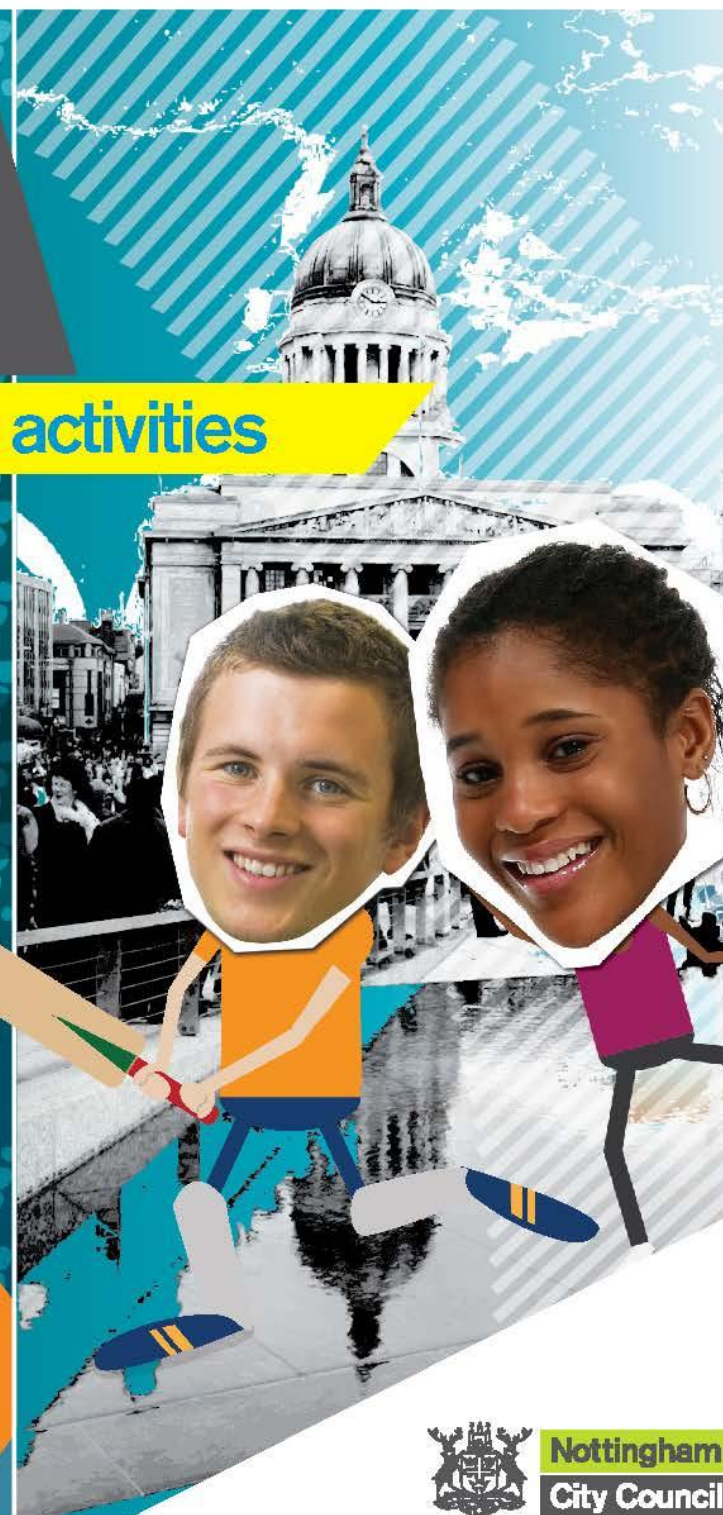


Sherwood & Edwards Lane & Radford

Activities & Timetable

children's centres | play activities | youth activities

January – April 2017
(Term Time)




Nottingham
City Council


Activities at Sherwood Children's Centre January - March 2017

Contact: Sherwood & Edwards Lane Children's Centre,
Seely School Site, Perry Road, Sherwood Nottingham NG5 3AE.

Tel: 0115 876 4888 Email: sherwoodcc@nottinghamcity.gov.uk Web: www.nottingham.gov.uk/childrenscentres

Open 9.00 - 5.00

Monday	Tuesday	Wednesday	Thursday	Friday	Other information
<p><u>Midwife by appointment</u> Monday to Friday</p> <p><u>Allergy Support Group</u> 9.30-11.30</p>	<p><u>Sing & Wiggle with Rainbow Stripes</u> 9:30 - 10:15 @ Edwards Lane Community Centre (Term Time only) Cost £1 per child</p> <p><u>Health Visitors drop-in Clinic</u> 9:30 – 11:00</p> <p>Baby weighing, development checks & play activities</p>	<p><u>Baby Massage</u> (booking by request) 9.30-11.00 For further information contact the Health Visitors 8838229</p>		<p><u>Polish Women's Group</u> 9:30 – 12:00 (Term time only) Socialise and enjoy play activities</p> <p><u>Family Support Clinic</u> (By appointment) 9.30-12.30</p>	<p>NO PHOTOS TO BE TAKEN DURING ANY OF THE SESSIONS <i>Thank you</i></p> 

Monday	Tuesday	Wednesday	Thursday	Friday	Other information
<p><u>Child Minders Group</u> 12:00 to 3:00</p> <p>Socialise and enjoy play activities</p>	<p><u>Mother & Baby Group</u> 1:00 – 3:00</p> <p>For Mums & babies 0 – 12 months</p>		<p><u>Breastfeeding Support Group</u> 1:00 – 3:00</p> <p>For further information contact the Health Visitors 8838229</p>	<p><u>Adoption Support Group</u> 1:00pm-3:00pm 2nd Friday of the month. From 08th January</p> <p>Meet up & Play for families with adopted children</p>	<p>NO PHOTOS TO BE TAKEN DURING ANY OF THE SESSIONS</p> <p><i>Thank you</i></p> <div data-bbox="1823 683 1966 879" data-label="Image">  </div>

Information about activities at the Children Centre

Childminders Group: an independent group where childminders within the Sherwood area meet at the Children's Centre with children in their care to socialise and have fun.

Health Visitor Clinic: One to one with your health visitors, get your baby weighed, get vitamins for your baby and health information.

Sing & Wiggle with Rainbow Stripes: Interactive singing for children, encouraging language development through singing.

Mother & Baby Group: a group for mums with their new born, Meeting with a member of the health visitors team for health advice and support. Meet new friends and share ideas with other mums in the comfort of the Children's Centre crèche area.

Polish Group: Play activities for polish families with children under 5.

Meet up and Play for families with adopted children: an independent group where families meet at the Children's Centre to socialise and have fun.

Breast Feeding Group: A friendly environment for mums to socialise and support each other whilst continuing to breastfeed.



Play Activities January – March 2017

Contact: 131, Russell Road, Forest Fields Nottingham. NG7 6GX Tel: 0115 915 5672
www.nottingham.gov.uk/playandyouth

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Edwards Lane Play Session</u></p> <p>4.00 – 6.00 5-13yrs @ Edwards Lane Community Centre, Alderton Rd.</p> <p>Creative, active and environmental play opportunities</p> <p>Please note: The 1st session in January will be <u>Tuesday 10th the January</u></p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @ Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @ Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @ Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>10.00 – 12.00 5-13yrs @ Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p> <p><u>Play on the Park</u></p> <p>1.30 – 3.30 @ Bridlington St Park</p> <p>Outdoor play on the Park!</p>



Youth Activities January – March 2017

Contact: 131, Russell Road, Forest Fields Nottingham. NG7 6GX Tel: 0115 915 5672
www.nottingham.gov.uk/playandyouth

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Edwards Lane Youth Session</u></p> <p>7.00 – 9.00 13-19yrs @ Edwards Lane Community Centre, Alderton Rd.</p> <p>Please note: The 1st session in January will be <u>Tuesday 10th the January</u></p>	<p><u>New Basford Youth Session</u></p> <p>7.00 – 9.00 13-19yrs @ New Basford Community Centre, Zulu Road</p>	<p><u>Hyson Green Youth session</u></p> <p>7.00 – 9.00 13-19yrs @ Hyson Green Youth Club Terrace St</p>	<p><u>Transitional Youth session</u> In partnership with Radford School</p> <p>6.30 – 8.30 10-16 years @ Radford Primary School Denman Street</p>	

Information about Play and Youth Activities

Information about Play and Youth activities

New members welcome at all times.

All provision is **Open access** – this means children and young people are free to leave the provision when they choose, unaccompanied.

Please ask a member of the Play & Team for a membership form & all trip information

Play sessions are for 5yrs to 13yr olds

Youth Sessions are for 13yrs to 19yr olds

Please note: Due to Ofsted Regulations, children who are 5 years old may only attend if their 5th birthday was before 1st September 2016.

We aim to offer positive play experiences for all children. This means they may sometimes get messy! We advise that children and young people don't wear their best clothes to take part in the activities as we are not able to compensate for the loss or damage of personal items and clothing.

We welcome all disabled and non-disabled children. We can make adjustments or provide additional support to include you and your child. Please speak to one of the team if you would like to find out more.

This provision is open access. Children are free to leave unaccompanied

All sessions are usually FREE. A small charge will apply to some of the trips offered.

