

Dunkirk, Lenton, Lenton Abbey and Wollaton activities timetable

children's centres | play activities | youth activities

January to March 2017
(Term Time)





Nottingham
City Council

Activities – January to March

Dunkirk Primary School in partnership with Dunkirk, Lenton & Lenton Abbey Children's Centre. Marlborough Rd, Dunkirk, NG7 2LE, dunkirkcc@nottinghamcity.gov.uk

Fernwood Infant School in partnership with Wollaton Children's Centre, Arleston Drive, Wollaton, NG8 2FZ, wollatoncc@nottinghamcity.gov.uk - The three children's centres have an Integrated Partnership with nearby Primary Schools. For more information about the services available in your area, please contact 0115 8761320

Monday	Tuesday	Wednesday	Thursday	Friday
<p> Stay Play and Learn 12.30-2.00pm 0-5 years</p> <p>Balloon Woods, Coventry Lane, Nottingham, NG9 3GJ</p> <p>Have fun and communicate with your child whilst experiencing a range of messy play activities, for children aged 0-5 years.</p>	<p>Family Support Clinic 10:30 – 12:30 Appointment only Dunkirk Children's Centre, Marlborough Street, Nottingham</p> <p>Come and the visit the centre to talk to one of our family support workers if you are struggling with relationships, behaviour, sleep.</p>	<p>PEEP Watch me Grow 10:00 – 11:30 (0-12 months) Wollaton Children's Centre, Arleston Drive, Wollaton</p> <p>A fun and interactive session for you and your baby, gain knowledge of your baby's development.</p> <hr/> <p>Family Support Clinic 1:30 – 2:30pm Wollaton Children's Centre, Arleston Drive, Wollaton, Nottingham Appointment only</p> <p>Come and the visit the centre to talk to one of our family support workers if you are struggling with relationships, behaviour, sleep.</p>	<p>Getting Ready for Nursery 1 - 2pm Dunkirk Children's Centre, Marlborough Street, Nottingham</p> <p>To help prepare little ones for nursery, support and advice is available to support you to apply for your 3 year olds 15 hours free childcare.</p>	<p> Stay Play Learn 1-2.30pm Dunkirk Children's Centre, Marlborough Street, Nottingham</p> <p>Have fun and communicate with your child whilst experiencing a range of messy play activities, for children aged 0-5 years.</p>



Play Activities – January to March

Play activities are delivered from community venues around Dunkirk and Wollaton.

Tuesday	Wednesday	Friday
<p>(Not running until further notice)</p> <p>Sheila Roper Community Centre Tenants Hall Close Off Baslow Drive Lenton Abbey NG9 2RW</p> <p>Play Session Age 5 - 13yrs 3.30pm - 5.00pm 30p</p>	<p>Dunkirk Community Centre The Old School, Montpelier Rd, Dunkirk, NG7 2JW</p> <p>Play Session Age 5 - 13yrs 3.30pm - 5.00pm 30p</p>	<p>Wollaton Park Community Centre Harrow Rd, NG8 1F</p> <p>Play Session Age 5 - 13yrs 3.30pm - 5.00pm 30p</p>

Information about Adventure Playgrounds, Play and Youth Sessions

- **A Play/Youth Centre** is a building that has dedicated use for children and young people for the purpose of play and youth provision. It has an agreed number of play and youth workers established, including volunteers and senior members.
- **A Play/Youth Project** is a project that is established to meet an identified need in a geographical area. It may be established in partnership with a voluntary organisation and operate from a community building that has multiple uses.

Adventure Playgrounds and Play sessions:

We provide free creative, natural and active play opportunities for children aged 5 up to their 14th birthday. Parents can stay for the child's first visit and then children will attend on their own. If your child needs additional support to attend, please speak to a member of staff. If you have a child under-five please, contact your local Children's Centre for information about activities in the area. We offer lots of activities including: Arts and crafts, outdoor games and sports, music, drama, holiday play schemes, residentials and trips out. We also offer activities that encourage children to explore risk in a controlled environment. These include climbing, den building, using hand/garden tools, making swings and push go carts, building and cooking on fires.

Please note that our provision are open access, which means children are free to leave unaccompanied, unless permission has not been granted by a parent or career.

Please note due to capacity places are limited, please contact the Play and Youth team on 0115 8762777 for further information.



Activities – January to March

Youth activities are delivered from community venues around Dunkirk and Wollaton

<p>Tuesday</p> <p>(Not running until further notice)</p> <p>Sheila Roper Community Centre Tenants Hall Close Off Baslow Drive Lenton Abbey NG9 2RW</p> <p>Youth Session Age 11 - 16yrs 7pm - 9pm 30p</p>	<p style="text-align: center;">Information for Parents & Carers:</p> <p>All activities are risk assessed and we encourage children/young people to lead and direct the activities to ensure we meet their needs. We regularly run consultation events and evaluations. We also provide a variety of equipment and loose parts to assist children/young people in developing games and activities of their own choice. Under 17's will need parental consent to participate in our activities happening away from the centres. Consent forms can be obtained from any of our sessions</p> <p style="text-align: center;">Individual Support:</p> <p>Our Play & Youth workers use Play Support and Play Profiling to help facilitate positive play experiences for every child/Young Person's needs. All our sessions are developed to be inclusive environments. We welcome disabled children/young people and can make adjustments or provide additional support to include you and your child. Please speak to the Play and Youth workers on site for more details.</p>
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Youth Sessions:

All our Youth Sessions provide a range of fun, and educational activities for young people to get involved in such as Pool, Table-Tennis, games consoles, 5-a-Side football, Arts & Crafts, Street-Art workshops, board games, cookery classes, life-skills courses, music production/MC & DJ skills workshops, movie nights, visits to other Youth Clubs, day trips, residential and much more. If there's something else you'd like to do, come to one of the sessions and have a chat with one of the team and we'll do our best to include your activity in the program. All young people must complete a membership form to access all of our activities and sessions. 30p subs to be paid after 1st free visit, if an existing member brings a friend to sign up as a new member they will receive a free admittance?

Please note that our provision is open access, which means children are free to leave unaccompanied, unless permission has not been granted by a parent or career.

Information about Children's Centres and activities

INFORMATION ABOUT SERVICES AND ACTIVITIES

Note to Parents and Carers: Children's Centres bring together a range of free services for children and birth to 19 years, and their families. Children's Centres provide links to childcare, family support and a range of parent and toddler activities as well as Play and Youth activities. Anyone who cares for or is expecting a child can register to use the Centres, Family support services offer help and advice in areas such as disability, mental health, emotional wellbeing and school attendance. If you are experiencing issues with parenting, housing or debt, your local Children's Centre can offer you 121 support either in your home or in your local Community.

Note for Parents/Carers of 0-3 years:

If families require information on 2 year Early Learning Programme (free nursery places for 2+ years). Please contact 0115 9287500 or the Family Information Service on: 0800 458 4114.

Welfare Rights Advice Service – Nottingham City Council Welfare Rights Team provide free information and assistance on any welfare benefit, tax credit or debt issues. For further help please call: 0115 9151355.

Welfare Benefits and Money Advice- every Tuesday 9.30 -11.30am at Sheila Roper Community Centre, Tenants Hall Close off Baslow Drive, Lenton Abbey NG9 2RW or ring 01159860197 or email meadows_advice@btconnect.com for an appointment.

Lenton Abbey Residents Association (LARA) – Sheila Roper Community Centre, Tenants Hall Close off Baslow Drive, Lenton Abbey NG9 2RW (monthly meetings every 1st Wednesday, 6.30pm venue as above)

Wollaton Park Residents Association - 7pm at Wollaton Park Community Centre (WPCC), Harrow Road, Wollaton Park estate (monthly meetings every 3rd Wednesday, 7pm)

Teenage Midwife Clinic – This offers pregnancy advice and testing, contraception advice, C-Card registration, the 'Morning After' pill and general support for teenage parents: Debbie Rice 0115 8822100

Family Information Service – A free telephone advice service 0800 4584 114 providing information about all childcare provision in Nottingham, Childminders, After School Clubs, Nurseries, Playgroups, Schools and activities and services for children and young people aged 0-20 years.

Portage Team - A pre-school home visiting service for children with Special Needs. Contact **Jo Shaw** on: 0115 9158902.

Eden Soft Play- Join us at one of Nottingham's soft play centres for free. We will be offering Free refreshments. Limited spaces so booking necessary. Kangaroo tickets available to families with under 5s on the morning of the event.

Nottingham Arboretum- Join us at one of Nottingham's oldest parks for activities and crafts. Address: Nottingham Arboretum, Waverley Street, Nottingham, Nottinghamshire, NG7 4HF

Stonebridge City Farm- Come along and join in with the farms celebration week. Theme of the day is favourite cartoon characters with crafts, activities, competitions and many more. Address: Stonebridge City Farm, Stone Bridge Rd, Nottingham, NG3 2FR

Summerwood Community Gardens- Come along and join in with arts and crafts and meet the residential chickens. Address: Summerwood Lane Allotments, Summerwood Lane, Nottingham NG11 9DR

Lenton Abbey Park- This Green Flag award winning small local park has a variety of facilities, including bowling, tennis, a multi-use games area and children's play area. There is also a small woodland area as well as areas of shrub and formal planting schemes. Location: Derby Road, Lenton, Nottingham NG9 2SD

Spider Park- Most of the old play equipment has been replaced but the original spider climbing frame will stay, at the request of local children. The playground also has new paths, bins and benches installed. Address: Dunkirk Road, Dunkirk, Nottingham, NG7 2LF

OTHER ACTIVITIES OUT AND ABOUT IN THE COMMUNITY

MONDAY-FRIDAY

Wollaton Village Pre School Play Group Wollaton Road –Open: 9-11.30,11.30-12.30,11.30-1.00

Ages 2 - 5years Contact Sarah Farnsworth Tel: 0115 9288400 for Registration & Information .That due to capacity numbers may be restricted,please speak to a member of staff for more details.

SATURDAY

St Leonards Dads & Kids Club at St Leonards Community Centre, Bramcote Lane, Opposite Wollaton Library Every 3rd Saturday of each month from 10-12noon, 0-11yrs, Play Activities, Crafts Friendship and 'Delicious Butties' Contact Paul 07976855768