

Welcome

Welcome to your local Children's Centre, one of several Centres in Redbridge where families with young children can access activities and support in a range of areas of early family life. If you are expecting a baby or are a parent/carer with a child aged 0 to 4 years (up to 8 with a special educational need and/or disability (SEND)), your local Children's Centre is ready to help.

This timetable is for **Thackeray Drive CC** (open Monday to Friday – 8.30am to 4.30pm), **All Saints** and **Chadwell CCs** which are open only when sessions are running.

Thackeray Drive CC, Thackeray Drive, Chadwell Heath, RM6 4RE

All Saints CC, All Saints Church, Goodmayes Lane, Goodmayes, IG3 9PB

Chadwell CC, Keith Axon Centre, Grove Road, Chadwell Heath, RM6 4XB

☎ **020 8708 5800**

✉ thackeraydrivecc@redbridge.gov.uk

🌐 find.redbridge.gov.uk/thackeraydrivecc

Booking and attending sessions

Some sessions must be booked in advance while some you can just drop in on the day.

To **book a session** please contact the Centre by phone or email. When attending please arrive 5 minutes before and no later than 10 minutes after the start time as late arrivals may be refused entry.

Due to limited spaces at our **drop in sessions** we advise families to arrive 10 minutes before the start to avoid disappointment. Places are allocated on a first come, first served basis.

Have your say

Your views and experiences of the centres helps us to shape the services we provide. Share your thoughts by joining the Parents' Forum, complete our satisfaction surveys or talk to a member of staff.

Safeguarding

All staff at Redbridge Children's Centres are committed to ensuring that all children are safe and happy. If you are worried about a child's safety it is important to tell someone. Talk to a member of staff or contact the [Redbridge Child Protection Team](#) on 020 8708 3885.

Further information and support

Family information, advice and support

Families Information Direct (FiND)
0800 587 7500 or 020 8708 8920

find.redbridge.gov.uk

Leisure

www.vision-rcl.org.uk

Libraries and activities

www.redbridge.gov.uk/libraries

Health services

www.nelft.nhs.uk/services-redbridge

Activities and library services

www.redbridge.gov.uk/libraries

Back to work support

www.redbridge.gov.uk/jobs/work-redbridge

Adult learning and training

Redbridge Institute
020 8550 2398 | www.redbridge-iae.ac.uk

General Council queries

Council Customer Contact Centre
020 8554 5000 | www.redbridge.gov.uk



Thackeray Drive, All Saints' and Chadwell Children's Centres

Sessions and activities for Spring Term 2019



**Baby and
Toddler
Sessions**

**Early
Education
and Childcare**

**Child
Development
and School
Readiness**

**Health
Services for
You and
Your Baby**

**Parenting
Advice and
Support**

**SEND
Provision**

**Counselling
and
Well-being**

**Work and
Training
Opportunities**

**Welfare
Benefits
Advice**



MONDAY

Book Corner (4 week course) @ Thackeray Drive
14 Jan to 4 Feb
9.30am to 10.15am (Call to book)
For children 18months to 4 years
 Helping your child to build the foundations to reading by boosting their communication, concentration and imaginative play.

Little Stars (Indigo) @ Thackeray Drive
Term time only
10.00am to 12.00pm (call to book)
For children 0 to 4 years with additional needs
 Support for children with a developmental delay and/or additional needs and an opportunity for parents and carers to meet

Creative English @ All Saints
Term time only
1.00pm to 2.30pm (Drop in)
For adults (talk to staff about crèche)
 Learn English in a fun way to help you to speak English every day

Brilliant Boys (6 week course) @ Thackeray Drive
7 Jan to 11 Feb
25 Feb to 1 April
1.30pm to 3.00pm (Call to book)
For boys from 2 to 4 years
 Fun and interactive sessions exploring new ideas that support boys development.

Benefits Advice Session (DABD) @ Thackeray Drive
2.00pm to 4.00pm (Call to book)
Available 1st & 3rd Monday each month
For parents/carers
 Advice on benefit entitlement and support to complete applications.

TUESDAY

Childminders Group @ Thackeray Drive
9.00am to 11.00am
15 Jan & 26 Feb
 For registered childminders and their children

Book Corner (4 week course) @ Thackeray Drive
5 March to 26 March
9.30am to 10.15am
For children 18months to 4 years
 Helping your child to build the foundations to reading by boosting their communication, concentration and imaginative play.

Baby Massage @ Chadwell
10.00am to 11.00pm (call to book)
15 Jan to 12 Feb
For babies 6 weeks to 6 months
 Learn how to massage your baby for relaxation and health benefits. Baby massage promotes bonding and a nurturing touch.

Stay & Play with Precious Smiles Pre-school @ All Saints
Term time only
8 Jan to 5 Feb | 19 Feb to 19 March
11.30am to 12.30pm (Drop in)
For children 2 to 4 years
 A pre-school led session providing a variety of play activities and opportunities for parents and children to socialise

Busy Babies @ Chadwell
During school holidays, will be at Thackeray Drive
Term time only
1.30pm to 2.45pm (Drop in)
For babies from birth to crawling
 Support your baby's early development through discussion and sensory play opportunities

WEDNESDAY

Chatter Matters (6 week course) @ Thackeray Drive
9.30am to 11.00am (call to book)
9 Jan to 13 Feb
27 Feb to 3 April
For children 18 months to 4 years
 Fun activities that supports your child's speech and language development.

Family Support and Advice @ Thackeray Drive
(Call to book an appointment)
9.30am to 10.30am
Parents of children 0 to 4 years
 For support and advice on all aspects of family life including free education and childcare for 2,3 and 4 year olds.

Volunteer Opportunities @ Thackeray Drive
11.00am to 12.00pm (call to book)
 For adults who would like to be a Volunteer within our Children's Centres.

Parents' Forum @ Thackeray Drive
30 January only
2.00pm to 3.00pm
For more information talk to a member of the CC staff
Limited crèche available
 "Your Voice Counts" come along and share your views and be a part of the ongoing development of our centres.

THURSDAY

Family Support and Advice @ Thackeray Drive
(Call to book an appointment)
9.30am to 10.30am OR
2.00pm to 3.00pm
Parents of children 0 to 4 years
 For support and advice on all aspects of family life including free education and childcare for 2,3 and 4 year olds.

Parent Led Stay & Play @ Chadwell
Term time only
10.00am to 11.15pm (Drop in)
For children walking to 4 years
50p charge per session
 A parent-led session providing a variety of play activities and opportunities for parents and children to socialise

Child Health Clinic @ Thackeray Drive
2nd & 4th Thursday of every month (Appointment only)
1.00pm to 3.00pm
Please call Seven Kings Health Centre on 0300 300 1579, option 2 to book
 An opportunity to speak with Health Improvements Officers, have your child weighed and discuss further health issues and queries

Baby Feeding Café @ Thackeray Drive
1.30pm to 3.00pm (Drop in)
For mothers and babies
 Join us for a drink and a chat whilst we answer any questions you have about feeding your baby from breast, bottle as well as starting solid food

FRIDAY

Talking Therapies @ Loxford
2nd Friday of each Month
9.00am to 4.00pm (Appointment only)
For Redbridge families
Please ring Loxford CC on 020 8514 3128
 Are you feeling stressed, anxious, depressed or experiencing low mood? We are working together with Redbridge IAPT to support families through free and confidential talking therapy support

Stay & Play with Precious Smiles Pre-school @ All Saints
11 Jan to 8 Feb | 22 Feb to 22 March
9.15am to 10.15pm (Drop in)
For children 2 to 4 years
 A pre-school led session providing a variety of play activities and opportunities for parents and children to socialise

Workshops @ Thackeray Drive
9.30am to 10.30am (call for more info)
 On various issues such as:
 • Toilet Training
 • Oral Health
 • Health/Fussy Eating

Baby Massage @ Thackeray Drive
11.30am to 12.30pm (call to book)
8 March to 5 April
For babies 6 weeks to 6 months
 Learn how to massage your baby for relaxation and health benefits. Baby massage promotes bonding and a nurturing touch.

Consultation for Parents on Children's Centres re modelling
18 January only | 1.00pm to 3.00pm
 Call for more information

Bollywood Fitness @ All Saints
Term time only
1.30pm to 2.30pm (drop in)
For parents with 1 child only (limited crèche)
£3.00 per session or £10.00 for 4 sessions
 Be active, get fit and have fun with your child in this dance based session

Booked session: please arrive 5 minutes before and no later than 10 minutes after the start time as late arrivals may be refused entry.

Drop in sessions: please arrive 10 minutes before the start to avoid disappointment as spaces are limited and allocated on a first come, first served basis.