

Contact details

Youth Session

Come and Participate in a wide range of activities, including Creative Arts, Sports, Leadership Skills and Personal Development projects. Our youth sessions are informal, safe, and fun!

Outreach

Come and meet Play and Youth Workers in your neighbourhood and find out what services and activities are on offer for you.

All provision is Open access – this means children and young people are free to leave the provision when they choose, unaccompanied.

Please ask a member of the Play and Youth Team for a membership form

Play sessions are for 5 years to 13 year olds

Youth sessions are for 11 years to 18 years olds

Sexual Health Services

We run a free, confidential Health Session in partnership with Nottingham University Hospitals (NUH).

If you need Sexual or Health advice and support, the Nurses are available. They offer confidential help, advice and support in contraception and screening as well as other health needs for Young People aged 13 to 25 years.

To book an appointment or for any enquiries, please phone 01159 627627 (lines open Monday to Friday 8:30-7:00pm Saturday 9:30am-2:30pm)

www.nuh.nhs.uk/SexualHealthServices

For further information and details of activities please go to:

www.nottinghamcity.gov.uk/childrenscentres

www.nottinghamcity.gov.uk/playandyouth

The poster has a vibrant, colorful background with a blue sky, white clouds, and a yellow sun. The text is arranged in several horizontal banners. At the top, a red banner contains the words "Youth activities" in white. Below that, a blue banner contains the word "timetable" in white. Underneath, a yellow banner contains the text "February 2019 19th – 23rd February (Half Term)" in black. The bottom half of the poster features silhouettes of a family (two adults and two children) standing on a green field, with a pink silhouette of a person running in the background. In the bottom right corner, there is a small logo for Nottingham City Council, which includes a crest and the text "Nottingham City Council".

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Bulwell Riverside Youth 7:00pm - 9:00pm Bulwell Riverside</p> <p>11 – 18 Years</p> <p>Come and Participate in a wide range of activities, including Creative Arts, Sports, Leadership Skills and Personal Development Projects. Our Youth sessions are informal, safe and fun!</p> <p>£0.50p</p>	<p>Youth Health Session Bulwell Riverside</p> <p>3:00pm - 6:00pm</p> <p>Free & Confidential 13-25 years</p> <p>In partnership with Sexual Health Nurses. (Drop In or book an appointment on 0115 9627627 between 9am-5pm Mon-Fri)</p>	<p>Bulwell Riverside Youth 7:00pm - 9:00pm Bulwell Riverside</p> <p>11 – 18 Years</p> <p>Come and Participate in a wide range of activities, including Creative Arts, Sports, Leadership Skills and Personal Development Projects. Our Youth sessions are informal, safe and fun!</p> <p>£0.50p</p>	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities in the Community					
	<p data-bbox="465 284 784 427">Limitless Youth Crabtree Community Centre 6:00pm – 8:00pm</p> <p data-bbox="488 469 761 501">11years - 16years</p> <p data-bbox="483 542 766 609">Open-access youth group.</p> <p data-bbox="465 616 784 829">Come and get involved in a range of fun and exciting activities including Creative Arts, Sports, Music.</p> <p data-bbox="474 836 775 1053">Our inspirational mentors are there to run the activities and are able to support you on any personal issues you have too!</p> <p data-bbox="586 1094 663 1126" style="text-align: center;">Free</p>			<p data-bbox="1514 284 1809 462">Limitless Youth Tesco Community Room Bulwell 5:00pm – 7:00pm</p> <p data-bbox="1527 504 1796 571">Girls Only 11years - 16years</p> <p data-bbox="1518 612 1805 679">Open-access youth group.</p> <p data-bbox="1505 686 1818 900">Come and get involved in a range of fun and exciting activities including Creative Arts, Sports, Music.</p> <p data-bbox="1514 906 1809 1123">Our inspirational mentors are there to run the activities and are able to support you on any personal issues you have too!</p> <p data-bbox="1626 1165 1702 1197" style="text-align: center;">Free</p>	