

Contact details

Meadows Children's Centre
Kirkby Gardens, Meadows, NG2 2HZ
Tel: 0115 876 1320

Meadows Library
Wilford Grove
The Meadows
Nottingham
NG2 2DR
Tel: 0115 915 2834

Email: meadows.library@nottinghamcity.gov.uk

For further information and details of activities please go to:

www.nottinghamcity.gov.uk/playandyouth
www.nottinghamcity.gov.uk/childrenscentres



Children's Centre & Community Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Child Health Clinic 10am - 12pm Meadows Children's Centre</p> <p>At Meadows Children's Centre, Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p> <hr/> <p>Family Learning English 12.30 - 3pm Meadows Children's Centre Level 2 course for adults. Term time only, finishes on 10th July</p> <hr/> <p>Watch Me Grow PEEP 1 - 2.30pm Meadows Children's Centre 12 Week Programme (Birth-9 month olds) Booking by request. Please contact Meadows Children's Centre on 0115 876 1320 to book Especially for you and your baby. Learn about child development, gain new parenting skills, make new friends and have fun together"</p>	<p>Sing and Wiggle with Rainbow Stripes 11-11.45am Meadows Children's Centre</p> <p>Live music workshop for 0 - 5 years - Sing, dance, jam and giggle with live guitar and percussion, Sing and Wiggle gets very busy, so please turn up early</p> <hr/> <p>Me and My Child 9.30-11.30am Meadows Children's Centre</p> <p>Parenting course to help develop healthy relationships between parent and child from 20th April 2017. A 6 week course held at Sneinton Children's Centre. Book at Meadows Children's Centre</p>	<p>Volunteer Programme 1pm - 2.30pm Meadows Children's Centre</p> <p>A 6 week workshop (commencing on the 3rd of May until 14th June 2017) to provide adults with the learning and understanding to enable them to carry out volunteer work. Crèche available at Meadows Children's Centre – Booking Required Tel: Meadows 0115 8761320</p>	<p>Child Health Clinic 1 - 2.30pm Meadows Children's Centre</p> <p>At Meadows Children's Centre, Drop in session – have your baby weighed and discuss your child's health and development with a Health Visitor</p>	<p>Family Support clinic 9am - 12pm Meadows Children's Centre</p> <p>Come and the visit the centre to talk to one of our family support workers if you are struggling with relationships, behaviour, sleep. Appointment only Tel: Meadows 0115 8761320</p> <hr/> <p>Tot's Time 10.30 - 11.30am Meadows Library</p> <p>A fun session for 0 - 5 years featuring music and rhyme. Held at Meadows Library</p>	<p>Crafts Time 1pm - 3pm Meadows Library</p> <p>A fun, free craft session for children of all ages, parents welcome, held at the Meadows Library</p>