

# Acton Park Children's Centre



## Acton Park Children's Centre

East Acton Lane  
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[www.ealingfamiliesdirectory.org.uk](http://www.ealingfamiliesdirectory.org.uk)

# November Highlights

**Baby Massage – new 5 week course starts on Friday 2<sup>nd</sup> November**  
*(phone or email to book)*

For information on the **After School Club** (from East Acton Primary and Derwentwater Primary), please contact the Play Service office on **020 8825 8205**



Full and part time nursery places from 3 months to 5 years;

FREE places for 3-4 year olds;

2 year olds funded places – ask for details

**0208 749 0715**

[actonpark@hungrycaterpillars.co.uk](mailto:actonpark@hungrycaterpillars.co.uk)

## Timetable - November 2018

### Monday

**Baby Sing & Rhyme with Stay & Play**  
10:30 – 12:30  
(under 1 year of age)

**Stay & Play**  
1:00 – 2:00  
(up to 5 years of age)

**After School Club**  
3:00 – 5:45  
(school children)

**Drop-In Stay & Play**  
4:00 – 5:30  
(4+ year olds)

### Tuesday

**Fun Groovers**  
10:30 – 11:30  
(2 to 5 years of age)

**Cooking With Kids (including Share & Story)**  
12:00 – 2:00  
(up to 5 years of age)

**After School Club**  
3:00 – 5:45  
(school children)

**Drop-In Stay & Play**  
4:00 – 5:30  
(4+ year olds)

### Wednesday

**Childminders' Playtime**  
9:30 – 11:00  
(childminders, nannies and au pairs with children only)

**Movers & Groovers**  
11:15 – 12:15  
(1 to 5 years of age)

**Stay & Play**  
12:30 – 2:00  
(up to 5 years of age)

**After School Club**  
3:00 – 5:45  
(school children)

**Drop-In Stay & Play**  
4:00 – 5:30  
(4+ year olds)

### Thursday

**Action Amanda**  
11:00 – 12:00  
(18 months to 5 years of age)

**Play & Talk**  
1:00 – 2:00  
(up to 5 years of age)

**After School Club**  
3:00 – 5:45  
(school children)

**Drop-In Stay & Play**  
4:00 – 5:30  
(4+ year olds)

### Friday

**Baby Massage**  
10:00 – 11:30  
(up to 7 months old)  
*[starts 2<sup>nd</sup> November; must book course in advance]*

**Messy Play (including Snack & Story)**  
12:00 – 2:00  
(up to 5 years of age)

**After School Club**  
3:00 – 5:45  
(school children)

**Drop-In Stay & Play**  
4:00 – 5:30  
(4+ year olds)

### Saturday

**Closed**

### Sunday

**Closed**

## Our activities

### **STAY & PLAY**

Drop-in sessions run for under-5s, and also alongside our afterschool club. These sessions are themed, with activities for parents/carers and children to enjoy together.

### **CHILDMINDERS PLAYTIME**

These sessions are reserved for qualified childminders, nannies and au pairs only and the children in their care

### **MESSY PLAY**

A very messy session, including a lot of painting, sticking and water play. Help your child develop their creative side and texture/colour awareness, as well as explore the sensory world of touch, shape, colour and sound. Paints are washable, but expect messy clothes and skin!

### **PLAY & TALK**

A comfortable and stimulating session for parents with children, centering on Speech & Language Interaction. Suitable for all children up to school age

### **BABY SING & RHYME with S&P**

Singing and movement class for babies with parents/carers, to aid their communication and confidence. Continues into a comfortable and stimulating Stay & Play session for babies. Aimed at children under 1 year of age.

### **COOKING WITH KIDS**

A fun, interactive cooking session for all ages. Prepare simple, healthy food to enjoy together at the end (£1 contribution per child)

**Snack & Story** features Story Time and a small snack; parents can bring lunch for the children if desired.

### **ACTION AMANDA**

Fun, fitness and music with Amanda's Action, a lively workout for children up to the age of 5 years.

### **FUN GROOVERS**

**Active session with music and games for children (from 2 years of age) and carers together.**

### **MOVERS & GROOVERS**

**A music and movement group to improve your child's confidence, communication and creativity. Aimed at children over 1 year of age.**



### **SMOKING CESSATION**

**Fridays 10:30 – 11:30**  
Drop into the centre to get help with becoming smoke-free