EP Consultation Service
September 2019 – July 2020

Between 1:00 - 4:00 pm
CITY CARE CENTRE
Thorpe Road, Peterborough, PE3 6DB

- 17 September 2019
- 15 October 2019
- 12 November 2019
- 10 December 2019
- 7 January 2020
- 4 February 2020
- 3 March 2020
- 21 April 2020
- 12 May 2020
- 9 June 2020
- 7 July 2020

To book an appointment please call 01733 863689
Bookings taken one month in advance only
**Is the Consultation Service for you?**

Do you need to talk about:
- Bullying?
- Fears and anxieties?
- School problems?
- Bereavement?
- Troublesome behaviour?
- Friendship problems?
- Stress?
- Difficulties with school work?
- Emotional issues?
- Self-esteem or any other difficulties?

Have you discussed your concerns with key staff in school, college or the Early Years setting?

Would you like help to think about solving the problem?

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**What is an Educational Psychologist (EP)?**

EPs are trained psychologists who work alongside children, young people and significant adults in their lives including parents/carers and other professionals such as teachers. We offer advice on a wide range of issues which affect wellbeing and life chances.

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**Aims of the Consultation Service**

- To give you time and space to reflect on the issues and consider ways in which you can help to move things forward.
- Children and school aged young people should not attend the appointment.
- As a young person, over the age of 18 and in education, you are welcome to attend, with or without a parent / carer or advocate.
- You may also find it helpful, if a member of staff from the educational setting, another involved professional or friend/relative could accompany you to the consultation service.
- We will prepare a written record of our conversations and give you a copy. We would not share this information with other professionals unless we have your permission or we considered the child or young person may be in danger. We will take some details from you when you book via telephone.

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**Feedback from service users**

‘I had some practical strategies to try and also felt I could get my worries into proportion.’

‘Very interesting and very enlightening. Helpful.’

We will continue to ask for your feedback to help us to continue to offer a responsive service that meets with the needs in the community.