Short Break Services in Ealing

For children, young people and young adults under 25 with disabilities and/or complex medical needs.

CHILDREN’S SERVICES

Ealing

www.ealing.gov.uk

NHS Ealing
INTRODUCTION 4
APPROVED PLAY AND LEISURE PROVIDERS IN EALING FOR CHILDREN AND YOUNG PEOPLE UNDER 25 WITH DISABILITIES AND / OR COMPLEX MEDICAL NEEDS 6

SECTION A
SHORT BREAKS 8
THE LOCAL OFFER FOR SHORT BREAK SUPPORT SERVICES FOR CHILDREN AND YOUNG PEOPLE AGED 0 – 18 YEARS OLD 9

SECTION B
ADDITIONAL SHORT BREAKS 11
ADDITIONAL SHORT BREAKS FOR CHILDREN AND YOUNG PEOPLE AGED 0 – 18 YEARS OLD 11
DOMICILIARY CARE 14
FAMILY LINK SERVICE 17
FURTHER INFORMATION 17
SHORT BREAKS FOR YOUNG ADULTS WITH LEARNING DISABILITIES AGED 18 – 25 YEARS OLD 18
RESIDENTIAL SERVICES 19
FAMILY BASED BREAKS 20
COMMUNITY, SOCIAL AND LEISURE BREAKS 20
HOME BASED BREAKS 21
EMERGENCY SHORT BREAKS 21
FURTHER INFORMATION 21

2 Short Break Services in Ealing
SECTION C
APPROVED PLAY, LEISURE AND RECREATION PROVIDERS

WHAT DOES THE APPROVED PLAY, LEISURE AND RECREATION PROVIDERS LIST MEAN FOR PARENTS / CARERS AND YOUNG PEOPLE? 24
FUNDING FOR OUT OF SCHOOL PLAY PROVIDERS 25
APPROVED PLAY, LEISURE AND RECREATION PROVIDERS IN EALING 26
NEW CORE CHILDREN’S SERVICES 26
CROSSROADS CARE WEST LONDON 27
NEW EALING MENCAP 28
NEW KIDS 29
LOG CABIN 30
NEW NATIONAL AUTISTIC SOCIETY (NAS) 31
ROYAL ASSOCIATION FOR DEAF PEOPLE (RAD) 32
NEW SCOPE 33
NEW SUPPORT FOR LIVING 34

SECTION D
HOLIDAY CLUBS AND ACTIVITIES

SPECIAL SCHOOLS HOLIDAY ACTIVITIES 36
HOLIDAY AND WEEKEND CLUB ACTIVITIES 37
FURTHER INFORMATION 39
FAMILY FUN DAYS AND TRIPS 40

SECTION E
OTHER SPORT AND LEISURE SESSIONS

NEW FOR SUMMER 2012 44
NOTES 45
INTRODUCTION

This booklet provides information on short breaks available in Ealing for children and young people under 25 with disabilities* and / or complex medical needs.

Have you ever wondered what short breaks means?

Do you need to know what short breaks are available in Ealing for children and young people with disabilities?

Have you heard of Ealing’s Local Offer to parents with children / young people with disabilities?

Are you a young person wanting to find out what services are available for you?

Do you need to find out what transition services are available to young people in Ealing?

As a parent/carer or young person do you want to find out what recreation services in Ealing cater for children or young people with Autism?
Then this booklet is for you as Ealing Council has developed this booklet to outline short break services available in Ealing.

This booklet is separated into five sections:

**Section A**
Outlines what is a short break, eligibility criteria for short breaks and how you can access them in Ealing for children, young people and young adults. This section also explains Ealing’s local offer for short breaks for families with children and young people with disabilities aged 0 – 18 years old.

**Section B**
Gives an overview of targeted short break services in Ealing that offer more traditional domiciliary care support and sitter / carer service for families in crisis to befriending / buddying service for young people that promotes social inclusion.

**Section C**
Provides information on approved play, leisure and recreation providers in Ealing for children and young people aged 4 – 25 years old. This section also includes a special section on funding for out of school play providers.

**Section D**
Details of short break services for the holidays and weekends that are funded directly by Ealing Council.

**Section E**
Useful information on leisure services available in Ealing for children / young people with disabilities.

*In this booklet as defined by Equalities Act 2010 we use the term disabilities as when a person has a physical or mental impairment which has a substantial and long term adverse effect on that person's ability to carry out normal day to day activities.*
Approved providers are those organisations that have applied to be on this list and have been through a rigorous process to ensure they offer fun, exciting, challenging and safe activities to meet the needs of children and young people with disabilities and/or complex medical needs.

Each provider has been checked that they:
• Recruit and train staff well.
• Are skilled in working with children and young people with disabilities and/or complex medical needs.
• Represent good value for money.

In response to parents/carers requests for a list of providers that parent/carers are able to purchase play and leisure services for children with disabilities and/or complex medical needs Ealing Council has developed this list.
### Approved play and leisure providers in Ealing for children aged 4 – 10 years old with disabilities and / or complex medical needs

<table>
<thead>
<tr>
<th>Provider</th>
<th>After School Clubs</th>
<th>Weekend Clubs</th>
<th>School Holidays</th>
<th>Day Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core Children’s Services</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Crossroads (10 years plus)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>KIDS</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Log Cabin</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>MENCAP (8 years plus)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>National Autistic Society (7 years plus)</td>
<td>•</td>
<td>•</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Approved leisure and recreation providers in Ealing for children aged 11 – 18 years old with disabilities and / or complex medical needs

<table>
<thead>
<tr>
<th>Provider</th>
<th>After School Clubs</th>
<th>Weekend Clubs</th>
<th>School Holidays</th>
<th>Day Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core Children’s Services</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Crossroads</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>KIDS</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Log Cabin (up to 16 years old)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>MENCAP</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>National Autistic Society (NAS)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Royal Association for Deaf People</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SCOPE</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td></td>
</tr>
<tr>
<td>Support for Living (14 years plus)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td></td>
</tr>
</tbody>
</table>

### Approved leisure and recreation providers for children in Ealing aged 19 – 25 years old with disabilities and / or complex medical needs

<table>
<thead>
<tr>
<th>Provider</th>
<th>After School Clubs</th>
<th>Weekend Clubs</th>
<th>School Holidays</th>
<th>Day Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crossroads</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>KIDS</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>National Autistic Society (up to 19 years old)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>Royal Association for Deaf People (up to 19 years old)</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td>•</td>
</tr>
<tr>
<td>SCOPE</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td></td>
</tr>
<tr>
<td>Support for Living</td>
<td>•</td>
<td>•</td>
<td>•</td>
<td></td>
</tr>
</tbody>
</table>

For more information please refer to Section C (page 22)
SECTION A
SHORT BREAKS

What is a short break?
Short breaks are family support services that can enhance children / young people with disabilities and those with complex medical needs personal, social and emotional development. They form part of the wider package of support available to children / young people with disabilities and their families.

Short breaks range from supporting your disabled child / young person within the home / community to providing support so they can access universal / mainstream services.

Why have short breaks?
Short breaks can:

• Enhance children / young people with disabilities social emotional and personal development.

• Provide opportunities for disabled children and young people to spend time away from their primary carers. These include providing support so they can access, day, evening, overnight or weekend activities.

• Provide respite for families that are in crisis.

Who provides short break services?
Short break services are commissioned by Ealing Council and the NHS and are provided by a range of agencies including Ealing Council, health providers, voluntary, private or independent sector organisations.
What is the local offer?
Following consultation with Ealing’s Parent Forum and with our young people, it has been agreed that all eligible families should receive Ealing’s ‘Local Offer’, a minimum level of short break support services. The aim of our local offer is to encourage inclusion and to support children to access mainstream services.

This local offer is provided without assessment to children who meet clearly defined eligibility criteria, as outlined below. They do not need to be referred by a professional.

Which children and young people can be considered for short breaks funded by Ealing Council Children Services?
• A child or young person aged 0-18th birthday and living in the London Borough of Ealing, AND
• A child or young person with a disability that has a significant effect on their ability to carry out normal day-to-day activities. This includes children who have a severe sensory, learning or physical disability, a social and communication disorder or complex medical needs, OR
• Children and young people with a mild or moderate learning disability who experience loss or limitation of opportunity to take an appropriate part in the life of the community on an equal level.
• Young People with disabilities aged 18 years and above who need specialist short breaks are subject to adult services criteria. (There is a protocol between adult and children’s services to assist the transition process).
The eligibility criteria for short breaks is based on the following principles:

- Promoting the health, safety and well being of children with disabilities and young people, ensuring they can fully participate in family and community life, enjoying themselves with friends and making decisions about their lives.
- Preventing family crisis through the provision of the right level of support at the right time.
- The need to be fair, clear and equitable.

What services can you use via the ‘Local Offer’?
Ealing Council funds a number of services and providers who offer support to children with disabilities and their families as our local offer. This includes holiday activities and play schemes, after school and extended school activities, some special school overnight stays, sports and swimming sessions, Youth and Connexions Services/clubs e.g. Westside Young People’s Centre, Mencap Gateway clubs, Extreme Ability sports programme.

Below is a list of groups, sessions or clubs you can access without an assessment:
- Mencap Clubs
- Ealing Crossroads
- Westside Young People’s Centre
- Log Cabin Adventure Playground. Specialist provision can also be funded via an assessment.
- Specialist and mainstream holiday play schemes
- Futureversity
- A small grant payment during the summer holidays if your child has complex needs and cannot access specialist play scheme/activities

- Specialist sport sessions for children and young people with disabilities aged 8 years and over such as swimming, power chair football, wheelchair basketball, multi-sports sessions, indoor wall climbing. For more details refer to section E (page 44).
- Extended schools activities and other play provision.

What level of support can you get access to via the ‘Local Offer’?
For a child of school age we will ensure access to a holiday play scheme during the main school holidays. This is because parents and children have told us that holiday activities are a priority.

However we know that there will be some children / young people who may not want group activities so we will discuss this with you to find out how we can support you through another short break. We would assess whether your child’s needs would be best met through a specialist short break service or by providing a Direct Payment.

Do you have to pay for services available under the local offer?
As with provision for non-disabled children, the providers of the activities listed in this booklet may make a charge to parents. The cost of each activity / session is outlined throughout the booklet.

Where can you find more information on the local offer?
Ealing Council full local offer statement can be found on Ealing’s website http://www.ealing.gov.uk/downloads/file/1761/short_break_
SECTION B
ADDITIONAL SHORT BREAKS

ADDITIONAL SHORT BREAKS FOR CHILDREN AND YOUNG PEOPLE AGED 0 - 18 YEARS OLD
Specialist / targeted short break services require an assessment by a professional and are provided on basis of need. Targeted services available in Ealing include:

**Domiciliary care:**
Domiciliary Care provides support and respite services for parent's/carer's and children and young people through the provision of targetted and tailored one to one support. For more information on this service please refer to page 14.

**Befriending / Buddying:**
Befriending services take the form of a one to one relationship that enables a child / young person to access a range of community / leisure activities. A buddy / befriender can be a volunteer or paid worker. For more information on this service please refer page 15.

**Sitting / sessional worker services:**
This is care that takes place in the child's home and / or out and about in the community. It may in some instances, allow for siblings to be looked after at the same as the disabled child, depending on the child's age and supervision needs. Sitters are employees either of the LA or of a private or voluntary agency. Overnight sitting may be provided in certain circumstances.

**Overnight and day care with short break foster carers or salaried carers.**
These are carers who are approved as foster carers (Family link Carers / Short Break Carers) by a fostering panel and can provide day care and overnight stays to a child in the carer's home. For more information on this service please refer to page 17.

**How can you access specialist short breaks?**

1. **Discuss your child's needs with a professional or voluntary sector worker**
   In the first instance discuss your child's needs with a professional or a voluntary sector worker who already knows you/your child as they may be able to direct you to the appropriate short break or arrange the provision directly.

2. **Access short breaks via assessment**
   For every family the type of support they need is different depending on the nature of child's disability and severity and their family circumstances.

   This is why we may need to assess your child and family to ensure we provide the right level of support and ensure short breaks are provided at the best time for you and the child / young person.

**What happens during the assessment?**
This assessment can be undertaken by any one of a range of professionals that knows your child. The professional (e.g. therapist, or key worker) will need to complete a Common Assessment Framework Form and liaise with the Children with Disabilities Social Care Team. Alternatively a social worker would complete an Initial or Core Assessment.

For some of the more specialist provision, practitioners such as clinical psychologists or continuing care nurse practitioners will be involved in assessing the child's needs and recommending the appropriate service or additional support required.

Specialist short breaks usually occur on a regular and planned basis and should be part of an integrated programme of support, which is regularly reviewed. No short break should exceed 28 days continuous care and total provision over a year should not exceed 120 days.
There are many things the practitioner will discuss with you when assessing the specialist support your child need. Here are some of them:

- The severity of your child’s disability, how it impacts on their life and your family life.
- If you have more than one disabled child.
- The number of other children or caring responsibilities you may have.
- If you or your partner have a disability.
- If you have limited support within your social/family network.
- If a child is ‘cared for’ by the Local Authority or adopted.

- If there are concerns about a child or young person’s safety.

The assessment will consider the social, emotional and health needs of all adults and siblings in the household.

The referrer will need to clarify whether the child meets the short break criteria for eligibility. If they do meet the criteria the CAF form or initial / core assessment will be used to refer you onto the ESCAN Resource Panel.

**What is the ESCAN Resource Panel?**
The ESCAN Resource Panel considers all new referrals for short breaks and support as well as requests for change or additional provision.
DOMICILIARY CARE

Domiciliary Care provides support and respite services for parent’s/carer’s and children and young people through the provision of targetted and tailored one to one support.
Domiciliary Care had been provided to families in Ealing identified in need of additional support since 2010. All approved providers have been through a rigorous assessment process to ensure they were:

- Child and family focused
- Have the skills to meet child / families need.
- Capable and competent to provide services to families within the home or to assist the family outside the home.
- Able to provide tailor made service to meet the needs of the child / young person and the family.

Services provided range from:

1. **Family / personal care in the home**
   This can include help with feeding, bathing, nursing and more traditional respite. The carer can as part of the agreed care plan take sole responsibility for the child and can on occasion take the child out of the home such as drop off or pick up from school.

   **Who do these services support?**
   Support offered is short term support to meet the needs of family in crisis or long term support to meet ongoing needs.

2. **Befriending and buddying**
   This service can either be offered in the home or in the community to the child/young person. Engagement, inclusion, independence, fun and opportunity are key themes that characterise this service.

   **Who do these services support?**
   Parents / carers who need longer term respite. This service would normally be delivered on a one to one basis outside of the family home.

   **When are domiciliary care services available?**
   Seven days a week from 07:00 to 22:00 hours, including bank holidays

   **What is the cost of this service?**
   Prices range from approx £12.50 per hour - £21.00 per hour.

---

<table>
<thead>
<tr>
<th>Approved Provider</th>
<th>Family Support / personal Care</th>
<th>Befriending / Buddying</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allied Healthcare Ltd</td>
<td>•</td>
<td></td>
</tr>
<tr>
<td>De Vere Care</td>
<td></td>
<td>•</td>
</tr>
<tr>
<td>KIDS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>London Care PLC</td>
<td></td>
<td>•</td>
</tr>
<tr>
<td>Medacs (Chrysalis) Homecare Ltd</td>
<td></td>
<td>•</td>
</tr>
<tr>
<td>Mears Care Ltd</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
How do I access this service directly?
If you wish to access this service directly from the provider please contact them using the contact details below:

**Allied Healthcare Ltd**  
Phone: 020 7089 4210 / 020 7089 4211  
E-mail: rebekahanderson@alliedhealthcare.com

**De Vere Care**  
Phone: 020 8220 8084, Ext 226 / 224  
E-mail: Ellen.Osei-Ansah@deverecare.com or payal@deverecare.com

**KIDS**  
Phone: 020 7520 0405  
E-mail: anne.warner@kids.org.uk or warren.kohler@kids.org.uk

**London Care PLC**  
Phone: 020 8385 4580 / 020 8560 1906  
E-mail: sheila.o'brien@londoncare.co.uk, irena.popikova@londoncare.co.uk or fiona.kennedy@londoncare.co.uk

**Medacs Healthcare - (Chrysalis) Homecare Ltd**  
Phone: 020 8681 2182  
E-mail: rebekah.green@medacs.com, sarah.kwofie@medacs.com or stephen.lenehan@medacs.com

**Mears Care Ltd**  
Phone: 07917 462 050  
E-mail: emma.mugridge@mearsgroup.co.uk

How do I access these services through Social Care?
For families that are supported by social care packages of care it is possible that you may be able to transfer your current services to one of the providers listed above. Please discuss this with your social worker or key worker.

Can you use this service if you have direct payments?
If you have direct payments you can use these payments to purchase domiciliary care service from the providers listed above directly.

What happens if a young person turns 18, will the service provider continue to meet their needs?
The service providers can provide for adults as well, therefore on transition services can be transferred without disruption, subject to assessment and funding agreements.
The Family Link Service provides support to parents with children aged between 0 – 18 that have a child or young person that has either:

**A disability that has a significant effect on their ability to carry out normal day-to-day activities.** This includes children who have a severe sensory, learning or physical disability, a social and communication disorder or complex medical needs, OR

**A mild or moderate learning disability** who experience loss or limitation of opportunity to take an appropriate part in the life of the community on an equal level.

Services available through family links are:

1. **Family Link Sitter**
   Can look after a child with a disability in the home or out in the community. This service is usually in the evenings and weekends although some daytime care during the week may be available. Can also care for siblings if appropriate.

2. **Family Link Carer**
   A family link carer is approved (like a foster carer) to provide day and overnight care in the carer’s home for up to 42 hours per month, usually at weekends.

**How do you get access to this service?**
Access to one of the Family Link specialist services is following an assessment which looks at your child’s needs as well as your needs as a carer and those of your family.

**How much does this service cost?**
There is no charge for either Family Link Service. However, if you want your child to be supported by the sitter or carer to access activities for which there is a cost (eg cinema, meal out or museum), this will need to be met by the family.

More information about services for children with disabilities is available on the Ealing Help website [www.ealinghelp.org.uk](http://www.ealinghelp.org.uk). This website has been designed specifically to provide support and help for families in Ealing with children with disabilities.
Short breaks provide the carer of an adult with learning disabilities to get a break from their caring role and provide the young adult to receive quality care away from the home.
The following short breaks services are available in Ealing for young people aged between 18 – 25 years old with a learning disability.

- Residential breaks
- Family Based Breaks
- Community, social and leisure breaks
- Home based breaks

**How do I get access to these services?**
To access these services you must be a parent or carer of a young person over 18, who has a learning disability and is living in the family home within the London Borough of Ealing.

To be eligible for residential and family based breaks, the person you care for must also be assessed as being eligible for social care services.

**Do you have to pay for these short break services?**
You can use your individual budget to pay for these services. Some of the community, social and leisure breaks are also available to young people with learning disabilities who are not eligible for adult social care services from the Council.

---

**RESIDENTIAL SERVICES**

Residential breaks can offer an overnight respite for carers by providing accommodation and support for people with learning disabilities.

**What is available in Ealing?**

**Short Break Service**
62 Green Lane,
Hanwell W7 2PB
Tel: 020 8579 9558
Email: jonesc@ealing.gov.uk

**Short Break Service (for people with challenging needs)**
19 Haymill Close
Greenford UB6 8HL
Tel: 020 8998 7220
E-mail: hm19.sbs@supportforliving.org.uk
Website: www.supportforliving.org.uk

**How do I access this service?**
To apply for the service, telephone the Community Team for People with Learning Disabilities on 020 8566 2360, or speak to your social worker (if you have one) and they will arrange an assessment.
Another family or individual can offer short breaks to people with a learning disability in their home. The Shared Lives Scheme recruit, trains and matches short breaks carers with people in their own community. The carer usually supports one or two people at a time, and may provide a break in their home overnight or during the day, evening or weekend.

**What is available in Ealing?**
Ealing Shared Lives Scheme  
Acton Town Hall  
High Street  
Acton W3 6NE  
Tel: 020 8825 5436  
Email: barrons@ealing.gov.uk

**How do I apply?**
To apply for the service, telephone the Community Team for People with Learning Disabilities on 0208 8566 2360, or speak to your social worker (if you have one) and they will arrange an assessment.

As well as providing carers with a regular break, activity based breaks offer a person with a learning disability the opportunity to participate in meaningful activities either on a 1:1 basis or in a group with the aim of having fun, forming friendships, developing interests and learning new skills. Breaks can be during the day, evenings or weekends.

**What is available in Ealing?**
In Ealing, there are lots of providers offering individuals support and providing community, social and leisure breaks.

Some of these services are also available for people who are not eligible for social care services from the council.

HOME BASED BREAKS

Home-based breaks offer a person with a learning disability support within their own home or in their local community to give the family carer’s a break from their caring role.

What is available in Ealing?
In Ealing, there are lots of providers offering individuals support in their own home. This can range from a couple of hours to longer periods to enable other members of the family to go on holiday.


EMERGENCY SHORT BREAKS

If you need assistance in caring for a young person with a learning disability in an emergency / crisis please contact:

Community Team for People with Learning Disabilities (9am – 5pm)
Tel: 020 8566 2360

Emergency Duty Team (5pm – 9am)
020 8825 5000 / 8000

Examples of crisis or emergency situations are:

- Carer’s admission to hospital, or other health needs which prevent him or her from continuing to provide care.
- Family emergencies such as a close relative being taken ill and requiring help/attention.
- Real risk to the carer’s employment on a particular occasion.
- Funeral of a close friend or relative.

FURTHER INFORMATION

To find out more on these services please refer to the Resource Directory at [http://www.ealing.gov.uk/info/200050/adults_services/135/personalisation](http://www.ealing.gov.uk/info/200050/adults_services/135/personalisation) and select Resource Directory.
From feedback via a consultation on services for children / young people with disabilities, parents and young people have informed us that they would like:

- More choice in which play / leisure activities they can access.
- More age appropriate services for teenagers.
- To have services tailored to specific needs i.e. Autism.
- Mainstream services to be up-skilled to care for their children safely.
- Services which provide a smooth transition into adulthood with those with disabilities.
- Services that enable young people to learn skills and take risks in a planned way.

- Services to be available to children and young people who access schools and colleges out of borough.
- Mix of home-based activities and community based activities.
- Services to be available at weekends, after school and holidays.
- For those young people 16+ who are out of school day activities and training opportunities are desirable.
- To buy services directly without the need for in depth social care assessments.
- To be able to buy services quickly and only after they have been checked for quality and that they are safe to use.
In response to these requests Ealing council has worked with providers to develop a list of play and leisure services that can be bought directly by parents and those young people with individual budgets.

Ealing now has a list of providers that can offer a range of services for children / young people with disabilities.

These services can offer:

- Fun, exciting, active, and challenging activities.
- Tailored services to children / young people with ASD.
- Transition leisure and recreation services for young people / young adults.
- Services in a range of locations throughout the borough.

We have checked that each provider:

- Recruits and trains staff well,
- That they are skilled in working with children and young people with disabilities.
- That each represent good value for money.
Using Ealing’s approved providers list parents / carers and young people now have the chance to choose their own provider to suit their own individual needs.

When arranging the service with the provider you need to consider the following:

1. **Parents / carers and young people / adults are responsible for:**
   - discussing any special/ individual need and
   - ensuring that the service meets your individual needs.

2. **What should the provider do before arranging service with you?**
   - Each provider should undertake a risk assessment with you
   - Be clear about how they will deliver the service for you
   - Inform you of what level of support is required (eg 1:1 support / 1:4 support) to provide the service for your child / young person.

3. **The arrangement is between you and the provider.**

**How to book with the provider directly?**
Please contact the provider directly using the contact details for providers in this booklet. They will explain the booking process to you and agree payment terms for the booking.

**Direct payments**
Direct payments are a means of arranging short break services that gives families the flexibility and control to decide how to meet their particular needs. A person with parent responsibility for the disabled child or young person is given money by the local authority to purchase their own short break services rather than relying on the local authority to arrange it for them.

**If a family wants to book using direct payments?**
If a family wants to book a provider using Direct Payments an individual needs to be assessed by the Children’s with Disabilities Team to see if they meet the eligibility criteria.

To find out more about Direct Payments please contact the Children with Disabilities Team:

Carmelita House,
21-22 The Mall, London, W5 2PJ

The Children with Disabilities Team are available to take calls / referrals from 9am to 5pm Monday to Friday on 020 8825 7072.

**Can families who have social care packages of care transfer their package to another provider?**
For families that are supported by social care packages of care it is possible that you may be able to transfer your current services to one of the enclosed providers. Please discuss this with your social worker or key worker.
Did you know Ealing Council’s Play Service department funds out of school providers, After School Clubs, Breakfast Clubs and Holiday Play schemes to ensure they are inclusive to all?

The way we do this is by paying the additional costs of a staff member required for PA/1:1 care and to cover the costs of any specialist equipment required in order to meet your child’s needs.

This way the provider doesn’t incur additional costs and you as a parent/carer only pays the standard childcare fee.

So if you know of an After School, Breakfast or Holiday Club you wish your child to attend, approach the provision, remind them that there’s support available from the out of school inclusion officer Fran Regan and that funding could be applied for through commissioning.

Alternatively contact the Family Information Service who can offer you and your family a brokerage service and further advice and support.

**Contact Details:**
Parent and Family Support
Family Information Service
Tel: 020 8825 5588
Email: children@ealing.gov.uk

Childcare Provider Support
Fran Regan
Tel: 020 8825 5431
Email: fregan@ealing.gov.uk

**Please Note:** Limited funds available, applications will be subject to panel approval. Funding is not guaranteed but all childcare providers and families will be supported. Applications are reviewed on an individual basis.
The information provided in the following pages outline in detail:

- Whether they are new approved play, leisure and recreation provider.
- The type of service that is available from each approved provider.
- Who they cater for (eg ASD, physical disability, learning disability, complex health need etc.)
- Location of the service.
- Time and dates of play sessions.
- Cost of the service.
- Whether transport is available to and from the play and leisure session.

Core Children’s Services can provide tailored services for a targeted group of children with disabilities at local authority request. They are able to provide groups after school, weekend, during the day or during school holidays.

This provider only works with a minimum number of ten young people at any one time for a minimum of ten weeks.

**Client group:** all children with disabilities including children with more complex needs.

**Age range:** 5 – 18 years old

**Location and times of session:** Groups run on request and time and location dependent on the need of the children / young people.

**Cost:**

**Play session:** Minimum cost per session is £350 for a minimum of 10 weeks. Equivalent to £35.00 per session per child.

**Transport:** £15 per staff hour plus £0.46 per mile

**Trips / activities:** If a group decides they would like to do an activity / trip away from the play session venue families will be required to pay for admission charges.

**How do you book or find out more information on this service?**

Bookings need to be for groups of ten young people at any one time for a minimum of ten weeks.

For bookings and interest please contact Barbara Razzell by phone 020 8661 7088 or by e-mail: Barbara.Razzell@thefca.co.uk
Crossroads Care west London provides specialist short break services in the form of after school, weekend services and holiday clubs / events.

They offer a range of activities, which are fun and stimulating and can also help them develop skills for daily living and develop their independence.

Activity days and day trips will run during the school holidays ranging from kayaking and swimming to improvised drama sessions and adventure day trips. Activities promote both learning and fun and an opportunity for young people to take part in activities they might not otherwise be able to access. A team of trained staff run all sessions.

Client group: Those with autism, complex health needs, physical disabilities, ADHD, learning disabilities and sensory impairment.

Age range: 10 – 25 years old

Location: Southall Activity Centre, Cranleigh Gardens, Southall, UB1 2BE

Dates and times of sessions:
• Afterschool Club - Tuesdays and Wednesday 3.30 – 6.30pm
• Weekend Club - new service to run from Spring 2012.
• Holiday club - Monday – Friday 9.30am – 3.30pm during school holidays

Cost:
Play session:
• After School Club – new service prices available upon request
• Holiday Club - new service prices available upon request

Refreshments: £3.75 per session

Transport: £13.00 per session. For after school session children picked up from school and dropped home.

Trips / Activity: admission charges to venue or activity.

How do you book or find out more information on this service?
For bookings and interest please contact Magda Dankova by phone 020 8728 7000 or by e-mail: magda.dankova@crossroadscarewestlondon.org

All bookings are followed up by individual assessment of need.
Value Life provides a play/social activity based service that runs outside of school time for children and young people with disabilities. Our service provides a specialist person centred approach for all children and young people with disabilities.

**Client group:** all children with disabilities including children with more complex needs.

**Age range:** 8 – 18 years old

**Location:** Enterprise Lodge, Stockdove Way, Perivale, Middlesex, UB6 8TJ

**Dates and times of sessions:** Saturday 1:30 PM – 4:30 PM, term time only

**Cost:**

**Play session:**
Cost may vary and is dependent on individual assessments, activities they participate in and level of support required.

**Refreshments / materials:** £5 per session.

**Transport:**
- Parents / carers are expected to drop off and pick up young person from play session.
- Parents will be expected to pay for any additional transport costs for trips / activities outside of Enterprise Lodge.

**Trips / activities:** to be confirmed on booking

**How do you book or find out more information on this service?**
For bookings and interest please contact Alison Murphy by phone 020 8567 9185 or by e-mail: Alison.Murphy@ealingmencap.org.uk
Community Play Project:
This new service in Ealing gives children with disabilities the opportunity to access play activities locally or outside Ealing. This service can either provide 1:1 support or children / young people can access services as a small group.

Client group: all children with disabilities including children with more complex needs.

Age range: 4 – 25 years old

Location: Borough wide but will also make use of play / activity services outside the borough.

Dates and times of sessions: Activities to take place after school, evenings, weekends and holidays. Length of session is dependent on activity. KIDS advise you should allow at least 2 hours for each session.

Referral Process: Referrals can be made by parents / carers / staff (e.g. social workers, teachers etc) to Anne Warner
Tel 020 7520 0405
E-mail: Anne.warner@kids.org.uk

Cost:
Play session:
1:1 support £21.50 per hour per child / young person.
1:4 support £5.63 per hour per child
1:5 support £4.70 per hour per child

Important Note:
• Level of support required for your child / young person is dependent on the provider’s assessment and level of support they feel is best suited for your child / young person.

• Unless we have children of similar needs or abilities we will not necessarily offer 1:4 bookings. This will be discussed in more detail at time of booking.

Refreshments: families expected to provide for anything more than a light snack / refreshment.

Trips / activities: admission charges to venue or activity

Transport: families expected to pay travel costs to activity or for trips

How do you book or find out more information on this service?
For bookings and interest please contact:
Sam Pritchard
Phone: 07584 529 415
E-mail: Sam.Pritchard@kids.org.uk

Zara Dawson
Phone: 07747 538 538.
E-mail: Zara.Dawson@kids.org.uk

All bookings are followed up by individual assessment of need.
The Log Cabin hosts an after school club, Saturday club and a holiday club. Range of support available is between 1:1 support to 1:5 support depending on the child / young person level of need.

Children can engage in a wide variety of stimulating play and adventure activities suitable to the age and needs of the child / young person. Children or young people also have the opportunity to take part in trips and outings out swimming pools, parks and playgrounds and museums etc.

All the activities are child-led so that children can choose which activities they wish to participate in and they are encouraged and supported by play workers.

Children are encouraged to explore and experiment at their own pace, with the emphasis placed on their abilities in fun and creative ways. These sessions also help to promote fitness, mental health and well being through innovative play and sports activities.

Client group: all children with disabilities including children with more complex needs.

Age range: 4 – 15 years old

Location: Log Cabin, Northfield Avenue, W5 4UA

Dates and times of sessions:
• Afterschool Club Monday to Friday 3 – 6.30pm, term time only
• Saturday Club 1pm – 5pm, term time only
• Holiday club Monday – Friday 9.30am – 3.30pm during school holidays

Cost:
Play session:
1:5 support for child / young person with disabilities with no funding support
Afterschool Club £6.70
Saturday Club £6.70
Holiday Club £12.30

1:5 support for children in mainstream with disabilities
Afterschool Club £9.30
Saturday Club £9.30
Holiday Club £16.40

Refreshments: Snacks and drinks provided, if attending all day session need to provide packed lunch for child / young person.

Transport: Available for free to children / young people who would otherwise be unable to access the Log Cabin.

Trips / activities: Families are asked to contribute small amount to trips

How do you book or find out more information on this service?
For bookings and interest please contact Alia Latif by phone 020 8840 3400 or by e-mail: alia.latif@logcabin.org.uk
NAS have set up a new youth group service in Ealing that gives children and young people with ASD the chance to access after school and holiday play sessions.

At these sessions they will be able to take part in fun activities that help children grow in confidence, develop their social skills, imaginative play and life skills.

Sessions are structured and use ‘SocialEyes’ and ‘Lego Therapy’ to help develop their social skills. Sessions are based around the needs of the child.

Details of the play session will be provided termly to the child / young person.

**Client group:** Children and young people with ASD.

**Age range:** Separate sessions are run according to the following age groups:
- 7-13 years old
- 13 – 19 years old

**Location:** Westside Young People’s Centre, West Ealing

**Dates and times of sessions:**
- Youth Group – Thursday Evening, 6 – 8pm, term time only with informal drop in session afterwards
- School Holidays – planning to run trips during holidays. Details of trips provided 4 weeks prior to school holidays.

**Costs:**
**Play Session:** £29.31 per session

**Transport:** not provided

**Refreshments:** provided free

**Trips / activities:** confirmed on booking

**How do you book or find out more information on this service?**
For bookings and interest please contact Kate Nixon by phone on 01483 869 553 or by e-mail kate.Nixon@nas.org.uk
Full Potential London supports young deaf people to plan and take part in fun activities. These monthly activities give young deaf people the chance to come together with their deaf friends and feel less isolated. Participants will have a chance to take part / do a wide range of activities including photography, arts, drama, sports and outdoor activities.

**Client group:** Young deaf people.

**Age range:** 12 – 19 years old

**Location:** West Ealing

**Dates and times of sessions:** Sessions run monthly on weekdays or weekends and during the school holidays. The dates and times of sessions will be confirmed at booking.

**Cost:**

**Play session:** to be confirmed on booking

**Transport:** occasionally provided for free from central meeting point for special trips.

**Trips / Activities:** £6 – £10 for special trips or day’s outs.

**How do you book or find out more information on this service?**

For bookings and interest please contact Andy Taylor by phone on 0845 688 2525, minicom 0845 588 2527, mobile 07872 840 418 (NB: text only) or by e-mail: andy.taylor@royaldeaf.org.uk
SCOPE is in the process of setting up a new play service in Ealing. The service is called Project Stretch for 11 – 18 year olds and Project Reach for 18 – 25 year olds. These programmes are flexible group sessions offering weekend and school holiday activities age appropriate to young people and young adults.

Our purpose is to provide an exciting, creative and safe leisure environment for young people who are not otherwise able to participate in mainstream activities.

**Client group:** Young people with physical disabilities, learning disabilities autism and / or challenging behaviours.

**Age range:**
Project Stretch: 11 – 18 years old
Project Reach: 18 – 25 years old

**Location:** Planning to run sessions in Southall, Greenford and Northolt area.

**Dates and times of sessions:**
- Saturday mornings – 3 hour session, planning to start running sessions January 2012.
- School holidays – 6 hour sessions dates and times available upon request.
- Taster sessions – dates and times available upon request.

**Cost:**
**Play session:**
**Weekend (3 hour sessions)**
Project Stretch
1:1 support £78.12 per young person
1:5 support £34.89 per young person

Project Reach
1:1 support £73.47 per young person
1:5 support £30.96 per young person

**School Holidays (6 hour sessions)**
Project Stretch
1:1 support £133.38 per young person
1:5 support £52.98 per young person

Project Reach
1:1 support £126.90 per young person
1:5 support £47.22 per young person

**Refreshments:** SCOPE will provide refreshments but parents / carers expected to provide lunch if attending a full day session.

**Transport:** Parents are expected to bring and collect young people from the sessions.

**Trips / activities:** Entry fees must be met by parents / carers.

**How do you book or find out more information on this service?**
For bookings and interest please contact the service manager / administrator by phone on 020 8326 5676 or by e-mail: Westlondon.inclusion@scope.org.uk
My Choice Activity Club is all about having fun, meeting new people, doing activities and going places that young people enjoy – museums, parks, playing games, creative arts and sports. Young people can attend a single or regular week session or book for a day, or whole week in the holidays, and take part in their chosen activities.

**Client group:** Young people with a learning disability, autism, physical disabilities or complex support needs.

**Age range:** 14 – 25 years old

**Location:** Activity resource Centre, 24 Stockdove Way, Perivale, UB6 8TJ

**Dates and times of sessions:** New service planning to run from Spring 2012.

**Cost:**

**Play session:**
After School, Weekend, School Holidays
1:1 support £19.50 per hour
1:3 support £7.34 per hour
1:5 support £5.10 per hour

Level of support required for your child / young person is dependent on the provider’s assessment and level of support they feel is best suited for your child / young person.

Transport only available for trips with pick up and drop off from the Activity Resource Centre.

**Trips / activities:** entrance fee for certain attractions / events.

**How do you book or find out more information on this service?**
For bookings and interest please contact Philippa Hands at the Activity Resource Centre by phone 020 8810 8111 or by e-mail asm24stockdove@supportforliving.org.uk
School Holiday periods can be challenging and difficult to find activities to keep your children entertained.

Ealing Council for 2012 – 2013 through the Early Intervention Grant is able to fund £190,000 in short break activities. This funding will provide increased capacity and offer a wide range of short break services for children / young people with disabilities and complex medical health needs.

The following pages outline some of the services available in Ealing over the school holiday periods and weekends, offering parents / carers and children and young people short breaks that are:

• Fun
• Active
• Exciting
• Challenging
• Relaxing and
• SAFE

SPECIAL SCHOOLS HOLIDAY ACTIVITIES

All special schools have been funded to run activities during the holiday period. Each school provision is different and aims to meet the needs of their own children and young people, providing staff and resources that are familiar to the children and young people that attend. For bookings and more detailed information parents and carers should contact the school directly.
## SPECIAL SCHOOLS HOLIDAY ACTIVITIES

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>AGE</th>
<th>ACTIVITIES</th>
<th>HOLIDAY PERIODS</th>
<th>COST</th>
<th>FURTHER INFORMATION / BOOKINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belvue</td>
<td>11 – 18 years</td>
<td>Various trips and activities including:</td>
<td>Easter 3 days</td>
<td>Available upon request to the school</td>
<td>Please contact school directly:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Ice skating</td>
<td>Summer 10 days</td>
<td></td>
<td>020 8845 5766 <a href="mailto:sandras@belvue.org.uk">sandras@belvue.org.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Football tours</td>
<td>Half Term 1 – 3 days</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Museum trips</td>
<td>Christmas 1 – 3 days</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Castlebar</td>
<td>4 – 11 years</td>
<td>• Cooking</td>
<td>Summer 10 days</td>
<td>Available upon request to the school</td>
<td>Please contact school directly:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Baking</td>
<td>Christmas 2 days</td>
<td></td>
<td>020 8998 3135 <a href="mailto:admin@castlebar.ealing.sch.uk">admin@castlebar.ealing.sch.uk</a></td>
</tr>
<tr>
<td>John Chilton</td>
<td>2 – 18 years</td>
<td>• Mobility skills training offering flexible training to meet individual needs</td>
<td>Summer 3 days</td>
<td>Available upon request to the school</td>
<td>Please contact school directly:</td>
</tr>
<tr>
<td>Keep on Moving &amp; Whizz Kids</td>
<td></td>
<td>• Road safety</td>
<td>Half term</td>
<td></td>
<td>020 8842 1329 <a href="mailto:admin@john-chilton.ealing.sch.uk">admin@john-chilton.ealing.sch.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Spatial awareness</td>
<td>Christmas</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Pushing and driving techniques</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mandeville &amp; Log Cabin –</td>
<td>2 – 12 years</td>
<td>Games and activities to encourage children and young people to play including:</td>
<td>Easter 3 days</td>
<td>Available upon request to Log Cabin</td>
<td>Please contact Log Cabin directly:</td>
</tr>
<tr>
<td>Play2gether</td>
<td></td>
<td>• Sports</td>
<td>Summer 10 days</td>
<td></td>
<td>020 8840 3400 <a href="mailto:sharon.flynn@logcabin.org.uk">sharon.flynn@logcabin.org.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Group games</td>
<td>Half term 2 days</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Music and dance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Sand and water</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Soft play</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Sensory games</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Arts and crafts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Quiet games</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Games</td>
<td>7 days during the summer holidays</td>
<td>Available upon request to the school</td>
<td>Please contact school directly:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Art &amp; Crafts</td>
<td></td>
<td></td>
<td>020 8998 2700 <a href="mailto:deputy@springhallow.ealing.sch.uk">deputy@springhallow.ealing.sch.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Sports</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Water play</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Computer games</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Cooking</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Sleep over club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Springhallow</td>
<td>11 – 19 years</td>
<td>Various games and activities to suit all ages and abilities including:</td>
<td>Summer 5 days</td>
<td>Available upon request to the school</td>
<td>Please contact school directly:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• swimming</td>
<td></td>
<td></td>
<td>020 8567 6291 or by e-mail <a href="mailto:adminmail@st-anns.ealing.sch.uk">adminmail@st-anns.ealing.sch.uk</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• hydrotherapy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• music</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• cricket</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• dance</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• rebound therapy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>St Ann’s</td>
<td>11 – 19 years</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AGE</td>
<td>PROVIDER</td>
<td>DESCRIPTION OF SERVICE</td>
<td>ACTIVITIES</td>
<td>TYPE OF CLUB</td>
<td>COST</td>
</tr>
<tr>
<td>-----------</td>
<td>--------------------------------</td>
<td>----------------------------------------------</td>
<td>-----------------------------------------------------------------------------</td>
<td>-----------------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>12 – 19</td>
<td>Crossroads</td>
<td>Targeted support to young people with ASD who are unable to access mainstream services. Young people will be able to take part in activities that promote both learning and fun. A team of trained staff and specialist runs all sessions.</td>
<td>Will have the opportunity to participate in various activities and trips during the holidays including: • Swimming • Kayaking • Improvised drama • Horse riding</td>
<td>Holiday club</td>
<td>Reduced costs for families on income support.</td>
</tr>
<tr>
<td>13 – 25</td>
<td>Futureversity</td>
<td>A diverse 5 week programme of activities that are available to young people with disabilities during the summer holidays. Activities offer stimulating, fun, play and recreational activities for a chance for young people to develop valuable life skills.</td>
<td>Activities available vary each holiday to view <a href="http://www.futureversity.org/contact">www.futureversity.org/contact</a> provider directly</td>
<td>Summers Holidays</td>
<td>FREE</td>
</tr>
<tr>
<td>4 – 15</td>
<td>Log Cabin</td>
<td>The Saturday Club caters for children with complex disabilities. The club can offer 1:1 support or 1:5 support to the child / young person depending on their level of need. All activities are child led and supported by play workers. Children are encouraged to explore and experiment at their own pace, with emphasis placed on their abilities in fun and creative ways, and the programme aims to promote fitness, mental health and well being through innovative play and sports activities.</td>
<td>Range of activities offered including; • Stimulating activities • Creative activities • Play and adventure activities</td>
<td>Saturday club</td>
<td>Reduced costs for families on income support.</td>
</tr>
<tr>
<td></td>
<td>Log Cabin Saturday Club</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PROVIDER</td>
<td>AGE</td>
<td>DESCRIPTION OF SERVICE</td>
<td>ACTIVITIES</td>
<td>TYPE OF CLUB</td>
<td>COST</td>
</tr>
<tr>
<td>----------</td>
<td>-----</td>
<td>------------------------</td>
<td>------------</td>
<td>-------------</td>
<td>------</td>
</tr>
<tr>
<td>PAYP Holiday Activities</td>
<td>13 – 25 years</td>
<td>Positive Activities for Young People (PAYP) offer activities for young people during half term, Easter and Christmas Holidays. All activities are available to young people with a disability, if extra support or adaptations are needed we will negotiate to make reasonable adjustments to ensure that the young person can access this programme.</td>
<td>Young people will have access to variety of activities run by our partner agency Ealing Mencap and Crossroads. Activities available vary each holiday to view programme visit <a href="http://www.futurediversity.org">www.futurediversity.org</a> /contact provider directly.</td>
<td>Holiday club running during: Easter Half term Christmas</td>
<td>FREE</td>
</tr>
<tr>
<td>Westside Young People’s Centre Weekday and Holiday Sessions</td>
<td>13 – 25 years</td>
<td>Currently running 2 sessions a week that focus on young people with disabilities. Activities offer stimulating, fun, play and recreational activities that promote learning and offer a chance for young people to develop valuable life skills. During the holidays offer a variety of onsite activities and trips. At these sessions they also have the opportunity to seek advice and guidance on careers, education and life choices.</td>
<td>Young people will have access to a programme of activities that they help shape, including: • Music • Arts • Cooking • Sewing • Fitness and sports</td>
<td>Term time: Tuesday 3.30 – 6pm Wednesday 7 – 9.30pm Holidays Times and dates available upon request</td>
<td>FREE</td>
</tr>
</tbody>
</table>
Further Information
Westside Young People Centre (formally known as W13 Youth Club). Recently renovated and improved youth centre runs a programme of youth sessions available Tuesday – Friday 7 – 9.30pm and Saturday morning. Young people with disabilities are encouraged to attend the full range of sessions at the centre. The centre is fully accessible with some specialist adaptations, lifts at both ends of the building, sensory room, gym equipment, changing facilities with hoist.
<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>AGE</th>
<th>DESCRIPTION OF SERVICE</th>
<th>ACTIVITIES</th>
<th>COST</th>
<th>FURTHER INFORMATION / BOOKINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact a Family Ealing &amp; Southall</td>
<td>0 – 18 years</td>
<td>Running a series of six day trips for families with children and young people with additional needs for all the family to enjoy. Additional support is provided to the family from volunteers and carer’s.</td>
<td>Dates and trips available upon request from the provider.</td>
<td>Available on request to the provider. Reduced costs for families on benefits.</td>
<td>Please contact: Contact a Family Ealing 020 8280 2267 Contact a Family Southall 020 8571 6381 <a href="mailto:ashayadav@cafamily.org.uk">ashayadav@cafamily.org.uk</a></td>
</tr>
<tr>
<td>PESTS</td>
<td>0 – 5 years</td>
<td>Running a range of day trips / fun sessions for children aged 0 – 5 with a disability and their families. Trips offer families the opportunity to have an exciting and harmonious family outing to facilities with lots of support and understanding. Trips are supported by volunteers and staff who also ensure parents can have a break as well.</td>
<td>Dates and trips available upon request from the provider.</td>
<td>Available on request to the provider. Reduced costs for families on income support.</td>
<td>Please contact provider directly: 020 8571 9954 <a href="mailto:pests-ealing@hotmail.co.uk">pests-ealing@hotmail.co.uk</a></td>
</tr>
</tbody>
</table>
For many children, young people and adults with disabilities, sport can be a great way of creating bridges between themselves and the rest of society. Below is a list of sports sessions currently running in Ealing for children, young people and adults with supported needs and learning disabilities. For all these activities a support / care worker is required to attend with participant. For gym sessions 1 to 1 induction required prior to first session.
## OTHER SPORT AND LEISURE SESSIONS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>AGE</th>
<th>DISABILITY</th>
<th>VENUE</th>
<th>TIME &amp; DATES</th>
<th>COST</th>
<th>ACCESS</th>
<th>FURTHER INFORMATION/BOOKINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boccia</td>
<td>8 – 25</td>
<td>Physical disabilities</td>
<td>Havelock Community Centre, Trubshaw Road, Southall, UB2 4XW</td>
<td>2nd and 4th Saturday of each month</td>
<td>Available upon request</td>
<td>Ramp access into the building</td>
<td>Please contact PACE directly 07930 748 280 <a href="mailto:krishna_bird@yahoo.com">krishna_bird@yahoo.com</a></td>
</tr>
<tr>
<td>Gym Sessions</td>
<td>16 plus</td>
<td>All disabilities, qualified fitness instructor present</td>
<td>Greenford Sports Centre</td>
<td>Saturdays 10 – 11am</td>
<td>£1 per participant</td>
<td>Ramp access into the building</td>
<td>Please contact centre directly: 020 8575 9157 <a href="mailto:greenfordsc@ealing.gov.uk">greenfordsc@ealing.gov.uk</a></td>
</tr>
<tr>
<td>Gym Sessions Gurnell</td>
<td>18 plus</td>
<td>All disabilities, qualified fitness instructor present</td>
<td>Gurnell Leisure Centre Ruslip Road East, London, W13 0AL</td>
<td>Fridays 6 – 7pm</td>
<td>Basic Induction £6.15 for half hour Full Induction £10.80 for one hour Prepaid Leisure Pass £3.35 per participant</td>
<td>Ramp access into the building Lowered reception desk Disabled changing on site Lift to lower level Induction loop system Automatic doors at reception</td>
<td>Please contact centre directly: 020 8998 3241</td>
</tr>
<tr>
<td>Gym Sessions Northolt</td>
<td>16 plus</td>
<td>All disabilities, qualified fitness instructor present</td>
<td>Northolt Leisure Centre Eastcote Lane North Northolt UB5 4AB</td>
<td>Fridays 12 – 1pm</td>
<td>Induction / session £2 per participant</td>
<td>Ramp access into the building Disabled changing on site Lift to lower level Induction loop system Automatic doors at reception</td>
<td>Please contact centre directly: 020 8825 7014</td>
</tr>
<tr>
<td>Indoor wall climbing</td>
<td>For ages 8 – adult</td>
<td>Supported Needs</td>
<td>West London Academy Sports Centre, Bengarth Road, Northolt, Middlesex, UB5 5LQ</td>
<td>Saturdays 10 – 11.30am</td>
<td>£2 per participant</td>
<td>Ramp access into the building Disabled changing on site Induction loop system Automatic doors at reception</td>
<td>Please contact centre directly: 020 8842 7930 <a href="mailto:cscm@westlondonacademy.co.uk">cscm@westlondonacademy.co.uk</a></td>
</tr>
<tr>
<td>Multi Sports</td>
<td>For ages 8 – adult</td>
<td>Supported Needs</td>
<td>West London Academy Sports Centre, Bengarth Road, Northolt, Middlesex, UB5 5LQ</td>
<td>Saturdays 10 – 11.30am</td>
<td>£2 per participant</td>
<td>Ramp access into the building Disabled changing on site Induction loop system Automatic doors at reception</td>
<td>Please contact centre directly: 020 8842 7930 <a href="mailto:cscm@westlondonacademy.co.uk">cscm@westlondonacademy.co.uk</a></td>
</tr>
</tbody>
</table>
## OTHER SPORT AND LEISURE SESSIONS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>AGE</th>
<th>DISABILITY</th>
<th>VENUE</th>
<th>TIME &amp; DATES</th>
<th>COST</th>
<th>ACCESS</th>
<th>FURTHER INFORMATION/ BOOKINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power chair Football</td>
<td>For ages 8 – adult</td>
<td>Supported Needs</td>
<td>West London Academy Sports Centre, Bengarth Road, Northolt, Middlesex, UBS 5LQ</td>
<td>Saturdays 10 – 11.30am</td>
<td>£2 per participant</td>
<td>Ramp access into the building</td>
<td>Please contact centre directly 020 8842 7930 <a href="mailto:csm@westlondonacademy.co.uk">csm@westlondonacademy.co.uk</a></td>
</tr>
<tr>
<td>Inclusive Basketball</td>
<td>For ages 8 – adult</td>
<td>Inclusive basketball session welcoming able bodied and disabled players. Coach led session</td>
<td>West London Academy Sports Centre, Bengarth Road, Northolt, Middlesex, UBS 5LQ</td>
<td>Saturdays 12 – 1pm</td>
<td>£2 per participant</td>
<td>Ramp access into the building</td>
<td>Please contact centre directly 020 8842 7930 <a href="mailto:csm@westlondonacademy.co.uk">csm@westlondonacademy.co.uk</a></td>
</tr>
<tr>
<td>Special Olympics</td>
<td>16 plus</td>
<td>Learning disabilities specific</td>
<td>Perivale Park Athletics Track, Stockdove Way, Greenford, UB6 8TJ</td>
<td>Mondays 7.30 – 8.30pm</td>
<td>Available upon request</td>
<td>Ramp access into the building</td>
<td>Please contact Bob Densley, Club Coach 020 8575 5776 <a href="mailto:bob@esm.org.uk">bob@esm.org.uk</a></td>
</tr>
<tr>
<td>Swimming Dormer Wells</td>
<td>For children and adults</td>
<td>All disabilities No teacher Exclusive use of pool</td>
<td>Dormers Wells Leisure Centre, Dormers Wells Lane, Southall, UB1 3HX</td>
<td>Fridays 5.45 – 6.45pm</td>
<td>£1 per participant</td>
<td>Ramp access into the building</td>
<td>Please contact centre directly 020 8571 7207</td>
</tr>
<tr>
<td>Swimming Gurnell</td>
<td>For ages 14 – adult</td>
<td>All disabilities Teacher led session Exclusive use of pool</td>
<td>Gurnell Leisure Centre Ruslip Road East, London, W13 0AL</td>
<td>Saturdays 1.30 – 2.30pm</td>
<td>Free session</td>
<td>Ramp access into the building</td>
<td>Please contact Ealing Swim Club directly: 020 8994 9935</td>
</tr>
<tr>
<td>Swimming Northolt</td>
<td>Junior session up to 16</td>
<td>All disabilities Teacher led session Exclusive use of pool</td>
<td>Northolt Leisure Centre Eastcote Lane North Northolt UB5 4AB</td>
<td>Wednesdays 7 – 8pm</td>
<td>£2 per participant</td>
<td>Ramp access into the building</td>
<td>Please contact centre directly: 020 8825 7014</td>
</tr>
<tr>
<td></td>
<td>Adult session age 16 and above</td>
<td>All disabilities Teacher led session Exclusive use of pool</td>
<td></td>
<td>Mondays 1 – 2pm</td>
<td>£2 per participant</td>
<td>Ramp access into the building</td>
<td></td>
</tr>
</tbody>
</table>
Ealing Council are currently working with mainstream providers to develop a Supplier’s List for Leisure and Recreational Activity Based Services for Children Young People and Young Adults with Disabilities and/or complex medical needs. This list will be published in July 2012.

For more information on this please contact
Children’s Commissioning:
Tel: 020 8825 7238
E-mail: grantvestd@ealing.gov.uk