

## Contact details

For further information and details of activities please go to:

[www.nottinghamcity.gov.uk/playandyouth](http://www.nottinghamcity.gov.uk/playandyouth)

[www.nottinghamcity.gov.uk/childrenscentres](http://www.nottinghamcity.gov.uk/childrenscentres)

### Southglade Access Centre

Southglade Road, Bestwood Nottingham NG5 5GU

Tel: 0115 8761890

Email: [southgladeac@nottinghamcity.gov.uk](mailto:southgladeac@nottinghamcity.gov.uk)



Children's Centres  
**activities**

**timetable**  
Bestwood Top Valley and Leen Valley

Date: 19/02/2018 – 23/02/2018  
February Half Term 2018

The poster features a vibrant, stylized illustration of a park scene. In the foreground, a large blue silhouette of a person stands on the left. In the center, a pink silhouette of a person is running. To the right, an orange silhouette of a person is holding a red kite string. In the background, a purple silhouette of a person is sitting on the grass. The sky is blue with white clouds, a yellow sun, and a rainbow. The overall style is colorful and child-friendly.

The logo for Nottingham City Council, featuring a crest with a crown and two lions, followed by the text "Nottingham City Council" in a black box.

Monday 19/02/2018	Tuesday 20/02/2018	Wednesday 21/02/2018	Thursday 22/02/2018	Friday 23/02/2018
<p><b><u>Ante Natal</u></b> Southglade Access Centre Free Ante Natal sessions Appointment only.</p> <p><b><u>Bumps, Birth and Baby</u></b> 13.00pm – 15:00pm Southglade Access Centre Free. By the Health Visiting Team</p> <p><b><u>Family Support Clinic</u></b> 13:00pm – 16:00pm Southglade Access Centre Free Appointment only. Please contact Southglade Access Centre.</p>	<p><b><u>Ante Natal</u></b> Southglade Access Centre Free Ante Natal sessions Appointment only</p> <p><b><u>Family Fun Day</u></b> Ridge Adventure Playground Centre NG5 9BX 12.00pm – 15.00pm Come and enjoy stimulating play experiences, where you can explore, learn and have fun! Come and get involved in Arts/ Crafts, Active Play, Outdoor Activities games and sports for all the family</p> <p><b><u>Computers for Beginners</u></b> 13:30pm – 15:00pm Southglade Access Centre Adult learning session.</p>	<p><b><u>Ante Natal</u></b> Southglade Access Centre Free Ante Natal sessions Appointment only</p> <p><b><u>Job Club</u></b> 9:00am – 11:30am and <b><u>Lone Parent Local Work Club</u></b> 13:00pm – 15:00pm Southglade Access Centre. Adult learning session Free help and support is available at an Nottingham College local Work Club on all aspects of job searching Including:</p> <p><b><u>Music and Movement</u></b> <b><u>Session</u></b> 13:30pm – 15:00pm Southglade Access Centre Free Come along and bring your children to an All Singing. All Dancing and All Story Telling Session. For you and your Children of all ages.</p>	<p><b><u>Ante Natal</u></b> Southglade Access Centre Free Ante Natal sessions Appointment only.</p> <p><b><u>Family Support Clinic</u></b> 13:00pm – 16:00pm Free Southglade Access Centre Appointment only Please contact Southglade Access Centre.</p> <p><b><u>Health Clinic and Baby</u></b> <b><u>Weighing</u></b> 13:00pm – 15:00pm Southglade Access Centre By the Health Visiting Team</p>	<p><b><u>Ante Natal</u></b> Southglade Access Centre Free Ante Natal sessions Appointment only</p> <p><b><u>Family Support Clinic</u></b> 9:00am – 12:00pm Southglade Access Centre Free Appointment only Please contact Southglade Access Centre.</p> <p><b><u>Stay Play and Learn Session</u></b> <b><u>Woodland Theme Family</u></b> <b><u>Session</u></b> 10:00am – 11:30am Southglade Access Centre Free A Learning through play and Interaction session delivered both indoors / outside</p> <p><b><u>New Group Baby and Me</u></b> 10 – 11.30am By the Health Visiting Team Incorporating Post Natal and Breast Feeding Aimed at all children under 1 year old</p> <p><b><u>Job Club</u></b> 13:00pm – 15:00pm Southglade Access Centre. Adult learning session Free help and support is available at an Nottingham College local Work Club on all aspects of job searching.</p>