**Domestic Abuse**

**Broken Rainbow** ................. 0800 999 5428
Support for lesbian, gay, bisexual and transgender people experiencing domestic abuse

**DAFFs support line** ................. 0800 694 9999
9am – 6pm Monday to Friday. This will be answered by a local domestic abuse specialist.

**Gemini Services** ................. 0870 066 4233
Safe emergency accommodation and support for women and men affected by domestic abuse

**Respect** ......................... 0808 802 4040
Information and advice for anyone who is abusive to their partner

**MALE adviceline** .................. 0808 801 0327
Support for men experiencing domestic abuse

**Women’s Aid/Refuge** ............ 0808 2000 247
24hr helpline for women in abusive relationships

**www.endabuse.org.uk** website signposting support available on domestic abuse in North Somerset and the UK

**Reclaim Project** ................. 07919 440 233
(Formerly The Women’s Project) Free counselling, for those who have left an abusive relationship

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**Health**

**NHS 111**
24hr helpline for non emergency medical help

**Hospitals**

- **Weston Hospital** ................. 01934 636 363
- **Southmead Hospital** .......... 0117 950 5050
- **St Michael’s Hospital** .......... 0117 342 5325
  or 5324

**Addaction** ...................... 01934 427 940
Drop-in, needle exchange, one-to-one and group sessions for anyone with a substance addiction issue

**ARA** .......................... 01934 415 376
Support for anyone with an alcohol issue.

**Care Connect** ................... 01934 888 801
Information for vulnerable, disabled, and/or older people on any issue

**FRANK national drugs helpline** .......................... 0300 123 6600
24hr drugs information service

**Friend** .......................... 01934 622 292
Community Mental Health resource centre – support groups, advocacy and therapeutic activities

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For your safety you can detach this bit of the leaflet so that you are left with a list of telephone numbers on various subjects.

Protect yourself and only call when safe to do so, a call to some agencies may arouse less suspicion than others.
It’s worth thinking now about what you might need if you have to leave in a hurry:

• keep this card handy where it won’t be found
• if safe, put the following away or leave with a friend: paperwork (birth certificates, benefit books etc), cash, clothes, toiletries, keys
• think about transport to get away
• arrange a signal with a friend so they know when you are going
• don’t forget your children’s favourite toys.

If it is not safe to hide things away at least think about where the things you need are and how you could collect them in order to leave quickly.

But remember that the most important thing is that you and your family are safe. You can always replace possessions.

**Designated in consultation with Survivors’ Advisory Group.**

**For more copies of this leaflet or further information about domestic abuse services in North Somerset contact:**

Domestic Abuse Co-ordinator
01934 426 343
community@n-somerset.gov.uk

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**Housing**

**Housing Advice Team** 01934 426 330
Advice for anyone who is, or may become homeless
Emergency out-of-hours 01934 622 669

**Alliance Homes**
Floating Support Services 03000 120 120
One-to-one support for anyone in North Somerset regardless of housing status

**Shelter helpline** 0808 800 4444
Housing advice line

**Crime**

**Crime Stoppers** 0800 555 111
Report crime in confidence

**Forced Marriage Unit** 0207 008 0151
Confidential advice for anyone at risk of a forced marriage

**Police**
Main switchboard 101

**Victim Support** 0845 30 30 900
One-to-one support for any one experiencing any crime including domestic abuse, burglaries, harassment

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**Children/young people/social care**

**Childline** 0800 1111
For children/young people in distress

**North Somerset Council**
Child Protection 01275 888 808
Out-of-hours 01454 615 165

**Vulnerable/disabled/older people** 01275 888 801

**NSPCC** 0808 800 5000
for anyone worried about a child

**Law**

**Citizens Advice Bureau** 08444 111 444 or 0300 3300 650
Free, independent advice

**Civil Legal Advice** 0845 345 4345
Find out if you can get Legal Aid

**Emergencies**

**North Somerset Council**
Main switchboard 01934 888 888
24hrs for Social Services, housing emergencies etc 01934 622 669

**Samaritans** 0845 790 9090
Confidential emotional support 24hrs

**National Grid Gas Emergencies** 0800 111 999
If you smell gas ring immediately