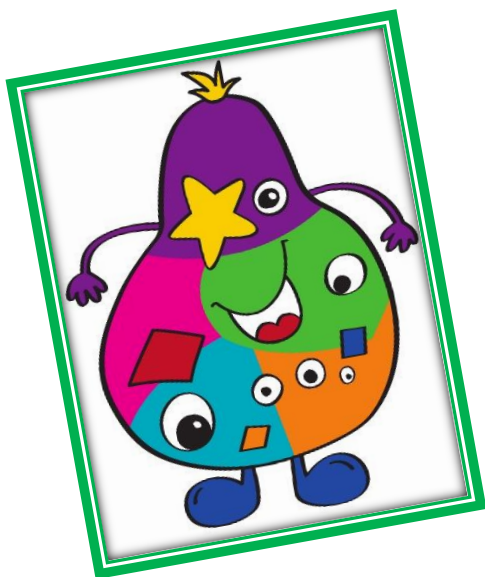


Centre Place Children's Centre

(Weekly Timetable w/c 13.01.20 term time only)

Monday

9.30-12.30 ABSS Speech & Language Talking Walk-in
10.02.20



Tuesday

9.30-11.00 Stay & Play

1.00-3.00 FNP (Family Nurse Partnership) Group support group for young parents, for more information ring 01702 482 866.

1.00-3.00 Family Opportunities Parenting Group

6 weeks term time only, crèche available. Starting 21.01.20-03.03.20, please ring the children's centres to book your place.

9.00-10.15 ABSS Speech & Language Talking Toddlers
14.01.20-11.02.20

10.30-12.00 ABSS Speech & Language Talking Tiddlers
14.01.20-11.02.20



Wednesday

9.00-4.30 Antenatal Midwife Clinic (by appointment only)

9.00-4.00 Postnatal Clinic (by appointment only)

9.30-11.00 Mini Explorers
For new parents to socialise, learn and have fun with their babies (0-12 months), breastfeeding support will be available from trained staff. £1 donation, no need to book just turn up.

9.30-2.30 Community Hub & Social Care

1.00-3.00 ABSS/FA Starting Solids
Information and advice on weaning/starting solids, booking required please ring your children's centre
29.01.20.

Thursday

1.00-3.00 Child Health Clinic
Please arrive no later than 15 minutes before the end of the clinic to avoid not being seen.

12.30-4.00 New Birth Registrations (by appointment only) ring 01702 215 009.

9.00-12.15 EPUT Speech & Language Triage (appointments only) 02.01.20, 16.01.20, 30.01.20, 13.02.20, 27.02.20, 12.03.20, 26.03.20

9.30-12.00 ABSS HENRY
For parents or carers of children aged 0-4 year old, book your place by ringing 07519 109875. 30.01.20-26.03.20 term time only.

9.00-12.00 ABSS/SAVS parent Forum 23.01.20

12.30-3.30 ABSS Speech & Language Talking Walk-in
23.01.20

12.30-3.30 ABSS Speech & Language Face to Face Apt
30.01.20

Friday

9.00-12.00 ABSS Speech & Language 23 Month Check
28.02.20

9.00-12.00 ABSS/SAVS parent Forum 27.03.20

9.00-12.15 EPUT Speech & Language Triage (by appointment only) 03.01.20, 10.01.20, 31.01.20, 14.02.20, 28.02.20, 13.03.20, 27.03.20.

9.00-12.30 Physiotherapy Triage (by appointment only)
17.01.20, 21.02.20, 20.03.20.





Building
stronger
families
150 years

Southend Children's Centres
01702 220810

Centre Place Children's Centre

Stay & Play – A weekly themed activity session for children aged between 0 – 5 years. 1 hour of play followed by a healthy snack and drink. The session is finished with a 10-minute song time. £1 donation per child, no need to book just turn up.

Child Health Clinic – drop-in health clinic to weigh your baby and meet professionals for support/advice. (These clinics are very busy – please arrive at least 30 minutes before the end of clinic time to ensure you are seen).

ABSS Speech & Language sessions require booking please call 01702 880387.

ABSS Work skills events require booking please contact Lucie on 01702 215 022 (Crèche & refreshments available).

ABSS Henry Workshop – This programme provides everything you need to help get your little one off to a great start it covers; parenting confidence, physical activity, what children and families eat, family lifestyle and enjoying life as a family. Booking required please call Patrizia on 07519 109875.

EPEC Being a Parent – 8 week parenting course for more information or to book your place please call 07808 026988 (Crèche available)

Family Nurse Partnership Group – Support Group for young parents for more information please call 01702 482866.

Family Opportunities Parenting Group – This group runs for 6 weeks, term-time only. (Crèche available) Booking is required please call the centres to book your place.

Mini Explorers – A sensory stay & play session for child 0 – 1 years old or just toddling. These sessions are themed and run weekly. £1 donation per child, no need to book just turn up.

New Birth Registrations – by appointment only please call 01702 215 009 or go online.

(All other health services running from this centre are appointment only).

Information about this centre –

Address –

Centre Place Children's Centre
Prospect Close
Southend on Sea
SS1 2JD

Contact info –

01702 220 810 opt 6

Centre Place Children's Centre is located in the heart of the Wood-grange estate. Turning from Woodgrange Drive into Arnold Avenue, then the first right onto Prospect Close.

Follow the bends to the end of the road and you will arrive at the centre (glass fronted building on the right). On street and car park spaces in the surrounding roads available (restrictions may apply).



@familyaction-southendchildrenscentres