

TOP TIPS

For working with Children and Young People with Autism



Matthew is a valued and enthusiastic member of the FJYPB as well as being a part of other youth groups in his local area. He has experience of private law proceedings and has Aspersers Syndrome.

From his experience of working with various professionals Matthew has produced a series of TOP TIPS that help him feel at ease and able to effectively engage in services. Matthew would like to share these with all professionals who work with him and other children and young people who have Autism.

1

•I like professionals to talk to me calmly.

2

•Don't talk over me, let me finish talking first and wait for me to answer your questions.

3

•Don't treat me or speak to me like a baby.

4

•Give me simple questions so I don't get confused.

5

•Always use eye contact and ask me if I understand.

6

•Never try to force me to do things I don't want to do.

7

•Never make false promises. If you're doing something I will always think it is a promise.

8

•I like it when I am given good feedback.

9

•I don't tend to show much emotion if any at all.

10

•I am a creature of habit and I like routine.

11

•When I get upset I like to be left alone in a safe environment.

12

•Make sure you always listen to me as sometimes I get frustrated and I can lose my temper