



First Aid

Join us to gain basic first aid skills and increase your knowledge and confidence in using everyday first aid.

You will learn about CPR, choking, burns treatment and more.



We will also be providing activities for your children while you are learning

First Aid courses run every term at different locations in your area. To book a place please call 01275 888 891 or 07824 085 739

You can find more information in our latest What's On guide - pick up a copy at your local Children's Centre or visit www.n-somerset.gov.uk/fis





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