



**Voice:** we support people to speak up to improve their lives and those of the wider community.



**Rights:** we help people to understand their rights and make sure these are respected under legislation.



**Choice:** we give people a clear picture of their options so they can make informed decisions.

## Our vision is a world in which every person has a voice

**At The Advocacy Project we help marginalised people speak up, understand their rights and make choices.**

Everyone has the right to influence decisions affecting their lives. We offer advocacy and user involvement services to support people to stand up for their rights and have a say on the issues that matter to them.

We believe that when an individual has a voice, understands their rights and makes choices, real change can happen.

**Advocacy** supports people to express their point of view and have it taken seriously. We provide instructed and non-instructed advocacy, statutory and non-statutory advocacy. Our advocates work under the Mental Health Act, Mental Capacity Act, Care Act and the Social Care Act. We also work as Paid Relevant Person’s Representatives and in community settings.

**User involvement** enables people to actively improve the services they use and influence policy. We support people to be involved in every aspect of their services, from individual care to planning, management and evaluation.

“Different Voices has given me a reason for maintaining my wellness.”  
User involvement member

“The Advocacy Project listens to the voices of people who use their services – those voices are there in the room at board level.”  
Jacqui McKinlay, Trustee

“It’s good to be involved. I like making a difference to people with mental health and learning disabilities.”  
Sylvia

### In 2016/17...

3,134

people had a voice, learned about their rights and made choices

1,000

copies of Speakeasy distributed

597

ward rounds attended by advocates

326

health and social care staff trained by our service users

889

people took part in user involvement groups

250

visits to care homes by advocates

### Contact The Advocacy Project



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