

Hyson Green/Radford

Activities timetable

children's centres | play activities | youth activities

January – April 2017
(Term Time)




Nottingham
City Council

Activities at Hyson Green Children's Centre January – March 2017

Contact: The Mary Potter Centre, Gregory Boulevard, Hyson Green, Nottingham. NG7 5HY

Tel: 0115 883 8202 Web: www.nottingham.gov.uk/childrenscentres Open: 9.00 – 5.00

Monday	Tuesday	Wednesday	Thursday	Friday	Other information
<p><u>Health Visitor Clinic</u> 9.30 – 11.30 Baby weighing, development checks & play activities</p> <p><u>Open House</u> 10:00 – 12:30 For parents dealing with postnatal depression and anxiety</p>	<p><u>Health Visitors Clinic</u> 10.00 – 12.00 As Monday</p> <p><u>Me and My Child Parenting</u> (Booking by request) 9:30 -11:30 24/1/17 to 7/3/17</p> <p><u>Family Law Advice For Muslim and other women.</u> 1st Tuesday of the month 9:15 – 11:15 (appointments only) 11:15-12:45 (drop-in)</p> <p>2nd Tuesday of the month 11:00-13:00 (appointments only)</p>	<p><u>Sing and Wiggle with Rainbow Stripes</u> 11.00 – 11.45 (Term Time only) Cost £1 per child</p> <p><u>First Aid for Parents</u> (Booking by request) 10:00-12:00 25th Jan</p> <p><u>Confidence Building for Parents</u> (booking by request) 10:00-12:00 1st Feb to 1st March</p>	<p><u>Stay Play & Learn</u> 9:30am – 11:00 Drop-in & play!</p> <p><u>Family Support Clinic</u> (by appointment) 9:30am – 12:30</p>	<p><u>Sing and Wiggle with Rainbow Stripes</u> 9:45 - 10:30 @ Radford CC Kennington Rd, Radford</p> <p>(Term Time only) Cost £1 per child</p>	<p>NO PHOTOS TO BE TAKEN DURING ANY OF THE SESSIONS Thank-you</p> 

Monday	Tuesday	Wednesday	Thursday	Friday	Other information
<p><u>Stay, Play and Learn</u> 1:00 – 2.30pm Drop in and play!</p>	<p><u>Translation Session</u> (Appointment required) 1:30 – 3:30 For Urdu, Punjabi & Hindi Speaking Families.</p> <p><u>Healthy Eating</u> (booking by request) 1.00 -3.00 21st February to 28th March</p> <p><u>Getting ready for Nursery</u> (booking by request) 1.30 - 3.00 @ Radford CC Kennington Rd, Radford 17th Jan- 28th March</p>	<p><u>Health Visitors Clinic</u> 1:30 – 3:30 Baby weighing, development checks & play activities</p> <p><u>Stay, Play and Learn</u> 1:30 – 3.15 @ Nottingham Nursery Denman Street West, Radford Drop in and play</p> <p><u>Volunteer Programme</u> <u>HGCC</u> (booking by request) 1:00-3:00 22nd Feb to 29th March</p>			<p>NO PHOTOS TO BE TAKEN DURING ANY OF THE SESSIONS Thank-you</p> 

Information about activities at Hyson Green Children's Centre 0115 883 8202

Health Visitor Drop-In Clinic: One to one with your health visitors, get your baby weighed, get vitamins for your baby and health information.

Translation Session: For Urdu, Punjabi & Hindi speaking families who requires support with translations, held fortnightly. Appointment required, please book at reception.

Weaning Group: Advice and help with weaning delivered over 2 sessions. For further information call the Health Visiting Team on 0115 883229.

Polish Mothers Group: Play activities for polish families with children under 5.

Breast Feeding Group: A friendly environment for mums to socialise and support each other whilst continuing to breastfeed. For further information please call the Health Visitors on: 0115 883 229.

Stay, Play & Learn Session: Come and join us, as we play & sing together; encouraging learning and development through play

Open House: A support group for parents dealing with Postnatal depression and anxiety.

Family Support Clinic: one to one support and advice for parents with young children, by appointment

Sing & Wiggle with Rainbow Stripes: Interactive singing for children, encouraging language development through singing.



Play Activities January – March 2017

Contact: 131, Russell Road, Forest Fields Nottingham. NG7 6GX Tel: 0115 915 5672
www.nottingham.gov.uk/playandyouth

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Edwards Lane Play Session</u></p> <p>4.00 – 6.00 5-13yrs @</p> <p>Edwards Lane Community Centre, Alderton Rd.</p> <p>Creative, active and environmental play opportunities</p> <p>Please note: The 1st session in January will be</p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @</p> <p>Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @</p> <p>Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>3.30 - 5.30 5-13yrs @</p> <p>Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p>	<p><u>Forest Fields Play Centre</u></p> <p>10.00 – 12.00 5-13yrs @</p> <p>Russell Rd, Forest Fields</p> <p>Creative, active and environmental play opportunities</p> <p><u>Play on the Park</u></p> <p>1.30 – 3.30 @</p> <p>Bridlington St Park</p> <p>Outdoor play on the Park!</p>



Youth Activities January – March 2017

Contact: 131, Russell Road, Forest Fields Nottingham. NG7 6GX Tel: 0115 915 5672
www.nottingham.gov.uk/playandyouth

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Edwards Lane Youth Session</u></p> <p>7.00 – 9.00 13-19yrs @ Edwards Lane Community Centre, Alderton Rd.</p> <p>Please note: The 1st session in January will be</p>	<p><u>New Basford Youth Session</u></p> <p>7.00 – 9.00 13-19yrs @ New Basford Community Centre, Zulu Road</p>	<p><u>Hyson Green Youth session</u></p> <p>7.00 – 9.00 13-19yrs @ Hyson Green Youth Club Terrace St</p>	<p><u>Transitional Youth session</u> In partnership with Radford School</p> <p>6.30 – 8.30 10-16 years @ Radford Primary School Denman Street</p>	

Information about Play and Youth Activities

Information about Play and Youth activities

New members welcome at all times.

All provision is **Open access** – this means children and young people are free to leave the provision when they choose, unaccompanied.

Please ask a member of the Play & Team for a membership form & all trip information

Play sessions are for 5yrs to 13yr olds

Youth Sessions are for 13yrs to 19yr olds

Please note: Due to Ofsted Regulations, children who are 5 years old may only attend if their 5th birthday was before 1st September 2016.

We aim to offer positive play experiences for all children. This means they may sometimes get messy! We advise that children and young people don't wear their best clothes to take part in the activities as we are not able to compensate for the loss or damage of personal items and clothing.

We welcome all disabled and non-disabled children. We can make adjustments or provide additional support to include you and your child. Please speak to one of the team if you would like to find out more.

This provision is open access. Children are free to leave unaccompanied

All sessions are usually FREE. A small charge will apply to some of the trips offered.