

## **One un-missable week this autumn for Middlesbrough teens**

Middlesbrough Council are encouraging local parents to secure a place for their teenager on the National Citizen Service (NCS) autumn programme.

The NCS autumn programme, running during the half-term, is open to 16 and 17 year olds currently in year 12, 13 or equivalent provision and enables teenagers to build confidence make new friends and develop important life skills.

The programme costs about £1,400 per young person to deliver, but no parent or guardian will pay more than £50 (£10 depending on circumstances) – and this covers everything, including food, accommodation, travel, and all activities.

### **Adventure. Discovery. Action.**

Starting with an action-packed four-day, three-night residential somewhere like the Lake District or Yorkshire Dales, participants will meet new people and enjoy adventure, fun and freedom.

Returning home, they'll spend a further three days developing life skills like confidence, leadership and communication to boost their CV or UCAS personal statement.

Next up they'll work with their NCS team to put their new skills into practice by delivering a community project of their choice, making a lasting impact on the local area.

### **Departure dates for Middlesbrough**

Friday 21<sup>st</sup> October  
Monday 24<sup>th</sup> October

### **Special offers**

Get in early and bag a £10 Spotify gift card; that's a month's worth of Spotify premium! All they need to do is quote the [#TERRIFIC250 offer](#)... but hurry, it's only open to the first 250 early birds.

Already taken part in NCS? They can recommend a mate who hasn't and they'll each receive a £15 iTunes gift card. They'll need to let a friend know to quote the [#NCSMates promotion](#) when booking to be eligible.

NCS parents; has your teen returned from NCS more confident and with tons of new skills? Let us know how "NCS has been great for my son/daughter because..." and you will be in with a chance to win £25 worth of Amazon or Intu shopping vouchers. Just post to the NCS page on [Facebook; search NCS North East](#), or tweet [@NCSNORTHEAST on Twitter](#).

**To secure a place or find out more, call the NCS North East team on [0191 247 4020](tel:01912474020) or visit [NCSNORTHEAST.CO.UK](http://NCSNORTHEAST.CO.UK)**