

BABY MASSAGE 2020

For Babies 7 weeks - 9 months

£30 for 5 sessions - £6 per session

10 places available

Jointly run by Yeo Valley CC, Yatton CC and Clevedon CC

Money to be paid in full at the time of booking (non-refundable).

When	Time	Where
Friday 17 th January 2020 With Lisa Meehan	10.30-11.30am	Clevedon Children's Centre The Barn, Great Western Road, BS21 6HB
Thursday 27 th February 2020 With Louise Morgan	1.30-2.30pm	Yeo Valley Children's Centre, St Andrews CofE Primary School, Station Road, Congresbury, BS49 5DX
Friday 24 th April 2020 With Lisa Meehan	10.30-11.30am	Clevedon Children's Centre The Barn, Great Western Road, BS21 6HB
Thursday 11 th June 2020 With Louise Morgan	10.30-11.30am	Yatton Library & Children's Centre High Street, Yatton, BS49 4HJ
Monday 20 th July 2020 With Lisa Meehan	1.30-2.30pm	Clevedon Children's Centre The Barn, Great Western Road, BS21 6HB

'Supporting Parent's/Carers to learn how to communicate with their babies'

Infant massage can help:

- Strengthen baby-parent communication
- Boost self esteem and confidence in parenting
- Enhance your understanding of baby's development
- Relax parent and baby
- Encourage a deeper sleep for baby
- Relieve wind, colic and constipation
- Develop muscle tone and co-ordination



Priority given to families in most need and with a referral the cost c

To sign up for the 5 sessions please contact:

Clevedon Children's Centre: 01934 426440

Yeo Valley Children's Centre: 01934 426643

Central.Children'sCentre@n-somerset.gov.uk



<https://www.facebook.com/CentralGroupCC/>