Find out more

If you are experiencing difficulty cooking or preparing meals and feel that you may not be eating properly, a telephone call to the Community Meals Team is all you need to do. The service is open to any age group to help provide a good balanced diet. An important part of the service is the added extras – we can plate, cut up, encourage to eat, fetch a drink and will always make sure you are safe.

Our hot meals are delivered at around midday Monday to Friday and are ready to eat. For the very vulnerable, it may also be possible to receive our weekend service. Anyone can contact the Community Meals Team on your behalf or you can do this yourself. The service can be for a very short term if you are recovering from illness or long term where there is an ongoing need. We can deliver as many or as few meals as you need.

An important part of our service is that the person delivering your meal will ensure that you are safe and well, reporting any problems you may have to the Community Meals Team. This helps to support carers and gives you reassurance that someone is visiting.

Hot Meals

A range of meals are provided ensuring variety and interest and any special dietary needs such as diabetic or gluten free can be met. Particular dislikes can also be removed from your personal menu to ensure you receive a meal which you like.

Tea Time Meals

When receiving a hot meal you can also arrange for a tea meal to be eaten later in the day. This will be a sandwich accompanied by something sweet such as a piece of cake, scone or fruit.

Prices

With effect from 1st April 2016, the prices are:

- hot meal including pudding £4.50
- tea meal £3.30

We'll send you an invoice for payment every month.

Contacting the Meals Team

For further information please contact Community Meals on Wheels:
North Somerset Council
Town Hall
Weston-super-Mare
BS23 1UJ

Telephone: 01275 882155
Email: community.meals@n-somerset.gov.uk
Web site: http://www.n-somerset.gov.uk/communitymeals