

# Are you 16-19 and living in Islington? Need help to get into education, training or employment?

★ ★ ★  
**ISLINGTON'S  
PROGRESS  
PLEDGE**

## We pledge to help you by offering...

- Careers guidance with our qualified advisers
- Job coaching
- Mock interviews
- Support in English and maths up to Level 2
- One-to-one support to help you into education, a traineeship or apprenticeship, or employment
- Up to 100 hours of work experience or volunteering
- Help to access other support services

Contact the Progress team on **0207 527 7031**  
or email **[progress@islington.gov.uk](mailto:progress@islington.gov.uk)**



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You can find us at Lift and Platform –  
just drop in:



**Mondays**

2 – 7pm  
at

**Platform**

Hornsey Road Baths  
2 Tiltman Place  
Islington  
N7 7EE



**Wednesday and Fridays**

12 – 5pm  
at

**LIFT**

45 White Lion Street  
Islington  
N1 9PW