Child Health Clinics

Come along to get your baby weighed and meet Health Visitors who can provide Support and Advice. (There will be a small play area for the little ones whilst you wait)

MONDAY
Cambridge Road Children’s Centre
1pm – 2.30pm

TUESDAY
Friar’s Children’s Centre
1.30pm – 3.30pm
Hamstel Children’s Centre
1pm – 3pm

WEDNESDAY
Blenheim Children’s centre
1.30pm – 3pm
Summerrcourt Children’s Centre
1pm – 3pm

THURSDAY
Eastwood Children’s Centre
1pm – 2pm
Centre Place Children’s Centre
1pm – 3pm

FRIDAY
Hamstel Children’s Centre
(Every 2nd & 4th Friday in the month)
10am – 11.30am

end of clinic time to avoid disappointment – these clinics are very popular)

@familyaction-southendchildrenscentres