Healthy Start: language assessment can be completed through play and activities to support your child’s needs.

Sensory Room: A free 30 minute session can be booked in the Sensory Room for 0-5 year old children.

Volunteering: The centre has a volunteering programme, parents who use the centre can apply to become a volunteer. Please contact Faye for more information.

Food Bank: Food parcel vouchers can be provided by the Centres in times of crisis.

Fire Safety Check: Free safety checks within the home carried out by West Midlands Fire Service Tel 08003895525.

Hate Crime Reporting Centre: If you witness or experience a hate crime please report it to your local Police or local Children’s Centre.

Hate Crime Reporting Centre: Tel 08003895525

South West
Children’s Centres
Timetable
Canley Children’s Centre
Tile Hill Children’s Centre
Tues 6th Sept 2016 to Friday 21st October

Family Support
We work in partnership with families in the home environment to support them to get the most out of family life, for example:

- Helping families to access information and advice from other organisations for example – housing, debts, benefits etc.
- Helping you to prepare for the arrival of your baby
- Providing knowledge, information and support to help you enhance your child’s development
- Portage delivery for families where there is a child who has a developmental delay or additional needs

For more information please ask to speak to Darlene or Elaine 76787800 or 76787801

Volunteering: The centre has a volunteering programme, parents who use the centre can apply to become a volunteer. Please contact Faye for more information.

Being a Parent: Triple P parenting programmes are full of practical advice and tips helping parents and carers get the best out of family life.

Fire Safety Check: Free safety checks within the home carried out by West Midlands Fire Service Tel 08003895525.

Hate Crime Reporting Centre: Both Centres are Hate Crime Reporting Centres. If you witness or experience a hate crime please report it to your local Police or local Children’s Centre.

Food Bank: Food parcel vouchers can be provided by the Centres in times of crisis.

Portage: 1:1 Support within the home for children with additional needs.

BookStart: A free 30 minute session can be booked in the Sensory Room for 0-5 year old children.

Wellcomm: If you are worried about your child’s speech and language development a speech and language assessment can be completed through play and activities to support your child’s needs.

Healthy Start: Vitamins are available at Tile Hill Primary Care Centre, Jardine Crescent.

Services offered by Partners in Children’s Centres and Partners

Breast/Infant Feeding Group: Are you pregnant or breastfeeding and looking for support, information or advice about breast/Infant feeding? Any queries please call the Infant Feeding Team on Tel 07904 984620.

Lifestyle Advisor (Coventry Health and Wellbeing service): Book an appointment with the Health Trainer who can support you in making healthier lifestyle choices, including weight loss and stop smoking advice. To book call 02476 785627.

Post Natal Clinics: A chance for new families to see the Community Midwife (Booked by your midwife).

Open Baby Weighing Clinics: An opportunity to have your baby weighed and to ask for advice and support from your Health Visiting team.

Booked Clinics Development Checks: Development checks delivered by the Health Visiting Team. Booked by Heath Visitors Tel 76472672.

Hands On: Practical advice and tips for first time pregnant mums and partners. The course runs over 2 weeks, to book your place please contact Canley or Tile Hill Children’s Centre.

Childminder’s Group: A group aimed at and run by local Childminders, contact your local centre for more information.

Home Safety Checks: Advice on safety in the home. For more information please contact the Centre

Welfare Advice: Do you need support? Our Welfare Advice Service can support with a wide range of issues including debt, benefits and housing.

Baby Play and Learn: A session for Parents/Carers and pre-mobile babies. Visit our stimulating sensory session where you can gain updated information to help you support your baby’s development.

Let’s Get Creative Group: A session for Parents/Carers and children aged 12 months to 3 years. A fun and stimulating sensory play session with a focus on promoting children’s imagination and creative development. An opportunity for parents to get ideas for activities to do at home. Messy play activities and arts/crafts will be set up in the group so please dress children in old clothes you don’t mind getting messy or bring a spare set with you.

Friday Fun: Spend time with your child to help them learn through play, fun and creativity The group is run by the Children’s Centre and Coventry Early Years SEND Team.

Both Centre’s have a Facebook Page which we regularly update with the latest information, please take a look:
<table>
<thead>
<tr>
<th>Day</th>
<th>Canley CC</th>
<th>Tile Hill CC</th>
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<tbody>
<tr>
<td>Mon</td>
<td>Welfare Advice 9:30-12:00</td>
<td>Stay &amp; Play 9:30-11:00</td>
<td>Lifestyle Advisor 9:00-12:00</td>
<td>Breast/Infant Feeding Support Group 10:00-12:00</td>
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<td>Drop in Session</td>
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<td>Appointment Only</td>
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<td></td>
<td>Charter Primary School</td>
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<td>Tues</td>
<td>Childminders Group 9:15 - 11:30</td>
<td>Family Let’s Get Creative 9.45 - 10.45</td>
<td>Rhyme Time 10:00-10:30</td>
<td>Post Natal Clinic 10:00-12:00</td>
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<td></td>
<td>Age group 0-5yrs</td>
<td>Appointments Only</td>
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<td></td>
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<td>Charter Primary School</td>
<td>Drop in Session</td>
<td>Only Booked by your Midwife</td>
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<td>Wed</td>
<td>Development Clinic 9:00-4:00</td>
<td>Welfare Advice 9:30-12:00</td>
<td>Development Clinic 9:30-4:00</td>
<td>Hands On Pregnancy Support 2:00 - 4:00</td>
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<td>Booked by your Health Visitor (except 1st Wed of each Month)</td>
<td>Drop in session for all members of the community</td>
<td>Booked by your Health Visitor (except 1st Wed of each Month)</td>
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<td>Tile Hill CC</td>
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<td>Thu</td>
<td>Open Clinic 9:00-12:00</td>
<td>Antenatal Nurture Course 9.30-11.30</td>
<td>Haven Peer Support Group 10:00-12:00</td>
<td>Rhyme Time 11:00-11:30</td>
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<td></td>
<td>Drop in Session</td>
<td>Starting Thur 3rd Nov</td>
<td>0-5 Age Group All year round</td>
<td>0-5yrs Age Group All year round</td>
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<td></td>
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<td>To book your place ring Parenting HQ Tel 7678949</td>
<td>Drop in Session</td>
<td>Drop in Session</td>
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<td>on Tel 76786949</td>
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<td>Fri</td>
<td>Stay and Play 9:30-11:00</td>
<td>Positive Parenting Plus Course 9.30-11.30</td>
<td>Coventry Health Visitor Out of Hours Helpline</td>
<td>Baby Play and Learn 1:30-2:30</td>
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<td></td>
<td>Age group 0-5yrs</td>
<td>Starts 30th Sept</td>
<td>For parents and carers of babies and pre school children who live in Coventry Call: 0300 303 3400 Mon-Fri 5pm to 8pm</td>
<td>Aimed at pre-mobile babies Please book</td>
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<td></td>
<td>Drop in Session</td>
<td>To book your place ring Steve on Tel 7678949 or Parenting HQ on Tel 7678949</td>
<td>Coventry Library</td>
<td>Canley Library</td>
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**Sensory Room Tile Hill CC**
Explore our sensory room, book a 30 minute session. Suitable for under 5yrs
Available: 1:00-4:00pm
Monday-Thursday

Want to find out about Adult Education Courses in Coventry. Please ask for a copy "Choices" or look online at www.coventry.gov.uk/adulted

We have a FREE Pre-Loved 0-5yrs clothing rail at both Centres. Please pop in and have a browse.

**Weekend fun!**
Craft activity session
@ Canley library every Saturday 2:00-3:00
Craft activity session
@ Tile Hill Library every Sunday 2:30-3:30

If attending Canley Children’s Centre, please note the car park gates close during the following times:
8:30-9:00am and 3:00-3:30pm