Children and young people enjoyed the recent Aiming High Family Fun Day. Find out more on page 8.
Introduction - Jacqui Kerr

Hello

Welcome to the Summer Issue of Aiming High for Disabled Children.

As you read this newsletter, I hope that many of you have enjoyed a varied range of fun May half-term activities with our Aiming High Short Breaks team. I hope you spot yourself or someone you know among the pictures in this issue.

The Para-triathlon for 2017 was a wonderful event enjoyed by many and hopefully we built on the feedback you made at last year’s event. We have dedicated an entire page of this issue to it and I would like to echo the sentiment of Matt Ashton, our Director of Public Health at Sefton Council and say that ‘I never underestimate the challenges faced by young people who take part in events like this’. A huge well done to all young people who took part – you are a credit to Sefton.

Our Local Offer has been live since 2014 but a common complaint has been that children and young people have difficulty using it. With this in mind we have worked with young people to design an app to make the offer easier to both use and contribute to. The app is called the Savvy App and is available via both Itunes and the App Store by typing in Sefton Savvy. A short You Tube clip has been produced that tells the story of the involvement of young people in designing the app – you can find it on the Local Offer by typing Sefton Young People Having a Voice into the search.

OFTSED and the Care Quality Commission (CQC) have recently looked at Sefton with some lovely comments about our fabulous short breaks provision, Springbrook and how together we have implemented the Special Educational Needs and Disability reforms in Sefton. Copies of the reports are available via the Local Offer.

We want to involve you in the shape of services for children with disabilities and have sent a letter out via the local schools to ask how you would like to be involved. I hope as many of you as possible can get involved in some way.

Kind regards

Jacqui Kerr
Service Manager, Family Support

Aiming High youth clubs and Duke of Edinburgh’s Award

The Aiming High Short Breaks Team run seven youth groups across the borough and a Duke of Edinburgh’s Award session each week throughout the school year.

There are currently a number of places available and the team welcomes any interest from young people aged 10 – 19 years old.

These sessions do not have a high staff presence with 4 staff to every 12-15 young people. Aiming High staff provide general supervision and provide opportunities for learning in areas around social and independence skills such as dealing with finances, travel training and cooking.

Young people also have the opportunity to have free time whilst making new friends in a safe and secure environment. They also get to go on outings to places such as restaurants or cinemas in order to enjoy the same everyday experiences as their non-disabled peers.

Two groups are for 10 – 12 year olds and five are for those age 13 – 19 years.

The Duke of Edinburgh’s Award group runs each Sunday at Crosby Lakeside Adventure Centre. The current attendees have just completed practice for their Bronze Award by hiking, map reading, cooking in the open air on camp stoves and then overnight camping in Parbold.

In addition Aiming High also commissions a group at Christ Church Community Centre on a Thursday evening in Bootle and will be developing a further session in the near future to help increase the confidence of those young people, who with a little additional support can learn how to cope with a host of everyday activities.

If you would like to know more about the Youth Groups and feel your young person would benefit from them, please call Aiming High on 0151 288 6811.
Reaching for the Stars with Aiming High

Young people from Sefton with additional needs recently took the yellow brick road to success as they received rave reviews for their theatrical performance of a silver screen classic. Pulled together by Aiming High's own stars, Joanne Pringle and Emily Jones, the Aiming for the Stars musical theatre group took part in a live performance of The Wizard of Oz at Litherland High School's Starry Nights Theatre on 18 February.

Their performance was one of a number hosted by the Shine Theatre School in Netherton – Aiming High’s young people were very proud to be part of a professional and successful show. The appreciation for the performance by Aiming High was hard earned, as young people showed great commitment to attend weekly rehearsals with staff from Aiming High, practice in their own time and work with their families to create outstanding outfits.

Praise for their performance included: “I’m a very proud mum. Thanks for making this happen” “They were fantastic – I did shed some tears but I loved every minute of it” “Wow! I cried my eyes out! So proud of my daughter as she has always wanted this”

Not ones to rest on their laurels, their recent success led to Aiming for the Stars being invited to shine in another dance school show. They have also been invited to take part in a dance festival at Alton Towers during the school summer holiday.

Aiming High has delivered numerous drama and theatre camps, which are always popular and prove to be a great way to build the confidence of young people with special educational needs and /or disabilities.

If you know any children or young people who would benefit from joining Aiming for the Stars or drama camps, contact Aiming High on 0151 288 6811 or by email: aiminghigh@sefton.gov.uk You can also find out more at seftondirectory.com/localoffer and click Being Active and Having Fun.

Aiming for the Stars look the part for their trip to Oz

Aiming High hears from a Hospital Hero

The Aiming High team is very fortunate to work with inspirational young people and their families on a daily basis. One such young person is Kyle Parr, who appeared on CBBC’s Hospital Heroes. Here is what Kyle had to say about his experience at Alder Hey with The Anaesthetist

Hello!

My name is Kyle.

My Mum and Dad took me to the hospital, I was nervous and excited.

When I got to Alder Hey the nurse took me to a room and drew all over my feet. The colour was orange. Then I got a needle in my back ready for the operation to begin. They put my mask on and gave me laughing gas which was funny and made me fall asleep. The doctors took bone from my hip and opened my feet up to put it in there instead. The operation went really well. When I woke up I was really hungry - I had curry and rice and strawberry mousse! Mmmm!!

To see Kyle’s successful encounter with The Anaesthetist, visit the CBBC website using the following link: http://www.bbc.co.uk/cbbc/curations/operation-ouch-hospital-heroes

Once you are on this page, click The Anaesthetist

For more information, contact Emily Jones at Aiming High on 0151 288 6818 or by email: aiminghigh@sefton.gov.uk

Hands up who’s been on the telly!
Together Trust Sefton
social communication & interaction outreach service

The Together Trust has been providing services to children and young people since 1870. Today the charity offers care, support and special education to children, adults and families, with services based in North West England and the surrounding areas.

The Trust is delighted to have been chosen by Sefton Council to work with them to provide outreach support for children and young people who have social communication and interaction needs including autism. They are based at the fabulous L30 Community Centre in Netherton, comprises specialist speech and language therapists, occupational therapists, teachers and behaviour experts. They have access to colleagues who specialise in supporting with sleep and toileting issues too.

Along with colleagues from the Sefton SEN team, they will be running events for parents and families, including coffee mornings/evenings and a series of workshops. Professionals will be invited to attend training sessions and can book consultations to meet with a team member to discuss individual concerns.

Please visit togethertrust.org.uk for more information or contact them at the details below.

Contact Details:
Claire Brogan
Administration Assistant
L30 Community Centre
Stonyfield, Netherton L30 OQS
Tel 0151 330 5996
claire.brogan@togethertrust.org.uk

Aiming High club celebrates Chinese New Year

Children and young people with complex needs made sure that Chinese New Year was welcomed with a bang by the Aiming High Club.

Each year the Aiming High Club has a theme – 2017’s theme is Around the World. Chinese New Year meant that the first stop on their learning tour was an easy one to choose.

To mark the Chinese Year of the Rooster, young people were encouraged to try different foods, and just as importantly, develop their motor skills by using chopsticks. One child who mastered chopsticks took immense enjoyment from the celebratory experience.

To find out more about Aiming High Clubs and the excellent support they provide for children and young people with complex needs, contact Colette Mahon at Aiming High on 0151 288 6811 or by email
aiminghigh@sefton.gov.uk

Autism Friendly Shoe Fittings

Trying on new shoes with children can be stressful and time consuming, often more so if your child has Autism.

The Clarks Shoes store in the New Mersey retail park is helping parents by offering out of hours, Autism friendly shoe fitting appointments on Sundays.

The store opens at 10:30am but appointments can be made between 10am and 10:30am before the store opens, ensuring a more relaxed, quiet atmosphere.

To book an appointment, call the store on 0151 427 6951.
Summer Fun 2017

Excitement is building ahead of a summer of short breaks fun from Aiming High.

The team at Aiming High are busy planning this year’s summer programme.

Evaluations from parents and carers have helped the team to shape this year’s offer so that disabled children and young people can access fun activities in Sefton and beyond.

Popular activities that children and young people can take part in again are science camps, musical theatre, water sports, football, beach rambles and the fantastic Family Fun Days in partnership with Sefton’s Children’s Centres.

New staff have been recruited to help the Aiming High team deliver another blockbuster summer. Before delivering programmes, the new recruits have taken part in a comprehensive training week to make sure they are suitably qualified.

Selection days were held early June and many have already completed and returned their 2017 Care Plans. If you have not yet done this please call the Aiming High Short Breaks team as soon as you can.

If you are aware of a family that does not access Aiming High Short Breaks activities but would like to come to the summer programme or regular weekly activities, encourage them to contact Aiming High using the details below.

All information about Aiming High holiday programmes and our regular weekly activities is available for you to view on Sefton’s Local Offer at: seftondirectory.com/localoffer

As the summer school holiday this year is a full 6 weeks, there will be additional family activities to help you enjoy the end of the break. The team have planned trips to Blackpool Pleasure Beach, Legoland and the Sealife Centre in Manchester.

On Thursday 31 August there will be a Family Celebration Day at Netherton Activity Centre, which will include both indoor and outdoor activities.

If you are not sure if your child or children are registered with Aiming High Team, contact the team on 0151 288 6811 or by email: aiminghigh@sefton.gov.uk

Splash World Quiet Nights!

Quiet Nights swimming sessions are making waves at Splash World in Southport, as children and young people with disabilities and additional needs enjoy dedicated time in the pool with their peers.

A partnership between Splash World and Aiming High, the session cost £6.50 per child / young person, with one carer admitted free – additional carers or family also pay £6.50.

Quiet Nights take place on a Friday, 6.30pm – 8.30pm. The following dates have been confirmed for 2017/18:

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If you would like any further information about these specialist nights, call Aiming High on 0151 288 6811 or Splash World on 01704 537160.
Working parents in Sefton to receive further free childcare

Sefton Council is encouraging working parents in the borough to find out if they are eligible for extra free childcare before it is made available in September.

All parents in the UK are already entitled to 15 hours per week free childcare and learning for their 3 and 4 year olds, but those families where both parents are working or a sole parent is in work, they can access a further 15 hours per week support, taking them up to 30 hours.

To be eligible, each parent must earn the equivalent of 16 hours per week at the national or living wage, and less than £100,000 per year.

Councillor John Joseph Kelly, Cabinet Member for Children, Schools and Safeguarding at Sefton Council, said:

“The provision of extra free childcare will pose significant challenges for some settings in Sefton, while representing an opportunity for others.

What is clear, the offer of extra free support to lessen the costly burden of childcare will be welcomed by many parents, and as a local authority we will do all that we can to signpost them to the right information, so they can make informed decisions.

It is also worth bearing in mind that you may also be eligible if you are on maternity, paternity or adoption leave, or cannot work due to disability.”

Mike McSorley, Head of Schools and Families at Sefton Council, said:

“While the new support for working parents is not available until September, they can check their eligibility now. I advise anyone who thinks they will be eligible to take the initiative and obtain an eligibility code, which they can present at the settings they choose.

“Parents can find local providers using the Sefton Directory. They can choose to place their child or children in more than one setting, whether in nurseries, children’s centres, playgroups, pre-schools or with childminders.”

Working parents can find out if they are eligible and research providers in the Childcare pages of the Sefton Directory: seftondirectory.com/childcare

You can also find out more about the 30 hours support by contacting Sefton Council’s Family Information Service on 0345 140 0845 or by email fis@sefton.gov.uk

Reach for the stars with Presfield Constellation Theatre

Young people with additional needs in Sefton continue to express themselves at a new Aiming High musical theatre group in Southport.

Following the success of the Aiming for the Stars group at Shine Theatre School in Bootle, the new sessions run on Monday evenings at Presfield High School.

Held on 5 June, the first session was warmly received, as children and young people enjoyed fun warm up songs and dance activities.

Young people were asked to give a name to their group and the Constellations Theatre Group was born. They also designed their own t-shirts.

Aiming High’s Joanne Pringle and Emily Jones lead both musical theatre sessions and have expressed great pride in all those taking part.

If you think your child may be interested in these sessions, please do not hesitate to get in touch with Joanne as Aiming High welcome all new faces to the sessions. You can contact Joanne on 0151 288 6819 or by email: joanne.pringle@sefton.gov.uk

Watch out for Presfield Constellation Theatre’s debut performance in the near future.
Bookstart packs to help children to read

**Bookstart** is a programme from the Book Trust that gifts books to children at two key stages before they begin school.

**Bookstart** packs include some excellent resources for children with additional needs, which include:
- **Free Bookshine** packs for parents and/or carers of deaf children up to the age of five — 5 year olds can also receive these packs.
- **Booktouch** packs are provided free to parents or carers of blind or partially sighted children up to (and including) the age of five.
- The **Bookstart Star** pack is aimed at children aged 3–5 years who have disabilities that impact on or delay the development of their fine motor skills and includes books and resources to help families enjoy reading together every day.

You can order these packs via your health visitor or at your local library, which you can find at: [www.sefton.gov.uk/libraries](http://www.sefton.gov.uk/libraries)

Aiming High with positive Ofsted inspection

There was good news for the team at Aiming High recently following a successful inspection from Ofsted. Aiming High successfully met the requirements as set out by Ofsted for their after school programme at Netherton Activity Centre. The Inspector commented that the team were clearly very caring and that the requirement had exceeded expectation.

Richard Potts, Team Leader for the Aiming High Short Breaks team, expressed his thanks to the Leads and the Support Workers who build very positive relationships with young people, making them feel safe, comfortable and able to engage fully in the activities provided by Aiming High.

To find out more about Aiming High’s after school programme, contact the service on **0151 288 6811** or by email [aiminghigh@sefton.gov.uk](mailto:aiminghigh@sefton.gov.uk)

BorrowBox e-lending service

You can now enjoy your favourite e-books and e-audiobooks anytime, anywhere with Sefton Library Service’s new e-borrowing service using the BorrowBox app.

Sefton Library Service is excited to team up with BorrowBox, the UK’s leading library digital borrowing service.

You can download this accessible app on most devices, including the Google Play Store for Android, the App store for iOS, the Amazon app store for the Kindle Fire or simply search for BorrowBox on any search engine.

BorrowBox is not available on standard Kindle devices.

You can browse, borrow and download a title within the app and reserve multiple titles meaning you can enjoy the world’s best authors and your favourite celebrity narrators whenever you like.

Two new features have been added that will appeal to families of children with additional needs.

You can change the size of the text, and use a different font. You can also change the contrast and the colour of the text or the screen background colour.

Bolinda, have also launched a new service via the I-Pad app, called ‘Read To’. This enables any e-book to be ‘read to’ the listener. For those using the e-audio book service it is possible to change the speed of the person reading to you, for those who want to listen at a more relaxed pace.

For more information contact your local library, who you can find at: [www.sefton.gov.uk/libraries](http://www.sefton.gov.uk/libraries)
May Family Fun Day a huge success as families discover Aiming High

May half-term saw another successful short breaks programme come to a close with Aiming High’s latest Family Fun Day.

The fun day took place 2 June at Rowan Park School and was the first in partnership with Sefton’s Children with Additional Needs Network (CWAN). CWAN teamed up with Aiming High in order to give parents and carers an opportunity to meet a number of different services in one place so they could get specialist advice to meet their individual needs.

While there, families also got to enjoy all the activities on offer, many of which were funded by the CWAN network.

For those parents and carers not already involved with Aiming High, this was a great opportunity for them to meet the team and see what is on offer.

Aiming High staff said the day was a great success and hope to do more partnership work in the future.

Despite the unpredictable British weather, over 300 people enjoyed Rowan Adventure Park, as well as a whole host of exciting activities including: the climbing wall; Wheels for All cycles at Litherland Sports Park; the mobile zoo; mobile farm; bouncy castle, arts and crafts and more.

Parents and carers were also provided with information from other useful services and organisations on the day.

Families enjoyed a free lunch courtesy of YKids North Perk social enterprise café in Bootle.

Feedback from families and young people was very positive, with the only complaints reserved for the weather.

While Aiming High Family Fun Days are open to all families of children and young people with SEN and disabilities, to take part in regular school holiday short breaks, families need to register with Aiming High.

To register, contact the service on 0151 288 6811 or by email aiminghigh@sefton.gov.uk

There was great fun indoors too during the Family Fun Day

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Supported Internships at Southport College

Southport College is offering a new programme of supported internships for young people with learning disabilities.

These internships will help students demonstrate to employers the impact they can have as a productive and valued employee.

Employers currently working with Southport College on their internship programme include: Co-op; Asda; Virgin Trains; Pet Warehouse; The Ramada Hotel; Discount Books; NHS Southport; NHS Ormskirk; Thomas Henshaw; Leonard Cheshire Homes; Nazareth House, Bumbles Nursery and The Atkinson.

For more information contact Curriculum Leader at Southport College, Paula Robinson on 01704 392 891 or by email robinsonp@southport.ac.uk

You can also learn more at southport.ac.uk
What’s On at The Atkinson

The Atkinson is Sefton’s premier cultural and community hub. A multi-art form venue, it is open and accessible for anyone to enjoy. Staff at The Atkinson will make children with additional needs feel comfortable in their surroundings and will cater to any specific requirements if asked to do so e.g. borrowing ear defenders during your visit.

If you have specific requirements, call the Atkinson on 01704 533 333.

Events to look out for at The Atkinson include:

**Summer Family Fun**

**Saturday 22 July – Sunday 3 September 2017**

Families and children of all ages are invited to explore a world of culture and travel back to the time of ancient Egyptian pharaohs and see the stories of the sea in the Museum and Galleries. Find out more at: theatkinson.co.uk/whats-on/museums

**The Hairy Maclary and Friends Show**

**Monday 31 July, 1.30pm & 3.30pm**

With music, singing and several of your favourite Hairy Maclary stories, this show is a must see for the whole family. For children aged 2 and above.

**Family Films**

Throughout the holiday season, The Atkinson will be hosting family films for all to enjoy at the fantastic price of £3 per person or an extra ticket free if you book two tickets. Films to watch out for are:

- *Finding Dory* (U), Wednesday 2 August, 2.30pm
- *Sing* (PG), Wednesday 9 August, 2.30pm
- *Jungle Book* (PG), Wednesday 16 August, 2.30pm
- *Beauty & the Beast* (PG), Wednesday 23 August, 2.30pm

**Beyond the Summer holidays**

**KidsFest 2017**

**Saturday 21 October – Sunday 29 October 2017**

Get ready for The Atkinson’s biggest family event of the year – KidsFest 2017! This October half term the annual family fun-fuelled festival returns and is bigger and better than ever.

For more information, call The Atkinson on 01704 533 333 or visit their website theatkinson.co.uk

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**Summer fun at Sefton’s children’s centres**

Another summer means Sefton’s children’s centres will be choc-full of fun things to do for children age 5 years and under with disabilities.

Your young charges can enjoy stay and play sessions, sensory gardens, trips to Rowan Adventure Park and Jake’s Sensory World, craft days, picnics in the woods and more.

Participating children’s centres include Cambridge (Bootle), Springwell Park (Bootle), Litherland, Seaforth, Waterloo, Netherton, Hudson (Maghull), Linaker (Southport), Freshfield (Formby) and First Steps (Southport).

For more information, contact Caroline Roberts at Sefton Carers Centre on 0151 288 6604 or by email caroline.roberts@carers.sefton.gov.uk
Aiming High

Parents and carers of children and young people with additional or complex needs are being encouraged to consider a new safety device that increases their children’s independence while keeping them safe.

The Arc Angel is a simple, discreet device that uses GPS technology and with the touch of a button sends an alert to a dedicated team of trained operators at Sefton Arc, who are on call 24 hours per day, 365 days per year.

If at any point you are worried about the whereabouts of your child or young person, or want to increase their personal safety in their own home, the Arc Angel can give you peace of mind.

The Arc Angel is provided by Sefton Arc, the Security and Healthcare provider for Sefton Council. Sefton Arc also provide a wide range of security services for local residents’ homes and businesses, including: manned emergency responses, 24 hours a day; lone worker support, home sensors and more.

To learn more about the security options available from Sefton Arc, visit www.seftonarc.com or contact the service on 0800 622 6107.

Young people strive for independence with travel training

For young people with additional needs, one of the biggest barriers to independence is simply getting out and about.

The Travel Team at Sefton Council deliver a specialist training programme for young people up to the age of 25 who need practical support using public transport, including those who have physical or learning disabilities.

By helping young people overcome barriers to public transport, they can open them up to opportunities in work, education and training.

Travel Training is tailored to the needs of each individual based on their initial assessment and is offered in groups or one to one.

To find out more about the Travel Training Team and their curriculum, contact Helen and Diane on 0800 073 1767 or by email sefton.travelteam@sefton.gov.uk

Alternatively, you can visit seftondirectory.com/localoffer and click Getting Around.

Have you registered with the disabled children’s database?

By registering your child you will be able to find out about and access a range of useful information and services by receiving a copy of this newsletter directly by email or post to your home.

You can register online at seftondirectory.com/localoffer if you do not have access to the internet ring the Aiming High Family Support Team on 0151 934 3853 / 3828 and they can help you to complete the registration form over the phone or post a copy out to you.
Young disabled athletes from Sefton recently lit up the Waterloo Festival as the sun shone on Crosby Lakeside Adventure Centre.

Taking place on Sunday 18 June, Sefton’s second para-triathlon for children and young people with additional needs saw over 30 competitors swimming, cycling and running through a challenging course. Cheered on by a strong crowd, the para-triathletes run a closely fought contest.

Matt Ashton, Director of Public Health at Sefton said:

“I was really inspired by everyone who took part in the para-triathlon – at Sefton Council we never take for granted how challenging competitive sport can be for children with disabilities.

“I am also really proud of the young people who came along to give them very vocal encouragement on the day.

“During the training programme at Litherland Sports Park, a group of local young people asked if they could use the bikes. Our children were wary of them but the team at Aiming High let them join in on the condition they also took part in the running practice with the group.

“During this period, friendships were forged with these young men and it was a wonderful surprise for the children to see them there to give them very vocal support on the day, and some of them even completed the three disciplines with their new friends.”

Cllr. John-Joseph Kelly, Cabinet Member for Children, Schools and Safeguarding said:

“It is encouraging to see so many of our young people with disabilities pushing themselves to their limits and clearly enjoying comradery with their peers and new friends they have made.

“This event is the only one of its kind in the Liverpool City Region and I look forward to watching it grow and grow and fulfil the ambition to be the youth para-triathlon event for the region”

John Doran of Sefton Aiming High added:

“This is another example of how disabled young people show society what they are capable of. Ability, strength and determination were here in abundance today and we should be proud of them all. I would also like to thank the volunteers from Aiming High and TEAM Sefton, and the organisers of the Waterloo festival for agreeing to let us showcase the athletes’ ability not disability.’

Winners on the day were, Dylan Duke, Over 18 Male, Mild Learning Difficulty (MLD) category; Dan Harden, over 18 Male, Complex Needs category; Jim O’Keefe, Secondary Male, MLD category; Sam Loffthouse, Secondary Male, physical category; Sarah Bricklebank, Female over 18 MLD category and Jess McNally, Female Primary MLD category.

For more information on sporting activities for children and young people with special educational needs and / or disabilities (SEND), contact Sefton Council’s Aiming High for Disabled Children Service on 0151 288 6811 or by email: aiminghigh@sefton.gov.uk

You can find all information for children and young people SEND at Sefton’s Local Offer website: seftondirectory.com/localoffer
Sefton launches app for young people with additional needs

An app has been launched in Sefton to make it easier for young people with additional needs to access useful information.

The Savvy app has been developed by young people with special educational needs and / or disabilities (SEND) for their peers, under the guidance of Sefton Council’s SEN and Inclusion service.

It simplifies the information found on Sefton’s Local Offer website, focusing on the parts that are relevant to young people with additional needs, whether it be enjoying outdoor activity and sport, eating healthy or advice on personal hygiene to name but a few.

The Local Offer website was launched in 2014 as part of the Sefton Directory, and is a comprehensive information portal for families, children, young people and professionals covering all aspects of special needs provision, including education, health and social care.

Created as part of Sefton’s special educational needs reforms, the Local Offer was designed following feedback from families and professionals. It was feedback from young people specifically that has led to the creation of the app.

Adele Hoskisson-Clark, SEN and inclusion policy development officer at Sefton Council said:

“I am really proud of the effort and creativity of our young people in making this project a success, not only creating the app with ... but also playing an active role in creating amazing videos and memories along the way.

“This is only the start of the Savvy app as we listen to the feedback of young people to make it continually adapts to their needs.”

Councillor John-Joseph Kelly, Cabinet Member of Children, Schools and Safeguarding at Sefton Council said:

“When the SEN Reforms took place, we knew that Sefton needed to be at the point where information was easy to access and understand for young people themselves. I believe the Savvy app achieves this and is a testament to the hard work and creativity of our young people and Council staff.

“Now that the app is available, I know that our SEN and inclusion service will be working hard with families and our partners to make sure young people with SEN and disabilities in Sefton make the app a part of their everyday lives”

The Savvy app can be used on all mobile devices, including smartphones and tablets. It can be downloaded free from both Itunes and the App Store by typing in Sefton Savvy.

You can view the Local Offer at seftondirectory.com/localoffer or find out more by calling Sefton’s Information, Advice and Support Service on 0151 934 3334.

Filip aims high through work experience

Filip Jaworski is a young man who recently enjoyed his work experience in the high paced environment of the Aiming High Short Breaks team. This is his story:

During my placement I faced simple administration responsibilities such as creating documents, shredding, scanning, archiving and printing.

I have also taken part in the delivery of activities at Crosby Lakeside Adventure Centre and Bootle Leisure Centre, where I had opportunities to work with younger people who are developing their life skills.

In conclusion I think that working with young or disabled children is very enjoyable as it allows me and other young people to have fun. Overall this placement was very enjoyable and I can honestly recommend it to other people.

To find out more about work experience with Aiming High for Disabled Children, contact the team on 0151 288 6811 or by email

Contact details: Aiming High Team, aiminghigh@sefton.gov.uk 0151 288 6811