Northolt Park Children’s Centre

Diary dates

2019
Happy New Year

Sessions resume on Mon 7th Jan

Mondays Tiny Sports Stars 12pm-12:45pm Term time
Fridays Cheryl’s Dance 10:30am-11:30am Term time
Limited spaces available
Please arrive on time to avoid disappointment.

Fruit Contributions needed
We would very much appreciate it if you could bring in a fruit contribution so we can continue to run snack time during our Stay & Play sessions at Northolt Park Children’s Centre.

Northolt Park Children’s Centre
off Newmarket Avenue (Opposite Wincanton Crescent)
Northolt
Middlesex
UB5 4DB
Centre opening hours: Monday-Friday 10am-6pm
Phone number: 020 8864 7614
E-mail: AlexanderS@ealing.gov.uk to request a timetable
Website: www.ealingfamiliesdirectory.org.uk
Timetables can also be downloaded in colour from the website.

Welcome to Northolt Park Children’s Centre
At Northolt Park we have a range of FREE activities for children aged 0-5 years and this is extended to 0-12 years after school and during school holidays. We run an After School Club (term time only-fees apply) and a Youth Club for 13-19 year olds (Mondays). We also offer volunteering opportunities and provide advice and support to parents and carers.

Contact numbers for information and advice:
SAFE (Supportive Action for families in Ealing)
SAFE West (Greenford, Northolt, Perviale & Southall)
Phone: 020 8825 9800
SAFE East (Acton, Ealing & Hanwell)
Phone: 020 8825 7606
ECIRS (Ealing Children’s Integrated Response Service)
Phone: 020 8825 8000
### Northolt Park Children’s Centre Timetable January 2019

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>7th 14th 21st 28th Jan</td>
<td>1st 8th 15th 22nd 29th Jan</td>
<td>2nd 9th 16th 23rd 30th Jan</td>
<td>3rd 10th 17th 24th 31st Jan</td>
<td>4th 11th 18th 25th Jan</td>
<td>5th 12th 19th 26th Jan Centre closed</td>
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<tr>
<td><strong>Tiny Sports Stars</strong></td>
<td>Development checks (1 &amp; 2 year) 9am-11:30am (appointment only) To book phone: 020 8102 5888</td>
<td><strong>Term Time only Childcare</strong></td>
<td><strong>Stay and Play</strong> 12pm-2pm Age 0-5 years (includes snack &amp; story time)</td>
<td><strong>Cheryl’s Dance</strong> 10:30am-11:30am Age 18 months-5 years</td>
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<td>12pm–12:45pm Age 18 months-5 years</td>
<td>Eat Better, Start Better cooking session (bookable) 12:15pm-1:45pm Age 2-5 year</td>
<td><strong>Level 2 Study session</strong> 9:30am-12pm (Booking now for 2019-see flyer for info)</td>
<td><strong>10th Jan Speech and Language Drop-in advice (during Stay &amp; Play session)</strong> No booking required</td>
<td><strong>Stay and Play</strong> 12pm-2pm Age 0-5 years (includes snack &amp; song time)</td>
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<tr>
<td><strong>After School Club</strong> term-time 3:15pm-5:45pm Age 4-12 years</td>
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<td><strong>Drop- in Play</strong> 4pm-5:30pm Age 0-12 years</td>
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</tbody>
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*The use of cameras, video recording equipment and mobile phones is not permitted.*

**Notes:**
- **Development checks (1 & 2 year)** Time: 9am-11:30am (appointment only) To book phone: 020 8102 5888
- **Term Time only Childcare** Level 2 Study session Time: 9:30am-12pm Booking now for 2019-see flyer for info
- **Speech and Language Drop-in advice** Time: 10am-12pm (during Stay & Play session) No booking required
- **Cheryl’s Dance** Time: 10:30am-11:30am Age 18 months-5 years
- **Stay and Play** Time: 12pm-2pm Age 0-5 years (includes snack & song time)

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Northolt Park Children’s Centre off Newmarket Avenue, Northolt, Middlesex UB5 4DB Tel: 020 8864 7614
Developmental checks (1 & 2 year olds)
Tues 9am-11:30am (appointments only)
Developmental checks for one and two year olds. Please bring your completed questionnaire and your child’s red book to your appointment.
To book phone: 020 8102 5888

Infant Feeding Support
Includes breastfeeding support
For support & advice pop into the centre or phone Sonia or Vicky on: 020 8864 7614.

Free Nursery places for 2 year olds
Find out instantly whether you qualify for this offer using the Two-year old FREE Childcare eligibility checker on Ealing’s Children & Families Directory www.ealingfamiliesdirectory.org.uk

TwinkleTots Day Nursery Ltd
Open Monday to Friday – 8am to 6pm
For children aged 6 months to 5 years
For general enquiries phone: 020 8422 6797 or e-mail: twinkletots@hotmail.co.uk

Tiny Sports Stars Term Time
Mon 12pm-12:45pm
Fun and energetic football session for children aged 18 months - 5 years. Please arrive on time for session.

Stay & Play (0-5 years) Term time
Thurs & Fri 12pm-2pm
Drop-in Play sessions (0-12 years) Term time
Mon Tues Thurs Fri 4pm-5:30pm Weds 3:30pm-5pm
Holiday Stay & Play/Drop-in Play (0-12 years)
Tues-Fri 12:30pm-3:30pm
These sessions give your child the opportunity to play, socialise, learn and explore with others while having fun through a range of art & craft activities, messy play, small world and imaginative play, games and more.
Stay & Play sessions (0-5 years) finish with a healthy snack consisting of a selection of fruits and Story time (Thurs) or Song time (Fridays). During Holiday Stay & Play/Drop-in Play (0-12 years) a selection of fruit is available during the session.
Fruit contributions would be much appreciated.
(please see timetable for changes to sessions)

Northolt Park After School Club
Collection from Petts Hill Primary School
£9 per day (2 days min)
Children have the opportunity to participate in various activities during the session. Applications can be downloaded from: www.ealingcouncil.gov.uk
Play Service After School Club forms to be posted or e-mailed to: playservice@ealing.gov.uk
For more information phone Play Service on: 020 8825 8205

Book now for 2019
Childcare Level 2 Course
12 months completion
Term Time only
Achieve a nationally recognised Level 2 Childcare qualification
Children and Young People’s Workforce
Free training available for Parent Volunteers
who:
• Are unemployed and receiving benefits
• Do not hold a Level 2 (or higher qualification)
• Have been resident in the UK or EU for the past 3 years
Parent volunteers must carry out voluntary work per week in a Childcare setting and attend the weekly study session.
Weekly study session
Wednesdays 9:30am-12pm
Phone: 020 8864 7614

Book now for Jan 2019
Eat Better, Start Better
Starts Tues 8th Jan
bookable session
(6 weekly sessions)
Term Time
Eat Better,
Start Better
Tues 12:15pm-1:45pm
A fun cooking session for children and adults. Includes weekly tips on reducing salt, fat and sugar intake & info on healthy eating and alternative foods.

Term Time
Cheryl’s Dance
Fri 10:30am-11:30am
A singing and dancing session for both children and adults incorporating props, puppets and toys.
(18 months-5 years)
Limited spaces available
Please arrive on time to avoid disappointment.

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