

Healthy child appointments

Our health visiting teams support parents to develop close and loving relationships with their babies, improving well-being for all and enabling all children to reach their full potential.

We offer support with the transition to parenthood, mental health, infant feeding including breastfeeding, healthy weight, healthy nutrition and physical activity, managing minor illnesses, reducing hospital attendance/admissions and school readiness.

We offer extra support as needed, for example, with developmental concerns, post-natal depression, asthma, domestic abuse and emotional difficulties.

The health visiting administration team can be contacted on **020 3373 9983/9984**.

For BCG immunisations:

0 - 28 days: speak to your midwife

29 days - 1 year: Vaccination UK at newham.bcg@nhs.net or **01462 459595** or Vicarage Lane Health Centre on **020 8536 2070**

1 year and over: speak to your GP.

Please note that this information is subject to change.

Your child's appointments

6-8 week developmental review - your health visitor will arrange this with you during the new birth review.

12-16 week developmental review - your health visitor will arrange this with you during the 6-8 week review.

1 & 2-2 ½ year developmental review - our administration team will contact you to arrange an appointment.

10-14 days - new birth review

Appointment: _____

6-8 week developmental review

Appointment: _____

12-16 week developmental review

Appointment: _____

1 year developmental review (Book Start 1 given)

Appointment: _____

2 - 2 ½ year developmental review (Book Start 2 given)

Appointment: _____

Well baby clinics

Joyce Campbell and Chargeable Lane health visiting teams

Venue	Dates	Times	Extra information
Altmore Children's Centre, 101 Altmore Avenue, E6 2BX	4th Tuesday	9.30am - 11.30am	Drop in
Market Street Practice, 52 Market Street, E6 2RA	2nd Wednesday	1.30pm - 3.30pm	Drop in
Oliver Thomas Children's Centre, 1 Mathews Avenue, E6 6BU	3rd Wednesday	1pm - 3pm	Drop in
Plaiستow Children's Centre, 14 Eastern Road, E13 9HX	2nd Wednesday	9.30am - 11.30am	Drop in
	4th Wednesday	1.30pm - 3.30pm	Drop in
Community Resource Centre 200 Chargeable Lane, E13 8DW			Drop in and follow ups by appointment only
West Ham Lane Health Centre, 84, West Ham Lane, E15 4PT	Every Saturday	10am - 12noon	Drop in
Canberra Road Canberra Road, East Ham, E6 2RW			Follow ups by appointment only