**Timetable for 2 January 2018 - 9 February 2018**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Stay and Play 0-3yrs 9.15 - 10.30am. 15.01.18, 29.01.18 &amp; 05.02.18 WAINSCOTT PRIMARY SCHOOL</td>
<td>Stay And Play 1-2yrs 9.30 - 10.30am. Starting on 16.01.18 C &amp; F WELLBEING CENTRE</td>
<td>Little Chefs 2-5yrs 09.30 - 11am. 5 week course starting 10.01.18 STROOD C &amp; F HUB</td>
<td>Child Health Clinic 9.30 - 11am. 1st Thursday of the month STROOD C &amp; F HUB</td>
<td>Child Health Clinic 9.30 - 11am. 2nd &amp; 4th Friday of the month STROOD C &amp; F HUB</td>
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<tr>
<td>[ appointment only ] Introducing Solid Foods &amp; Oral Health 09.30 - 11.30am starting 05.02.18 C &amp; F WELLBEING CENTRE</td>
<td>Baby Bounce and Rhyme 0-1yr 10.30 - 11am. Starting on 02.01.18 STROOD C &amp; F HUB</td>
<td>1-1 Breastfeeding Support 09.30 - 11.30am on 07.02.18 STROOD C &amp; F HUB</td>
<td>Child Health Clinic 9.30 - 11am on 18.01.18 HALLING COMMUNITY CENTRE</td>
<td>Baby Group 0-1yr 10 - 11.30am. Starting 19.01.18 HUNDRED OF HOO</td>
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<td>Little Food Explorers 8-12m 9.30 - 11am on 22.01.18 STROOD C &amp; F HUB</td>
<td>Stay &amp; Play 0-3yrs 10 - 11.30 am starting on 17.01.18 ALLHALLOWS</td>
<td>Child Health Clinic 12.30 - 1.45pm on 10.01.18 HOO LEISURE CENTRE</td>
<td>Stay Rattle and Rhyme 0-1yr 10 - 11am starting on 18.01.18 ALLHALLOWS</td>
<td>Toddler Shake &amp; Boogie 10.30 - 11am. Starting on 05.01.18 STROOD LIBRARY</td>
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<td>Baby Group 0-1yr 10 - 11am. 15.01.18, 29.01.18 &amp; 05.02.18 CUXTON LIBRARY</td>
<td>Child Health Clinic 10 - 11am ST HELENS HOUSE</td>
<td>Little Chefs 2-5yrs 1.15 - 3pm. 5 week course starting 10.01.18 Chattenden Community Centre</td>
<td>Child Health Clinic 1 - 2pm. 1st Thursday of the month ALLHALLOWS</td>
<td>Introducing Solid Foods &amp; Oral Health 1 - 3pm. Starting in February 2018 STROOD C &amp; F HUB</td>
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<td>Child Health Clinic 09.30 - 11.30am. 05.02.18 GRAIN VILLAGE HALL</td>
<td>Stay and Play 0-3 yrs 1.15 - 2.30pm. Starting 16.01.18 HUNDRED OF HOO</td>
<td>Child Health Clinic 1.30 - 2.30pm. ABC COMMUNITY PROJECT</td>
<td>Baby Group 0-1yr 9.30-10.45am starting 18.01.18 ALLHALLOWS</td>
<td>Lego Club 4yrs + 3 - 5pm. Starting on 05.01.18 STROOD LIBRARY</td>
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<td>Child Health Clinic 1 - 3pm. 2nd &amp; 4th Monday of the month C &amp; F WELLBEING CENTRE</td>
<td>Teatime Story 3-8yrs 4 - 5pm. Starting on 02.01.18 STROOD C &amp; F HUB</td>
<td>Little Chefs 2-5yrs 1.15 - 3pm. 5 week course starting 10.01.18 Chattenden Community Centre</td>
<td>Child Health Clinic 1 - 2pm. 1st Thursday of the month ALLHALLOWS</td>
<td>Strood C &amp; F HUB</td>
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<td>Children &amp; Family Wellbeing Centre</td>
<td>Strood Library</td>
<td>Chattenden Community Centre</td>
<td>Strood C &amp; Family Hub</td>
<td>Halling Community Centre</td>
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*Libraries and Community Centres are highlighted for reference.*
Contact Us:

Children & Family Well-Being Centre (formally Bligh Children's Centre)
Address: Bligh Way, Strood. ME2 2XJ
Tel: 01634 336213

Strood Children & Family Hub (formally Gun Lane Children's Centre)
Address: Gun Lane, Strood. ME2 4UF
Tel: 01634 717115 / 731560

Community Venues:

- Halling Community Centre - High Street, Halling. ME2 1BS
- Cuxton Library - Bush Road, Cuxton. ME2 1EY
- Grain Village Hall, Chapel Road, Isle of Grain. ME3 0BY
- Wainscott Primary School - Wainscott Road, Wainscott. ME2 4JY
- Hundred of Hoo Nursery, Main Road, Hoo. ME3 9HH
- ABC Centre, 13 Mercury Close, Borstal. ME1 3AT
- St Helens House, 145 Church Street, Cliffe. ME3 7PY
- Strood Library, 133 Highstreet, Strood. ME2 4TJ
- Chattenden Community Centre, Swinton Avenue, Chattenden. ME3 8PH
- HOO Leisure Centre, Main Road, HOO. ME3 9EY
- Allhallows Village Hall, Stoke Road, Allhallows. ME3 9PF

Most of our groups run term-time only, but we also organise School Holiday Activity Programmes where older siblings are welcome. We always value your input and ideas so please share your thoughts with us.

With the exception of our under 1’s groups, older and younger siblings are welcome to attend sessions. However, the activities provided are aimed at the age range stated.

Strood Children & Family Hub
For families with children aged 0-5 Years
Timetable for 2 January 2018 - 9 February 2018

‘My family having fun!’ by Bella aged 4

Hub Manager: Raz Goodred
www.medwayfisd.com/childrenscentres

All Medway Children’s Centres are committed to recruiting with care and safeguarding and promoting the welfare of children and young people. We expect all parents/carers, staff and volunteers to share this commitment.

As part of our Safeguarding Policy we ask you not to use your mobile phone during sessions at the centre. This includes talking, texting and taking photographs..