

## Independent Travel Training

The Independent Travel Training Program is available to anyone who has an entitlement to transport provided by Lincolnshire County Council.

The ITT program is one to one training designed to equip young people with the confidence and skills required to travel independently. It is made possible by trainers who accompany a young person throughout their entire journey either by bus, train, cycling or walking, gradually reducing support until the young person can manage every aspect of their journey independently.

The training is tailored to the individual and provided on a regular basis (usually one day a week) by the same trainer with no specified end date. This provides consistency and encourages trust between the trainer and candidate.

The potential skills to be gained from ITT are:

- ✓ *Self confidence*
- ✓ *Road safety*
- ✓ *Geographical knowledge of their local area*
- ✓ *Ability to deal with unpredictable situations i.e. the bus running late*
- ✓ *Enthusiasm and ability to continue education*
- ✓ *Overall increased independence*

Since the programme was launched 228 young people have completed their training and are travelling independently

Ongoing training will develop life and travel skills which will lead to the trainee's world opening up. This will give the trainee better education and career prospects as well as the opportunity for increased social activities. The programme also teaches the trainee to plan ahead and cater for the unexpected, a skill which is developed throughout training.

Additional Benefits of ITT are:

- ✓ *Increased independence*
- ✓ *Increased self-esteem*
- ✓ *Access to wider opportunities for the future i.e. work, further education*
- ✓ *Ability to socialise with friends, enjoy a hobby or visit family*
- ✓ *Provides relief for the whole family*

The trainee is awarded a certificate at the end of the training.

**For more information please contact the ITT Team on the details below:**

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