

Always  
Unique  
Totally  
Interesting  
Sometimes  
Mysterious



ADAPT

After Diagnosis Autism  
Planning Team

## Who are we?

ADAPT are a multi agency team with representatives from;

- CAMHS
- Psychology Service
- Speech and Language
- Behaviour Support Service
- Stockport Inclusion Team
- ASD Team

With parental consent CAMHS, at Stepping Hill Hospital, share information about a child or young person's diagnosis of autism with the ADAPT team.

The ADAPT team meet monthly. A member of the team is allocated to hold a planning meeting, in school, for the child or young person following their diagnosis.



# Why have a planning meeting?

We have a meeting to bring home and school together to create a shared picture and greater understanding of a child or young person's needs.

## Who comes to the planning meeting ?

- Parents
- School's SENCo
- A member of ADAPT

## Getting ready for the planning meeting.

It is useful if home and school can think of ways in which autism affects the child or young person's daily life & bring these thoughts to the meeting.

For example;

- Social interaction and friendships
- Response to new situations
- Diet/ Sleep

Please think about children and young people's areas of strength as well as things they find challenging.





# What happens at the meeting?

The ADAPT facilitator will lead the planning meeting. The information from the CAMHs assessment is shared with school.

We spend time discussing children and young people's areas of strength then consider the impact of autism on their functioning.

These are some of the areas we may discuss:

- Learning
- Communication skills
- Social Skills
- Adapting to new situations/ flexibility
- Self care skills
- Behaviour & emotional health
- Family needs

Through discussion we hope to identify the most effective strategies to support children and young people's individual needs.

If we highlight any areas of unmet need referrals to appropriate services will be suggested.



# What happens after the planning meeting?

- Home and school will receive the planning meeting notes written by the ADAPT facilitator
- If it was agreed that referrals should be made to other agencies the school will be asked to update the child or young person's CAF to initiate these.
- The updated CAF and a copy of the planning meeting minutes should be sent to;

Viv Almond

c/o 8th Floor, Regent House, Heaton Lane,

Stockport

SK4 1BS

The child or young person's progress will be reviewed, by school, within 6 months. Parent and carers will be invited, by school, to attend

