

## SOUTH ISLEWORTH CHILDREN'S CENTRE

### SUMMER TIMETABLE VALID FROM 23<sup>rd</sup> JULY – SEPTEMBER 2014

MONDAY AM	TUESDAY AM	WEDNESDAY AM	THURSDAY AM	FRIDAY AM
<p>10:00am – 11:45am <b>STAY AND PLAY</b> INCLUDING STORIES AND MUSIC WITH MARK (£1 per family)</p>	<p>10:00am -11:45am <b>TWINS AND TRIPLETS CLUB</b> STAY AND PLAY (£1 per family)</p>	<p>9:30am – 10:45am <b>CHILD HEALTH CLINIC</b> Baby weigh-in and advice</p> 	<p>10.00am – 11:45am <b>MESSY</b> <b>STAY AND PLAY</b> (£1:00 per family)</p> <p><b>BABY/TODDLER TALK</b> Age 18 months – 3 years Starts 7<sup>th</sup> August Speak to a member of staff</p>	<p>10:00am – 10:45am <b>Family Fitness</b> Sessions with Lisa (£2:00 per family)</p> <p>11:00am – 12:45pm <b>HEALTHY COOKING</b> <b>BOOKABLE</b> (£2:00 per family)</p>
<p>9:30am–11:30am <b>STAY &amp; PLAY @ Bridgelink</b> Plus stories and music with Mark (£1.50 per family)</p> <p>10:00am – 11:30am <b>Bumps and Babies Group</b> <b>@ Bridgelink</b> <b>FREE</b></p>	<p>9:30am-11:30am <b>STAY &amp; PLAY</b> <b>@ Bridgelink</b> (£1.50 per family)</p>	<p>9:30am-11:30am <b>STAY &amp; PLAY</b> <b>@ Bridgelink</b> (£1:50 per family)</p>	<p>9:30am-11.30am <b>STAY &amp; PLAY</b> <b>@ Bridgelink</b> (£1.50 per family)</p>	<p>9:30am – 11:30am <b>STAY &amp; PLAY</b> <b>@ Bridgelink</b> (£1.50 per family)</p>
MONDAY PM	TUESDAY PM	WEDNESDAY PM	THURSDAY PM	
<p>1:00pm – 2:00pm First Monday of each month Come along to <b>NAPPY NATTERS</b> with Anna</p>	<p>1:30pm - 3:15pm <b>STAY AND PLAY</b> INCLUDING STORIES AND MUSIC WITH MARK (£1 per family)</p>	<p><b>Taster Workshops</b> <b>1:00pm – 3:00pm</b> Mini Bollywood 6<sup>th</sup> August Learn Face Painting 13<sup>th</sup> August Growing is Fun 20<sup>th</sup> August Science Play and Talk 27<sup>th</sup> August Age 2 – 5 years All bookable see member of staff <b>FREE</b></p>	<p>12:30pm – 2:30pm <b>STAY &amp; PLAY</b> for families with English as 2<sup>nd</sup> language (£1 per family) <b>TODDLER TEMPO</b> WITH JULIA</p> <p>1:00pm – 2:30pm <b>BREAST FEEDING</b> Support drop in <b>FREE</b></p>	<p style="text-align: center;"><b>For advice and support please ask for Maryam</b></p>

Address: Worple Road, Isleworth TW7 7AP Tel: 0208 583 5885 for Bridgelink call 0208 892 2223  
Siblings up to the age of 7 years are welcome