

Your health visiting team

[Getting to know your health visitor](#)

This is an introductory leaflet to health visiting, family nurse partnership & school nursing services.

[Well baby clinics](#)

Well Baby Clinics are regular sessions across the week where you can get support and information with feeding and caring for your baby from birth up to starting school. Some sessions are drop in, others are by appointment.

[East](#)

Well baby clinic listing for Shrewsbury and The Centre Manor Park Health Visiting Teams.

[West](#)

Well baby clinic listing for Lord Lister and West Ham Lane Health Visiting Teams.

[Central](#)

Well baby clinic listing for Chargeable Lane and Joyce Campbell Health Visiting Teams.

[South](#)

Well baby clinic listing for Appleby, and Beckton & Royal Docks Health Visiting Teams.

[Newham Baby Feeding Groups](#)

Come along to a Baby Feeding group for support and information with feeding your baby. You will receive skilled help with breastfeeding, using infant formula, starting solids and weaning.