

# Winter Watch

Keep Warm and Well this Winter

## Are you struggling to stay warm this winter?



### Did you know that a cold home can lead to serious health problems for you and your family?

This winter if you are a Reading resident on a low income and are over 60, have very young children, or have a disability or health concerns, you could qualify for help from Winter Watch with

Home energy checks

Advice on your bills

Insulation & draught exclusion

Temporary heaters/ de-humidifiers

Emergency support to keep warm

**For more information call: 0118 937 3747**

email: [winterwatch@reading.gov.uk](mailto:winterwatch@reading.gov.uk) or visit us at: [www.reading.gov.uk/winterwatch](http://www.reading.gov.uk/winterwatch)