1. Poster for services

East Midlands Community Forensic Child & Adolescent Mental Health Service

The East Midlands FCAMHS service is a multidisciplinary service providing advice, consultation or support to services and teams who work with young people who present with complex needs such as those who exhibit risky behaviours, complex mental health needs, who are in the youth justice system and have mental health difficulties.

FCAMHS works with you for time limited periods to provide consultation, assist with case formulation, developing appropriate treatment packages with young peoples existing clinical teams and support networks.

We take referrals from any professionals working with complex young people who meet the above criteria and where a CAMHS Service is already involved.

For more information or to discuss as young person with us, please contact us on Not-tr.eastmidlandsfcamhs@nhs.net or 0115 9529487
What is Forensic CAMHS?
We are a team who work with children and young people who need extra support with risky behaviours that might get them in trouble and with their mental health such as their emotions, thoughts or behaviours. We also work with people who use risky behaviours that might get them into trouble or who are known to the Youth Justice System.

What we can help with
We will work with the teams that support you already. We will help them think about what else you might need to stay safe or have fewer risky behaviours. We may work with you to offer you some additional support on things that will help you and other people feel better and help you stay safe.

What will happen when you are referred to Forensic CAMHS?
We will speak to the people who know you to get more information about you. If we need to meet with you we will arrange this at a time and place that suits everybody and find out more about what’s going on with you. Together we will work out a plan for how to help you.

What we would like from you
If we meet with you, we would like to hear about the things you are struggling with and how we may be able to help. Please let us know if you cannot meet with us so that we can arrange another time. If you have any worries about this meeting please talk about this with the Professional you find it easiest to work with and you can also talk to us when we meet.

What to do next?
You do not have to do anything for now. We will get in contact with your team soon and they will let you know the plan.

Who works in our team?
Nurses
Psychologist
Psychiatrist
Team admin
Speech & Language Therapist
Social Worker

You will not need to meet with everybody in the team. If we think meeting you would help, one or two of the team will come and see you.

If you want to speak to us please contact
Not-tr.eastmidlandsfcamhs@nhs.net or 0115 9529487