



# My Profile



Name: ..... Age: .....

## What is important to me:

People:

Places:

Things:



## My aspirations and goals:

My hopes/dreams/ambitions for the future are:



What I hope to do after school:

Sometimes I worry about...

## What people like and admire about me:

What my family like about me...

What my friends like about me...

What my teachers like about me...



## What helps me:

e.g. to try new things, to learn, to be more independent etc.

## What doesn't help me:

e.g. to try new things, to learn, to be more independent etc.

