Contact details

For further information and details of activities please go to: www.nottinghamcity.gov.uk/playandyouth www.nottinghamcity.gov.uk/childrenscentres

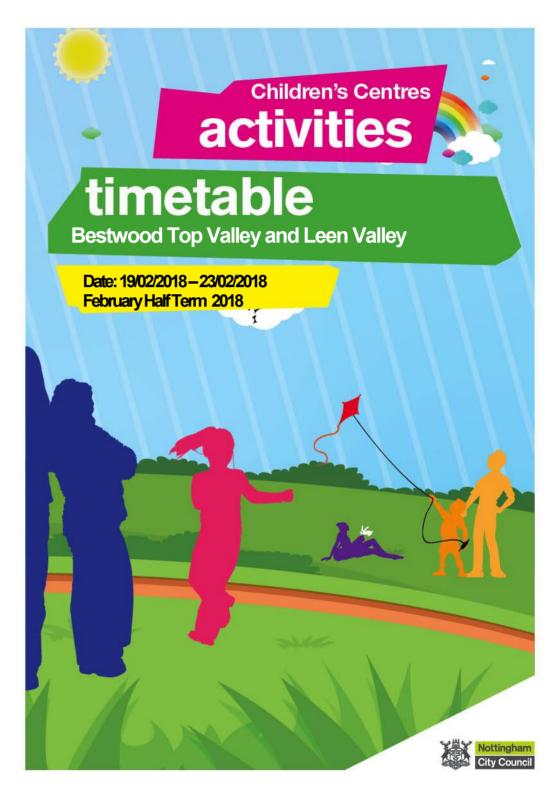
Southglade Access Centre

Southglade Road, Bestwood Nottingham NG5 5GU

Tel: 0115 8761890

Email: southgladeac@nottinghamcity.gov.uk





Monday 19/02/2018	Tuesday 20/02/2018	Wednesday 21/02/2018	Thursday 22/02/2018	Friday 23/02/2018
Ante Natal Southglade Access Centre Free Ante Natal sessions Appointment only. Bumps, Birth and Baby 13.00pm – 15:00pm Southglade Access Centre Free. By the Health Visiting Team Family Support Clinic 13:00pm – 16:00pm Southglade Access Centre Free Appointment only. Please contact Southglade Access Centre.	Ante Natal Southglade Access Centre Free Ante Natal sessions Appointment only Family Fun Day Ridge Adventure Playground Centre NG5 9BX 12.00pm – 15.00pm Come and enjoy stimulating play experiences, where you can explore, learn and have fun! Come and get involved in Arts/ Crafts, Active Play, Outdoor Activities games and sports for all the family Computers for Beginners 13:30pm – 15:00pm Southglade Access Centre Adult learning session.	Ante Natal Southglade Access Centre Free Ante Natal sessions Appointment only Job Club 9:00am – 11:30am and Lone Parent Local Work Club 13:00pm – 15:00pm Southglade Access Centre. Adult learning session Free help and support is available at an Nottingham College local Work Club on all aspects of job searching Including: Music and Movement Session 13:30pm – 15:00pm Southglade Access Centre Free Come along and bring your children to an All Singing. All Dancing and All Story Telling Session. For you and your Children of all ages.	Ante Natal Southglade Access Centre Free Ante Natal sessions Appointment only. Family Support Clinic 13:00pm – 16:00pm Free Southglade Access Centre Appointment only Please contact Southglade Access Centre. Health Clinic and Baby Weighing 13:00pm – 15:00pm Southglade Access Centre By the Health Visiting Team	Ante Natal Southglade Access Centre Free Ante Natal sessions Appointment only Family Support Clinic 9:00am – 12:00pm Southglade Access Centre Free Appointment only Please contact Southglade Access Centre. Stay Play and Learn Session Woodland Theme Family Session 10:00am – 11:30am Southglade Access Centre Free A Learning through play and Interaction session delivered both indoors / outside New Group Baby and Me 10 – 11.30am By the Health Visiting Team Incorporating Post Natal and Breast Feeding Aimed at all children under 1 year old Job Club 13:00pm – 15:00pm Southglade Access Centre. Adult learning session Free help and support is available at an Nottingham College local Work Club on all aspects of job searching.