Specialist brain injury services
Rehabilitation • Transitional medical care
Community support • Special education

The Children’s Trust
For children with brain injury
“I don’t know where we’d be without the support we’ve had from the staff at The Children’s Trust.” A parent
The UK’s leading charity for children with brain injury

The Children’s Trust is the UK’s leading charity for children with brain injury. We work with children and young people from 0-19 from across the UK with acquired brain injury (ABI), neuro-disabilities and complex health needs.

Our key services are:

- Brain injury rehabilitation
- Transitional medical and nursing care from hospital to home
- Specialist assessment and clinical support in the community
- Special education
- Short breaks
- Online information and support.

Our residential services based at our national specialist centre in Tadworth, Surrey work in partnership with the NHS and local authorities to provide a step-down pathway of care between hospital and home. Our centre features a modern hydrotherapy pool, gym, specially adapted equipment, soft play areas, spacious grounds and even a wheelchair-accessible treehouse. The centre is entirely child and family focussed to ensure that their needs are appropriately supported.

In the community, we provide clinical support to complement local services and give children and young people with ABI the best chance of succeeding at home and in school.

We are the only paediatric centre with a national specialist commissioning contract to provide brain injury rehabilitation. Our other services are funded through local health commissioners (such as clinical commissioning groups), social care or education authorities.

To make a referral please contact our Placements & Commissioning Team on 01737 365080 or email enquiries@thechildrenstrust.org.uk.
Our team includes:

- Director of clinical services
- Clinical director of rehabilitation
- Consultant paediatricians and registrars
- Specialist consultant clinics (psychiatry, epilepsy, orthopaedic)
- Paediatric and learning disability nurses
- ABI nurse specialist
- GP clinic
- Clinical psychologists
- Educational psychologists
- Occupational therapists
- Physiotherapists
- Speech and language therapists
- Play therapist
- Music therapists
- Rehabilitation assistants
- Healthcare assistants
- Social workers
- Family therapist
- Dietician
- Radiographers
- Health play specialists
- Teachers and teaching assistants.

Reason for admission

Figures for children staying with us for residential rehabilitation in 2013.

- Other traumatic brain injury 7%
- Other non-traumatic brain injury 11%
- Stroke 2%
- Near drowning 4%
- Meningitis 5%
- Encephalitis 5%
- Cardiac arrest 5%
- Brain tumour 13%
- Brain haemorrhage 16%
- Road accident 32%
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Acquired brain injury rehabilitation

Our national specialist centre in Tadworth, Surrey is home to the **UK’s largest rehabilitation centre for children with acquired brain injury**.

We work with **children from across the UK** with a wide range of physical and cognitive disabilities, including children with complex health needs.

The service was established in 1985 and is now primarily funded by NHS England under **national specialist commissioning**. Local health commissioners can also fund placements.

**24-hour rehabilitation**
Under our 24-hour approach, a child’s rehabilitation goals underpin all of their daily activities – from formal therapy sessions, to their sleep routine, going to school and engaging in play.

Our multi-disciplinary team offers an integrated approach to assessment and clinical intervention. We combine **medical care, therapy, education, play and family support** to help children regain skills and maximise their ability to participate in family life and education when they go home.

For children and young people with the most severe brain injuries who may have a **disorder of consciousness**, our team undertakes specialist assessment and works to improve their quality of life by managing any issues they have with pain, posture, reflux and sleep.

**Supporting families**
We encourage parents to play an active role in their child’s rehabilitation. We offer brain injury education and training for parents in medication, gastrostomy, tracheostomy and ventilator management as needed.

**Going home**
Planning for a child’s return home begins before they even arrive with us. We work together with families and local agencies to plan the transition to home and school as quickly as possible. Our therapists, nurses, social workers and educational psychologists liaise with their community counterparts and can attend local planning meetings to support the return home.

*Our centre is classed as a Level 1 facility under national specialist commissioning specification D02: specialist rehabilitation for patients with highly complex needs.*
“This valuable service is a stepping stone for children who have a lengthened stay in acute care. It allows them and their families to establish a normal family life in a more appropriate environment and gets them home where they belong.”
Alex Mancini, Lead Nurse Specialist, Chelsea and Westminster Hospital
Transitional medical care for children with complex needs

Children with complex medical needs who might otherwise be staying long-term in hospital are supported on a step-down basis in our child and family-friendly setting. We work with children and young people who are technology dependent and support a range of degenerative, rare and complex disorders, cerebral palsy, metabolic disorders and life-limiting conditions.

Children receive round-the-clock specialist nursing care in a non-hospital environment, supported by our medical team. The service is enhanced by clinical assessment, therapy, education and opportunities for play and family outings.

We work closely with professionals from the child’s local community to transition them home as quickly and safely as possible.

The service includes comprehensive training for parents, carers and community nursing teams. Our on-site family accommodation allows parents to stay close by and play an active role in their child’s care.

We support:

- Children of all ages – from babies to teenagers
- Invasive and non-invasive ventilation
- Tracheostomy management (including weaning/decannulation)
- Severe/complex epilepsy
- Disorders of consciousness (eg minimally conscious, vegetative state)
- Enteral feeding (eg gastrostomy, jejunostomy)
- Parenteral nutrition/TPN
- Dysphagia
- Pain management
- Central line management or intravenous medication
- Metabolic disorders
- Palliative care.
“The team’s input has been invaluable in getting him back to school and helping him, his family and the network around him to understand his brain injury.” Dr Frances Gibbon, Consultant Paediatric Neurologist, University Hospital of Wales
Acquired brain injury support in the community

The Children’s Trust works in communities across the UK to support children with acquired brain injury and their families.

Specialist services are particularly effective in supporting children who may have made a good physical recovery after an accident or illness and are expected to make a successful return to mainstream school, but are left with ‘hidden’ difficulties that can seriously affect their home and school life.

**Brain Injury Community Team**

Our Brain Injury Community Team provides **comprehensive interprofessional assessments** to identify children’s needs following a brain injury and **flexible, needs-led support programmes** delivered in the child’s home, school or other community settings.

Our support programmes are therapy-led and delivered in partnership with local services to help children overcome their difficulties in cognition, communication and behaviour. We also support the network around a child (eg their parents, siblings and school) to help them understand and find ways to manage any difficulties.

Children can be referred if they are of school age and medically stable. Their brain injury may have happened recently or they may need support with long-term difficulties some years after their injury. The service is usually funded via clinical commissioning groups or case managers.

**Tadworth Brain Injury Co-ordinators**

Our Tadworth Brain Injury Co-ordinators are experienced clinicians based at **Sheffield Children’s Hospital** and **Nottingham Children’s Hospital**.

This wholly charity-funded service supports children and families from six weeks after discharge from hospital. We offer **early identification and specialist intervention** to minimise the difficulties associated with returning to home and school following a brain injury.
Special education, short breaks and information

Special education
Our **non-maintained special school** is one of the only special schools in the UK that caters exclusively for children with profound and multiple learning difficulties (PMLD) and complex health needs. The school offers residential and day education to learners aged from **three to 19**, with flexible placements available for up to 52 weeks. All learners follow the school’s own **Profound Education Curriculum**, which is now used by schools across the UK and internationally.

Short breaks
We offer residential short breaks and holiday/Saturday clubs for children with complex health needs. We also have ‘**Taddies**’, our parent-toddler group for young children with disabilities.

Information for parents
The **Brain Injury Hub** is our information and support website for parents of children with acquired brain injury. Parents can visit [www.braininjuryhub.co.uk](http://www.braininjuryhub.co.uk) to read clinically-approved information, news and blogs, watch videos and share their experiences on our discussion forum. The site has been awarded the Department of Health’s **Information Standard** kitemark.

We have also published a range of books to help parents understand and talk to their children about brain injury.
Enquiries & referrals

Our brain injury rehabilitation service is funded primarily by NHS England via national specialist commissioning. Referrals can also be made by Clinical Commissioning Groups (CCGs) or other local health commissioners. Our other services are mainly funded by CCGs and/or local authorities.

We have a dedicated Placements & Commissioning Team which works closely with referrers, commissioners and families:

Tel: 01737 365080
Email: enquiries@thechildrenstrust.org.uk

For enquiries about our school, please contact the school office:
Tel: 01737 365810
Email: profoundeducation@thechildrenstrust.org.uk
The Children’s Trust is committed to protecting children and young people.

Charity Registration Number 288018

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