A step by step guide to help and support you prepare your plans for your future.

You should get help to make your Health Action Plan. For more information ask any health professional involved in your child’s care or ask at the review.

School Review Year 10

Everyone involved in planning your future is invited to your ‘Review’ (this should be a Person Centered School review).

Your ideas and all new actions are written into your ‘Transition Plan’. This is an opportunity to review your Person Centered Plan.

If you have a Transition Social Worker they will help to plan your future.

Benefits

You need to have your benefits reviewed at 16. You may be eligible for other benefits if you are eligible for DLA. You may want to find out about Court of Protection (visit Directgov-Government, citizens and rights). Now is the time to get a bank account.

School Review Year 11

Everyone involved in planning your future is invited to your ‘Review’ (this should be a Person Centered School review).

This is the time to review your Person Centered Plan to help you think about your future after school e.g. where you will live, about your choices about work, training, leisure and social activities.

For more information see ‘Transition Matters, A guide to transition to adulthood’ by Oxford Family Support Network visit www.oxfsn.org.uk.

Health Care Support

For support after you are 18:

You may be referred for an ‘Adult Continuing Care Assessment’. This is different from the ‘Children’s Continuing Care Assessment’.

If you have ongoing health needs your health team will support you to help you plan the future. You could also review your Health Action Plan now.

Support

Your Transition Care Manager will get to know you and help you complete/set up your support plan.

Review Year 12

Everyone involved in planning your future is invited to your ‘Review’ (this should be a Person Centered School review).

Your ideas and new actions will be written into your ‘Transition Plan’. The review is called by the Transition Social Worker for young people in college.

If uncertain that a child has a learning disability this will be referred for an assessment at 17.

What things mean

Person Centered Plan – This is your plan so that everyone knows what you want for your future and helps people work together to make this happen.

Health Action Plan - This is a plan that says what help you need to stay healthy.

Transition Plan - This is a plan that states what you want to do in the future. If you have a Person Centred Plan then it can be used to inform your transition plan. If you have a statement of SEN then it is a statutory requirement for the transition plan to be reviewed and updated at your annual school review.

Continuing Health Care Assessment – This helps people agree if some or all of your care will be provided by the NHS.

Benefits - At 16 you can receive benefits in your own right. You can still get help from your family if you are unable to manage them for yourself. Other benefits may also be available so it is important to check.

Moving on Plan – This plan tells the people who are supporting you what you need to continue learning.

Overview Assessment - Your Transition Social Worker will help you talk about your move into adulthood and introduce you to your Adult Care Manager. They will complete an ‘overview assessment’ to be shared with Adult Services.

Indicative budget - The information from your assessment will help Adult Services to tell you how much they think it will cost to meet your support needs.

Support Plan – This Support Plan is a plan on how you will spend your money.

School Review Year 9

Your Connexions PA advises you:

About your future and helps you with your decisions

Will write your ‘Moving on Plan’ so you get the support you need at College or when training. Your Statement will finish when you leave School.

If you have complex needs your ‘overview assessment’ will begin at 16 and your indicative budget will be agreed by 16 and a half.

If you have less complex needs the ‘overview assessment’ will begin at 16 and a half with your indicative budget being agreed by 17.

If you need extra support before you are 18:

From your current health workers

Assessment of your additional health care needs

This may be a good time to start your Health Action Plan if you haven’t already.

Adult Services

Your Transition Social Worker will introduce you to your Adult Care Manager.

This is where you would think about your support needs

Staying at School

You may stay at school for up to 3 years. (If your school has a 6 th form)

Leaving School

Your Connexions PA advises you:

If you have a statement of SEN then it is a statutory requirement for the transition plan to be reviewed and updated at your annual school review.

If you have less complex needs your ‘overview assessment’ will begin at 16 and your indicative budget will be agreed by 16 and a half.

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