Your home is full of ways to play

Find toys to help talking

Toys for Talking

“Brmm brmm! You’re driving fast!”

“Beep! Beep!”
Toys...

...Children focus on what they choose
...When children are looking & listening, they learn!

How to play:
- Set up Teddy’s Tea Party
- Time for Bed
- Wash Time
- Get Teddy dressed

Words to learn:
- Drinking
- Eating
- Sleeping
- Pouring
- Teddy
- Drink
- Food
- Dressing
- On
- Off
- Cooking
- Sponge

How to play:
- Blow bubbles
- Pop them together
- Wait for your child to ask for more (e.g. “more”, point, grunt)

Words to learn:
- More Bubbles!
- All gone
- Blow
- Pop
- Up
- Down
- More
How to play:
• Take pieces out
• Give your child time to put them in by themselves - help if needed
• Talk about the pieces e.g. “You’ve got the duck”, “A dog! Woof!”

Words to learn:
Names of the puzzle pieces e.g. “elephant”, “aeroplane” • Describe what things do e.g. “Ducks swim”

How to play:
• Races
• Wash the car
• Pretend Car trips:
  - garage
  - supermarket
  - farm

Words to learn:
Car • Driving
Passengers • Fast
Slow • Stop! • Go!
Driver • Windows
Wheels

• Toys do NOT need to be expensive or high-tech to help learning and talking.

• It’s important for children under 5 years to develop their imagination and learn new words.

• Children can learn their ABC’s & 123’s when they get to SCHOOL.
See what you and your child can find at home!

**BEDROOM**
- Towel
- Dryer
- Music
- Sponge
- Box

- Where's Jack?
- PEEKABOO!
- You're pouring tea...
- ...Cutting the cake
- Teddy's drinking

**KITCHEN**
- We're making playdough!
- BANG BANG BANG the drum!

TOYS and TALKING opportunities are everywhere!
Opportunities are everywhere!

**BATHROOM**

- You're camping!
- Let's go fishing!
- It's raining!

**LOUNGE**

- You're in the cave
- Jump up
- Turn around!
- Touch the ground
- Next stop is Peckham
- All aboard!
- Dark rice

See what you and your child can find at home!

Plastic bottle
Cushions
Pan
Spoon
Rice
Stuff at Home

Anything can become an interactive toy!

- Play Ready, Steady, Go!
- Say "Ready, Steady..."
- Pause to see if your child says "Go!"
- If they don't, say "GO!"

- Shake your bottle
- Shout "STOP!"
- Do it again...

- Buttons or rice or pasta or beans etc!

**x 1**

+ **a shaker!**

- Play Ready, Steady, Go!
- Say "Ready, Steady..."
- Pause to see if your child says "Go!"
- If they don't, say "GO!"

- Shake your bottle
- Shout "STOP!"
- Do it again...

**x 1**

+ **a car**

- Play Ready, Steady, Go!
- Say "Ready, Steady..."
- Pause to see if your child says "Go!"
- If they don't, say "GO!"

- Shake your bottle
- Shout "STOP!"
- Do it again...

**x 1**

+ **a house**

- Play Ready, Steady, Go!
- Say "Ready, Steady..."
- Pause to see if your child says "Go!"
- If they don't, say "GO!"

- Shake your bottle
- Shout "STOP!"
- Do it again...

**x 1**

+ **Lucky dip**

- Play Ready, Steady, Go!
- Say "Ready, Steady..."
- Pause to see if your child says "Go!"
- If they don't, say "GO!"

- Shake your bottle
- Shout "STOP!"
- Do it again...

What's in the bag?

- Apples... on the table
- Duster... under the sink
- Baked beans... in the cupboard
- Meat... bottom of the fridge

Where do the ____ go?

- Apples... on the table
- Duster... under the sink
- Baked beans... in the cupboard
- Meat... bottom of the fridge
REMEMBER...

...Children learn talking by playing with you

...Play opportunities are everywhere

...Anything can become a toy

...Toys can help children use their imagination & learn new words

Toys are more than what you can find in a toy shop.

...Let your child choose the toy and follow their lead

- Do NOT leave children unsupervised with household items.
When to be concerned:

- Does your child not respond to their name?
- Are they 18 months and not using any words?
- Are they over 2 years and not following instructions without gesture?
- Are they over 3 years and family members can’t understand them?
- Are they showing signs of frustration?

What to do if you are concerned:

- Try not to feel anxious. All children develop differently.
- If your child is under five, speak to your Health Visitor. They can give you advice or direct you to a 'Play and Talk' session to speak with a Speech and Language Therapist.
- Contact Ealing Speech and Language Therapy service on: 020 8825 8856

A health programme devised by NHS Southwark Speech and Language Therapy team