tr>
<td>Heaton After School Club (Pure Innovations)</td>
<td>2 evenings a week</td>
<td>£3.50</td>
<td>Secondary age – Heaton School pupils only</td>
<td>Term time only</td>
<td>2 hours</td>
<td>Contact Stockport CP or Heaton school.</td>
<td></td>
</tr>
<tr>
<td>Lisburne After School Club (Lisburne School)</td>
<td>Evenings during the week.</td>
<td>£2.00</td>
<td>Primary age – Lisburne School Pupils only</td>
<td>Spring, summer &amp; Autumn term</td>
<td>1 hour</td>
<td>Contact Lisburne school admin for availability</td>
<td></td>
</tr>
<tr>
<td>Lisburne Holiday Club (Lisburne School)</td>
<td>Maximum number of 30</td>
<td>£15.00</td>
<td>Primary age – Lisburne School Pupils only</td>
<td>4 days Easter 6 days Summer 2 days October 2 days Feb</td>
<td>5 hours</td>
<td>Contact Lisburne school admin for availability</td>
<td></td>
</tr>
<tr>
<td>Heaton Holiday Club (Heaton School)</td>
<td>16 places per day</td>
<td>£5.00</td>
<td>Secondary age – Heaton School pupils only</td>
<td>Easter 4 days Whit 4 days Summer 10 days October 4 days February 4 days</td>
<td>5 hours</td>
<td>Contact Heaton School to check for availability.</td>
<td></td>
</tr>
<tr>
<td>Valley School Holiday (Stockport CP)</td>
<td>8 places per day</td>
<td>£10.00</td>
<td>Primary aged – Valley school pupils only</td>
<td>14 days</td>
<td>4 hours</td>
<td>Contact Valley School or Stockport CP.</td>
<td></td>
</tr>
</tbody>
</table>
4.2: Universal Service Provision and the Workforce

Universal services are those services which should be open to all children and young people. In Stockport we have undertaken a lot of work with these services to increase access for children and young people with a disability. (Cath – maybe add a sentence and hyper link to the local offer – I’ll do a bit of work tidying this up this page:: got a few more things that are waiting to be uploaded – will look so much better when open objects enable the adding of buttons).

4.3: Choice

Throughout our consultation, families have told us that they would like choice in the short breaks they access and the way they are provided.

The projects that have been funded to deliver the programme this year span a wide age range, occur at different times of the week, when families tell us they need them most and cater for a varying range of children and young people’s needs.

Families also have a choice as to whether they access direct payments to pay for their own support and activities (where eligible) or they access a service which is already funded.
SECTION 5: SUMMARY

This statement has been developed through Stockport’s Children and Young People’s Disability Partnership. The partnership consists of 14 Targeted services across the council, Community Health Stockport and the Foundation Trust. The named officer responsible for preparing the statement is the Head of Service for Stockport Children and Young People’s Disability Partnership.

The statement will be monitored on a bi-annual basis utilising information that is collected by the partnership in relation to short breaks. A review will be undertaken annually in line with the new commissioning round of short breaks provision. This will ensure that the statement is a live document that informs and in turn is informed by need and service development and delivery.