Children learn from your talk
Children learn through your play
So...

Talk & Play
Everyday!
Children need to understand the true meanings of words before they can use them.

Spoken language
This is children’s own use of words and sentences, and not just copying back.

Understanding
Children need to understand the true meanings of words before they can use them.

Play
Children learn through play.

Attention and listening
Children need to be able to listen before they can learn.

The building blocks to talking
Children learn from your talk
Children learn through your play

Tell your child what is happening.
Add gestures and visuals.
Listen and repeat.
Keep it short.

Parents are the best toy.
Learn through having fun.
Always get down to their level.
Your child leads the play.
When to be concerned:

- Does your child not respond to their name?
- Are they 18 months and not using any words?
- Are they over 2 years and not following instructions without gesture?
- Are they over 3 years and family members can’t understand them?
- Are they showing signs of frustration?

What to do if you are concerned:

- Try not to feel anxious. All children develop differently.
- If you’re child is under five, speak to your Health Visitor. They can give you advice or direct you to a ‘Play and Talk’ session to speak with a Speech and Language Therapist.
- Contact Ealing Speech and Language Therapy service on: 020 8825 8856

A health programme devised by NHS Southwark Speech and Language Therapy team