BABY MASSAGE 2020
For Babies 7 weeks - 9 months

£30 for 5 sessions - £6 per session
10 places available
Jointly run by Yeo Valley CC, Yatton CC and Clevedon CC
Money to be paid in full at the time of booking (non-refundable).

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| Friday 17th January 2020  | 10.30-11.30am | Clevedon Children’s Centre
With Lisa Meehan            |               | The Barn, Great Western Road, BS21 6HB                                |
| Thursday 27th February    | 1.30-2.30pm   | Yeo Valley Children’s Centre, St Andrews CofE Primary School, Station Road, Congresbury, BS49 5DX |
| 2020 With Louise Morgan   |               |                                                                      |
| Friday 24th April 2020    | 10.30-11.30am | Clevedon Children’s Centre                                          |
| With Lisa Meehan          |               | The Barn, Great Western Road, BS21 6HB                                |
| Thursday 11th June 2020   | 10.30-11.30am | Yatton Library & Children’s Centre
With Louise Morgan          |               | High Street, Yatton, BS49 4HJ                                        |
| Monday 20th July 2020     | 1.30–2.30pm   | Clevedon Children’s Centre
With Lisa Meehan            |               | The Barn, Great Western Road, BS21 6HB                                |

‘Supporting Parent’s/Carers to learn how to communicate with their babies’

Infant massage can help:
- Strengthen baby-parent communication
- Boost self esteem and confidence in parenting
- Enhance your understanding of baby’s development
- Relax parent and baby
- Encourage a deeper sleep for baby
- Relieve wind, colic and constipation
- Develop muscle tone and co-ordination

Priority given to families in most need and with a referral the cost can be met by the Centre.

To sign up for the 5 sessions please contact:
Clevedon Children’s Centre: 01934 426440
Yeo Valley Children’s Centre: 01934 426643

Central.Children’sCentre@nsomerset.gov.uk https://www.facebook.com/CentralGroupCC/