South Glos.
Transitions: 
Housing 2019/20

A Guide for Young People and their Families
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Written and Prepared by Christopher Brodigan & Sharon Biggs from the 0-25 Transitions Team and with input from South Glos. Parents and Carers
Overview

This booklet gives information on the housing options in our Local Authority. It explains housing services and how you can access them.

Our housing pathway wants to help you:

- Move out of the family home (e.g. into supported living)
- For you to live as independently as possible in your own home
- To access short breaks (respite) as a starting point for you to develop your independence.

Help from your social worker

Your social worker can:

- Help search for supported or residential living by contacting the brokerage team.
- Conduct a Care Act Assessment to find out what your needs are and how many hours of support you will need.

It's important to know that a social worker can only look at what’s available at any given time and may have to look outside of your preferred location if they can't find appropriate accommodation for you.

This booklet looks at the resources and provisions available to support you to learn and maintain the skills to live an independent life.

Every Local Authority must follow the NICE (National institute for Health and Care Excellence) guidance. Follow this link to see the guidance given for transitions: https://www.nice.org.uk/guidance/qs140

Further guidance can be found here: https://www.preparingforadulthood.org.uk/downloads/independent-living

Please refer to the Education Guide Booklet for Young People and their families for information regarding college courses that allow students to develop independent living skills, including current residential training facility options.
Establish Housing Pathway

Social Worker identifying support needs

Explore opportunities
1. In own home
2. Moving out

Independent Skills Support/Training

Transition

Link to:
Health
Social / Community Education
Independent Living Skills

**Lifeskills**
Realistic sets where people can learn and practice independent living skills
The Create Centre, Smeaton Road, Hotwells, Bristol, BS1 6XN
Call: 0117 9224511
http://lifeskills-bristol.org.uk/

**South Glos. Youth Housing:**
**Kingswood Training flat**
Mon-Fri 9-5pm. Park View Kingswood.
Block bookings required.
Day support for budgeting etc can be provided.
Contact Lisa Hook
lisa.hook@sgyh.co.uk

Provides social and leisure activities, a range of training events, information sessions and support groups which promotes independent living.
**Address:** Two Mile Hill Road, Kingswood, Bristol, BS15 1AJ
Call: 0117 9614372 or email office@thehiveavon.org.uk

**FACE: Step-Up**
Cooking, gardening, relationships, using money and using public transport for 15-18 year olds.
Mondays 6.30 – 8pm at FACE, term time only. Entry £2
Contact Emma@facefilton.org.uk
Call: 07562 666005

**Square Food Foundation**
**Cooking Connections:** Free cooking groups for adults with few or no qualifications. Focus on cooking from scratch and healthy heating.
www.squarefoodfoundation.co.uk

**Celestine Centre** is a fully adapted property in Yate.
The house has a variety of aids and adaptations all designed to assist disabled people to stay in their own homes. It is used to showcase equipment to potential users and all of the equipment is available to try out, with training also available.
This helps Occupational Therapists to carry out assessments for people to see what equipment and adaptations are best for them.
For more information contact Julie Dowle (Senior Assistant Private Sector Housing Officer, Wed, Thurs, Fri) on 01454 868126 or 07860 181368.
Email: julie.dowle@southglos.gov.uk or joy.jackson@southglos.gov.uk

**Brain in Hand**
**Tailored Software for Increased Independence**
Brain in Hand’s digital support system helps people to identify their own solutions to practical problems, organise their time, and achieve their goals. You can easily track your wellbeing to reassure your supporters and get help when you need it, enabling you to manage your own life more independently. To access Brain in Hand you must find out how much funding you have available to you. You can speak to your Social Worker or funding charity.
www.Braininhand.co.uk
Blackhorse House Supported Living Scheme

For a maximum of six young adults with learning difficulties, this scheme:

- Is supportive and helps you move on into independent living.
- Gives support 24 hours a day, seven days a week with one worker on site and night time cover.
- Has a mix of shared and individual 1:1 support.
- Focuses on developing confidence and independent living skills.

Your social worker will be actively involved in reviewing progress and there is also support from the Transitions Team.

Your social worker will also help you think about where you want to live next.

Whilst living at Blackhorse House, young people will be supported to participate in local opportunities e.g. local colleges, apprenticeships or jobs.

Families are able to visit.

Eligibility criteria

To be eligible to access this supported living scheme, young people must:

- Have a level of learning difficulty and care and support needs that can be met in a supported living environment.
- Have funding agreed for the care and support offered at the scheme and as described in their current Care and Support Plan.
- Have eligible care needs which have been assessed by the Council’s Adult Care Team or 0 – 25 Team in accordance with the Care Act 2014.

For more information contact:

Jackie Richard (Adults Team Manager 0-25 Service)

Tel: 01454 866 191
Supported Housing: In South Gloucestershire 16-25 offer temporary housing for a maximum of two years. They also help young people manage their tenancy by offering a pre-tenancy programme after being successful at an interview. It involves around four sessions looking at tenancy responsibilities, budgeting, furnishing the flat, planning for training, education and getting to know local community. A drop-in service is available for young people who are homeless or at risk of homelessness at their Patchway office: Tuesdays/Thursdays 2-4.30pm.

They offer on-going support to young people from SGS College and Learning Partnership West to help them access and sustain education and training courses or employment.

Southwold House: Southwold House, in Yate provides supported housing for single young people, aged 16-25. It is a medium to low support service, with 10 rooms and is staffed 24 hours. The service provides short-term housing, with support, for young people who are homeless or at risk of homelessness.

Referrals are managed by South Gloucestershire Council Housing access team (Please visit South Glos Council’s website) or email: southglos@1625ip.co.uk

Move On Project: Scheme for anyone who receives a service from 1625ip (in Bristol or South Glos) and is ready to become completely independent.

- Available for up to 3 years
- Close to the city centre
- 3 shared houses for young people and 2 flats (some spaces reserved specifically for young parents)
- You can apply as a group of friends (up to 3 in a group)
- Support with Education, Employment and Training available
- Low cost, rent protected

Email: moveonproject@1625ip.co.uk or phone: 0117 317 8800

Floating Support: Can support people aged 16 to 25 who are vulnerable and living in South Gloucestershire or with a local connection to South Gloucestershire.

Email: HousingRelatedSupport@southglos.gov.uk

For further information contact the South Gloucestershire Floating Support team on 0117 969 1873
This team:

- Offer advice and help for those who are declared homeless or at threat of being homeless
- Looks after the council’s housing register, for people who would like to move to social housing

More information on the housing register (including how to apply) can be found on: https://homechoice.southglos.gov.uk/

Housing wizard: This is an online tool that allows someone to explore their housing options in more detail.
https://homechoice.southglos.gov.uk/EhoWizard/Add
Tel: 01454 868005

Residential & Supported Living

This is long term care for adults or children who stay in a residential setting rather than being with their family or in their own home.

There are various care options available. Your social worker will contact the brokerage team to discuss placements that meets your needs.

Common residential placements are operated by:

- **Milestones Trust**, providing:
  - Supported Living, Residential and Respite (short breaks) accommodation.
  - **Contact Details**: email: referrals@milestonestrust.org.uk, Call: 0117 9709 300 or visit: www.milestonestrust.org.uk.
  - **Downend House**: On-site staff and bespoke support package available. The house has 9 independent self-contained studio apartments over three floors, with a communal lounge, laundry and bike storage.

- **Freeways**:
  - Freeways Trust provides the accommodation
  - Freeways provide the support

- **Brandon Trust**, provide a wide range of person-centred services including:
  - Accommodation with support, nursing support, and tenancy support.
Supported Living

There are many options and variations of Supported Living. It can range from living in someone’s own home, to sharing a house with others. The level of support can range from 24 hour care to a couple of hours a week to assist with maintaining independence, such as housekeeping, paying bills or cooking skills.

Person-centred plans are drawn up between the support provider and the individual, based on their care needs and personal budget.

These service are generally accessed by people over the age of 18yrs.

In South Gloucestershire, some of the main Supported Living provisions are:

**Milestones Trust:** Manages accommodation and support (see page 5)

**Maples:** Maples provide an extensive range of supported accommodation and services for adults aged 18+ within Bristol and South Glos. Our specialist services offer support and rehabilitation for clients with Mental Health and learning difficulties including working with complex needs, Dual Diagnosis, Complex trauma and with clients from a forensic background. [www.maplescare.co.uk](http://www.maplescare.co.uk)

**Brandon Trust:** Supported living (supporting people in their own homes for as many, or as few hours as they need). [www.brandontrust.org/](http://www.brandontrust.org/)

**Smile:** Living support PA service. [www.smilelivingsupport.co.uk](http://www.smilelivingsupport.co.uk) 01454 853199 enquiries@smilelivingsupport.co.uk

**Supported Independence:** Shared housing providing support, aiming to develop independence for individuals to move on to outreach services. [www.supportedindependence.co.uk/](http://www.supportedindependence.co.uk/)

**Aspirations:** Manages Supported Living accommodation. [www.aspirationscare.com/](http://www.aspirationscare.com/)
**Options:** Provides Supported Living, Outreach Support and Group Support for adults with a range of disabilities and impairments to live independently, manage their own tenancy home in all areas around housekeeping. They also provide outreach support, which involves supporting people to access the local and wider community to partake in social and leisure activities away from the home. Lastly, they offer Group support for people to spend time with peers accessing places of interest in and around Bristol.

https://www.optionssupport.com/

**United Response:** Provides a range of support services for adults and young people with learning disabilities, autism, mental health needs or physical disabilities. This includes housing support.

www.unitedresponse.org.uk/

**Dimensions:** Works with individuals, families and professionals to support a personalised and structured transition for people with behaviours that challenge, into adult support services.

https://www.dimensions-uk.org/what-we-do/housing-2/

**Freeways:** Manages accommodation and supported living services.

www.freeways.org.uk/  
or call 01275 372109

**Elim Housing:** The Forecastle: accommodation-based housing related support (ie. managing money, health and safety, finding and maintaining a tenancy), helping residents move on to independent living. The anticipated length of stay is around 9 months and referrals to The Forecastle come directly through South Gloucestershire County Council.

www.elimhousing.co.uk/about-elim/

**Accomplish:** Warmley Court. Acquired brain injury supported living unit.

info@accomplish-group.co.uk
Support and Advice

Down’s Syndrome Association

Information and advice from the DSA on making supported living work for people with Down’s Syndrome. Call 0333 1212 300 for our Helpline (Monday to Friday, 10am-4pm) or visit our website https://www.downs-syndrome.org.uk/?s=housing

Learning Disability England

Offers advice for LDE members
https://www.learningdisabilityengland.org.uk/?s=housing

South Gloucestershire Council

Information about Direct Payments and Personal budgets

Personal Budgets and Direct Payments Booklet:
http://edocs.southglos.gov.uk/download/personalbudgetsanddirectpayments_1274.pdf

My Own Home’ booklet: A guide to housing for people with learning disabilities.

Preparing For Adulthood ‘No Place Like Home’


P3

Offer floating support to enable people to stay in their own home.

Including tenancy and financial advice, via drop-ins, phone/digital support, home visits.

https://www.p3charity.org/get-help/housing
Respite

Respite can support you to adjust to adulthood and get used to being more independent by experiencing a ‘home away from home’, whilst at the same time, giving parents a break from their caring role. To be eligible for respite, you must have an assessment of needs by contacting:

- Children: Access and Response Team (ART) on 01454 866000.
- Adults: The Customer Service Office (CSO) on 01454 868007.

If you have someone who cares for you (this can be your parents or another relative, a friend or a neighbour) they can have a carer’s assessment to find out what support might be available to them. They can contact the Carer’s Support Centre on 0117 965 2200.


South Glos.’s main providers are:

- **Russell House** (access through South Glos Council, up to 18 ½yrs +):
  - [https://www.kids.org.uk/russell-house1](https://www.kids.org.uk/russell-house1)
  - [https://www.kids.org.uk/south-gloucestershire-short-breaks1](https://www.kids.org.uk/south-gloucestershire-short-breaks1)
- **Stibbs House** Milestones Trust (18yrs+)
- **Fairburn** Milestones Trust (18yrs+)
- www.milestonestrust.org.uk or call 0117 9709 300

**Share the Care**

Share the Care is a council scheme that provides regular short breaks for disabled children and young people, including those with learning difficulties, autism and physical impairments. Share the Care Carers are registered foster carers with past experience of caring for disabled people. They provide homebased day care or overnight stays for disabled children and young people aged 0-18 years.


**Ategi: Shared Lives Scheme**

Community based support, living within the homes of Shared Lives Carers for vulnerable people aged 18+. Depending on need, this can be a short term or long term provision. This is suitable for adults with learning disabilities who prefer to live in a family home. Ategi also arrange short breaks and respite in the same ‘family’ setting.

Useful Contacts

**Citizens Advice (statutory):**

Address: South Gloucestershire (Yate) Citizens Advice
Kennedy Way, YATE, South Gloucestershire, BS37 4DQ

Tel: 03444 111 444

[https://www.citizensadvice.org.uk/](https://www.citizensadvice.org.uk/)

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**Department of Working Pensions (DWP), Housing and Local Services:**

[https://www.gov.uk/browse/housing-local-services](https://www.gov.uk/browse/housing-local-services)

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**Well Aware**

Signposting database. Follow this link for Housing related information and support.

[https://www.wellaware.org.uk/find-help-information/](https://www.wellaware.org.uk/find-help-information/)