Where to find us
Mosaic Family Hub
Jardine Crescent, Coventry, CV4 9PL
Tel 024 76 78 7801
Bus Route 6 and 6a

Mosaic Family Hub
Jardine Crescent, Coventry
CV4 9PL
024 76 78 7801

Activity Timetable
2nd January 2019-18th April 2019

Friends of Mosaic Family Hub
Would you like to help shape the services available to children and families in your area? Then come and join us in ‘Friends of Mosaic Family Hub’. You will have an opportunity to find out more about early help and how we can all get involved. Please call the hub on 02476787801 and ask for more information
Family Support
We work in partnership with families supporting them to get the most out of family life, and helping them to:

- Get the right sort of support and advice from other organisations, if you have got problems with your housing, debts, benefits etc.
- Getting ready to have a baby.
- If you are concerned about your child’s development.
- If your child has developmental delay or additional needs.
- Fire safety checks—free safety checks within the home carried out by West Midlands Fire Service—Tel 0800 389 5525
- Home Safety Checks—Advice on safety in the home
- Hate Crime Reporting-The Hubs are Hate Crime Reporting centres. If you witness or experience a hate crime, please report it to your local police or Family Hub
- Food Bank—Food parcel vouchers can be provided by the centres at time of crisis

For Family Support please call and ask to speak to the Duty Worker on 024 76 78 7801

Employment, Education & Training
Anybody can pop into a Family Hub if they would like help in finding a job or information on college courses. Please contact the hub for more information on 024 76 78 7801

Being a Parent
Triple P Parenting programme are full of practical advice and tips helping parents and carers get the best out of family life.

For further information, please contact 024 767 86949

Whatever children bring... … you’re not alone

CDVASS
Coventry, Domestic, Violence & Abuse Support Services—For support and information, please call 08000 3553 09

For more information on what’s happening in the area please contact Family Information Service on 024 7683 4373

At Mosaic Family Hub we offer a wide range of services for children and families.....
Infant Feeding Group
Are you pregnant or breastfeeding and looking for support or advice? Any queries please call the team on 07904 984620.

Post Natal Clinics
A chance for new families to see the Community Midwife. Appointments are booked by your midwife.

Well Baby Open Clinics
An opportunity to have your baby weighed and ask for advice from your Health Visiting Team.
Call on 02475 189 190

Rhyme Time
Sessions of interactive songs and rhymes for 0 to 5 year olds. Delivered at local libraries.

Development Checks
8 month and 2½ year checks delivered by the Health Visiting Team. The appointments will be booked by the Health Visitors.

Coventry Independent Advice Service
A free of charge benefits & debt advice service. It is advised that you bring all your paperwork such as letters and bills.
Call on 024 765 2100 for information

Coffee and Chat are weekly sessions where residents come to the hub for a cuppa to socialise and talk about issues affecting them in the area.
Any discussions that need action are passed on to our ‘Friends of Mosaic Family Hub’ group to be discussed further and addressed.

Courses for Coventry Parents

Raising confident, healthy children and teenagers?

Living With Confidence
Women Only Group – 9 weeks
For women to enhance their self-confidence and self-worth in order to feel more confident in making choices and decisions in their lives, therefore become more assertive individuals.
Weekly sessions for 9 weeks from Tuesday 22nd January, 9:30-12:00pm. Tel 024 767 86949

2nd January 2019—18th April 2019
# Mosaic Family Hub Timetable

2nd January 2019—18th April 2019

<table>
<thead>
<tr>
<th>Day</th>
<th>Activities for Ages 10+</th>
<th>Activities for 0-5 years</th>
<th>Health Sessions</th>
<th>Techy Activities</th>
<th>New Sessions</th>
<th>Advice Service</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Stay and Play 9.30-11.00 &lt;br&gt; Early Hurly Burly 11.00-11.30 &lt;br&gt; Tile Hill Library</td>
<td>Lifestyle Advisor 9.30-1.00</td>
<td>Infant Feeding Support Group Mosaic Family Hub 10.00-12.00</td>
<td>Post Natal Clinic Mosaic Family Hub 10.00-12.00</td>
<td>Open baby Weighing Clinic Xcel Centre 1.00-3.00</td>
<td>Help with Computers Term time only Tile Hill Library 2.00-3.00</td>
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<tr>
<td>Tuesday</td>
<td>Rhyme Time Canley Library 10.15-11.00</td>
<td>Coffee Morning 9.00-12.00</td>
<td>Twins Group First Tuesday per Month Mosaic Family Hub 10.00-12.00</td>
<td>Computer Help Drop in Canley Library 11.00-12.00</td>
<td>Coffee and Chat (Coffee Afternoon) Mosaic Family Hub Children Welcome 1.30-3.00</td>
<td>Autism Family Support Group Tile Hill Library 4.30-5.30</td>
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<td>Wednesday</td>
<td>Welfare and Benefits Advice from Coventry Independent Advice Service 9.30-12.30</td>
<td>Just 4 Me Women’s Group 10.00-12.00</td>
<td>Food Bank St Oswalds Church 1.00-4.00</td>
<td>Post Natal Clinic Mosaic Family Hub 1.00-4.00</td>
<td>Hands on Pregnancy Support Mosaic Family Hub 2.00-4.00</td>
<td>Youth Group Mosaic Family Hub 4.30-6.00</td>
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<td>Thursday</td>
<td>Open baby Weighing Clinic Mosaic Family Hub 10.00-12.30</td>
<td>Rhyme Time 11.00-11.30</td>
<td>Foster Carers Group Mosaic Family Hub Term Time only 10.00-12.00</td>
<td>Computer Help Drop in Canley Library 10.00-11.00</td>
<td>Early Hurly Burly Term time only Tile Hill Library 11.00-11.30</td>
<td>Computer Skills for beginners Tile Hill Library 2.00-3.00</td>
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<td>Friday</td>
<td>Community Advice Centre St Oswalds Church 10.00-12.00</td>
<td>Family Fit!! Mosaic Family Hub 9:30-11:30</td>
<td>Foster Carers Group Mosaic Family Hub Term Time only 10.00-12.00</td>
<td>Computer Help Drop in Canley Library 10.00-11.00</td>
<td>Early Hurly Burly Term time only Tile Hill Library 11.00-11.30</td>
<td>Craft Session Canley Library 2.00-3.00</td>
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