What’s happening in the North Reading Children’s Centres

All families with children aged 0–5 who live in the North Reading area, are welcome to attend these groups, sessions and courses. Information on the activities is detailed on the reverse of this timetable. Some activities are not run by the Children’s Centre and parents and carers are advised to check whether the groups suit their needs before attending. If you require further information contact 0118 937 2575 and speak to a member of the team.

Valid from 5th June to 21st July

<table>
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<tr>
<th>Term Time Programme</th>
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<tr>
<td><strong>Monday @ Caversham</strong></td>
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<tr>
<td><strong>Well-baby Clinic Drop in</strong></td>
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<td>(0-5yrs) 9.30-11.15</td>
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<tr>
<td><strong>Bumps, Babes &amp; Breastfeeding</strong> (Under 1yr) 9.30-11.30</td>
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<tr>
<td><strong>English/Maths Workshop</strong> (crèche provided) 12.30-2.30</td>
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<tr>
<td><strong>Speech &amp; Language drop in</strong> (0-5yrs) 9.30-12.00</td>
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<td><strong>6th June &amp; 4th July F.A.M.I.L.Y Drop in</strong> 1.00-2.00pm Functional life skills, Ability, Mental Health, Individual needs, Learning Support, Your Voice, Your Group</td>
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<tr>
<td><strong>Benefit, Housing, &amp; Benefit CAP Advice Drop In</strong> Wednesday 5th July</td>
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Heartbeeps
Highly interactive and stimulating music and multi-sensory classes for babies and pre-school children. We turn the environments into colorful, tactile 'wonderlands' using clever state of the art music production, original songs, sound and lighting effects, puppetry, innovative props and a vast array of other multi-sensory techniques. Each class is set to a soundtrack, with bespoke music written by Hartbeeps. Classes are £6 pay as you go or £5.50 per class if you book for the term. For more information contact Rachel on rachel@hartbeeps.com or 079 212 35678. (This is group is run by an external partner)

Baby MAD Academy
This is a 35 minute class £5 Pay as you Go. It is for babies of 3 months old to walking. (This is group is run by an external partner)

MAD Academy
These music and dance sessions are full of energy and fun. They encourage children to develop their physical and creative skills whilst gaining confidence in their own abilities. These sessions are run by an external partner suitable for walkers to 4 years.

Speech & Language drop in
See a Speech and Language Therapists at this drop-in session. There is a limited number of slots available on a first come first serve basis. Please arrive early to avoid disappointment. Dates are 6th June, 20th June, 4th July, 18th July

Come & play with Rangers
Activities to support school readiness skills Through planned art and craft activities including cutting, sticking, play dough, drawing and painting, as well as storytelling, making relationships, communication skills, dressing up and role play, physical skills.

Lily-pad Group
Lily-pad welcomes babies and pre school children with their parents, grandparents or carers. Come and enjoy a range of activities including messy play, craft, stories and singing. Drop into a warm friendly and fun environment. A snack and a drink is provided for everyone. Donations welcome. (This is group is run by an external partner)

English, Maths and Caring for Children
Please contact the Children Centre if you are interested in attending any of our courses.

Benefit , Housing and Benefit CAP
Advice and support drop in for all on benefits, housing and the benefit CAP. Please contact the children centre to book.

F.A.M.I.L.Y Drop in
Working with Reading Family Forum to support families with a child or parent who have an additional need for example emotional, behavioural, anxiety plus more. Speakers are invited to offer support at these sessions.

Bumps, babes, beyond & breastfeeding
A group for mums-to-be, parents, carers and babies under 1 year old. Come along and meet others in the area, while your little one enjoys the toys chosen specifically to encourage their development. The Breastfeeding Network will be available to discuss any concerns you may have with breastfeeding and help support your needs.

Well Baby Clinic
The health visiting and children centre teams are on hand to support you with any concerns or worries you have in relation to you and your family’s health, or development. All welcome. You can also get your babys/toddler weighed here.

Messy play
This session encourages children to come and explore their creative side through planned art and craft and messy fun activities like shaving foam, gloop, jelly and water play.

Heartbeeps
North Reading Children’s Centre
St Barnabas Road, Emmer Green, RG4 8LN
Tel: 0118 9372575
www.reading.gov.uk/servicesguide

Caversham Children’s Centre
114 Amersham Rd, Caversham, RG4 5NA
Tel: 0118 9372575
www.reading.gov.uk/servicesguide